

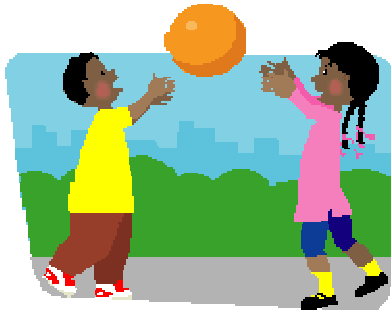
# Structured Play Groups

Category : Town Services

Department / Board / Committee : Youth & Family Services

Type : General

## Structured Play Groups



### Group Description:

These 8-week groups are designed to emphasize the continued development of adaptive social and conflict-resolution skills as well as build self-esteem and social confidence. Organized play and drawing activities are used to reinforce weekly topics such as initiating & developing friendships, working cooperatively as a team, appropriate communication and recognizing personal strengths. Structured play groups are free of charge and offered to all Westwood children in kindergarten - 5<sup>th</sup> grade.

### Group Details for the 2016-2017 School Year:

Please note: All groups meet from 4:00 – 5:00 PM and are coed. Groups consist of approximately 6-8 children and are co-lead by two clinical staff from our department. As a result, all children should feel comfortable and be able to be successful in a 1:4, adult-to-child ratio. All groups are filled on a “first-come, first-served” basis.

#### K/1<sup>st</sup> Grade

- Tuesdays, Sept. 20 – Nov. 15, Location: Islington Community Center
- Tuesdays, Nov. 29 – Jan. 24, Location: Islington Community Center
- Tuesdays, Feb. 7 – Apr. 4, Location: Hanlon
- Wednesdays, Mar. 15 – May 10, Location: Martha Jones

**REGISTER**

#### 2<sup>nd</sup>/3<sup>rd</sup> Grade

- Thursdays, Sept. 22 – Nov. 10, Location: Hanlon

- Wednesdays, Jan. 4 – Mar. 1, Location: Islington Community Center
- Thursdays, Feb. 9 - April 6 at Hanlon

**REGISTER**

**4<sup>th</sup>/5<sup>th</sup> Grade**

- Thursdays, Dec. 1 – Jan. 26, Location: Islington Community Center

**REGISTER**

**Questions:**

Please contact Sarah Baroud, LICSW at (781) 320-1006 or [sbaroud@townhall.westwood.ma.us](mailto:sbaroud@townhall.westwood.ma.us)