

WESTWOOD SENIOR NEWSLETTER



Co-sponsored by the Friends of Westwood Council on Aging

Westwood Senior Center
60 Nahatan Street, Westwood, MA 02090
(781) 329-8799

Director, Pat Larkin

JUNE 2012

NOTE FROM THE COA DIRECTOR

We are pleased to welcome the **Farmers Market** to the Senior Center front lawn area. They will be opening their stands on Tuesday, June 19th from 1:00-6:00pm. Vendors will consist of three vegetable and fruit stands, one bread stand, and one fruit stand. Each vendor offering fresh items to our residents every Tuesday. I trust that you will frequent the Farmers Market and enjoy their foods.

Have a pleasant month.

Sincerely,

Pat Carty-Larkin

Director, Westwood COA



OLDER & WISER DRIVER

AAA of Southern New England will offer an informative presentation, followed by a question and answer session, reviewing driving concerns as we age. The talk will be on **Tuesday, June 12th at 10am**. Please call the Senior Center at: 781-329-8799 to register.

AMERICA VOTES: THE RACE FOR THE WHITE HOUSE

Enjoy **GARY HYLANDER'S** entertaining and insightful exploration of three American Presidential Elections: Kennedy v. Nixon (1960), Carter v. Reagan (1980), and Gore v. Bush (2000).

Dates: Wednesdays, July 11,18,25

Time: 10 AM

PLEASE REGISTER BY CALLING THE COA

HESSCO MEAL RESERVATIONS: 781-329-6514

BCBS Medicare Talk

BlueCross BlueShield representative Sue Flanagan returns to the COA to help answer health insurance and retirement questions. Come and join the discussion on **Monday, June 4th at 11 AM**. Please sign up by calling the senior center. Presentation is free.

**REGISTRATION REQUIRED FOR
ALL EVENTS.**

To register, or for more information on any of these activities, please call the Senior Center at (781) 329-8799.

CLASSES and EXERCISE

Book Club **Free**
Tuesday June 26th 2:00pm

Miss Julia Speaks Her Mind Ann B. Ross

Share your thoughts and meet new friends.

Computer for Beginners **\$10.00**
Residents-\$10.00 non-residents \$15.00
Tuesdays June 5,12,19 10:00am

Learn formatting and editing. Create a simple table and a card using *Microsoft Word*.
Sample the Internet.

Fun Fit Exercise **\$3.00/session**
Wednesdays June 6,13,20,27 9:00am
Fridays June 1,8,15,22,29 9:00am

This class is led by Fitness Instructor, Stephanie. Keep fit, stay healthy!

OUTdoor Walking **9AM** **Free**
Tuesdays and Thursdays

We are now walking the OUTdoor Track at Westwood High School in the mornings at about 9am.

Come and join us and keep moving!!!

CLASSES and EXERCISE

(continued)

Knit and Crochet **Free**
Tuesdays June 5,12,19,26 1:00pm

This class is led by Louise. Bring your projects and enjoy relaxing afternoons.

Ladies Craft Group **Free**
Mondays June 4,11,18 10:00am
The Ladies Craft Group usually meets the first three Mondays of each month.

Low Impact Exercise **\$3.00/session**
Mondays June 4,11,18,25 1:00pm
Wednesdays June 6,13,20,27 1:00pm
Keep fit, stay healthy!

Painting **\$40.00 plus supplies**
Mondays Continues... 1:00pm

8-week session watercolor painting class.

Quilting **\$1.00**
Tuesdays June 5,12,19,26 10:00am

Join our group and enjoy quilting with friends.

Surf the Internet **Free**
(private session)

An introduction to using the internet and searching the WEB. Call to reserve your one-on-one session.

**REGISTRATION REQUIRED FOR
ALL EVENTS.**

To register, or for more information on any of these activities, please call the Senior Center at (781) 329-8799.

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ONGOING ACTIVITIES

(continued)

CLASSES and EXERCISE

(continued from page 2)



Tai Chi **\$3.00/session**
Tuesdays June 5,12,19,26 1:00pm

Practice the ancient art of Tai Chi, a gentle physical, stretching exercise that reduces stress and improves flexibility.

Yoga **\$3.00**
Tuesdays June 5,12,19,26 9:30 am
Experience the wonderful benefits of balance and strength from yoga.

Registration required.

ONGOING ACTIVITIES

Bereavement Group **Free**

Wednesday June 13 10:00am
Wednesday June 27 10:00am

Led by LICSW Nina Johnston, this friendly and supportive group usually meets the second and fourth Wednesdays of each month.

Blood Pressure Clinic **Free**
Wednesday June 20 9:00am

Westwood's Board of Health nurse is available the third Wednesday of every month.

Legal Advice (by appointment only) **Free**
Tuesday **JUNE 12TH** 8:30am-10:00am

Mary J Roque, Attorney, specializing in Elder Law and Estate Planning, will provide free legal guidance to seniors usually on the first Tuesday of each month. Appointments are scheduled at about half hour intervals.

Legal Advice **Free**
Wednesday June 6 10:00am
Attorney Frederick Pellegrini returns to the Senior Center to provide free legal and estate information on the first Wednesday of each month. As always, registration is required.

Medical Appointment Transportation to Boston **\$25.00 donation**

Mondays and 9:00am-
Wednesdays 11:00am

HESSCO has contracted with Community Care-A-Vans in Attleboro to operate the Title III transportation grant to Boston for medical appointments. Appointments must be scheduled on Mondays and Wednesdays, between 9:00am and 11:00am. Rides are shared, so all consumers go into Boston together for the earliest appointment and return home together following completion of the last appointment.

(continued next page)

**REGISTRATION REQUIRED FOR
ALL EVENTS.**

To register, or for more information on any of these activities, please call the Senior Center at (781) 329-8799.

ONGOING ACTIVITIES

(continued from page 3)

Medical Transportation (continued)

Please call Community Care-A-Vans directly at 508-223-1672.

Wheelchair transportation is available

To use this program, you MUST BE at least 60 years of age and reside in HESSCO's service area.

SHINE

(Serving Health Information Needs of Elders)

Tuesday June 5 9:00-11:00am

Lori Howell, SHINE representative, is Available, BY APPOINTMENT, on the first Tuesday of each month to help you deal with issues or questions you may have regarding your health insurance.

Waxing Appointments required

Friday June 1 8:30-10:30am

Licensed Aesthetician Lisa will offer waxing Friday of each month.

Fees:

Brows	\$10.00
Lip	\$10.00
Chin	\$8.00
Any two services	\$15.00
All 3 services	\$20.00

Please call the senior center to schedule your appointment.

GAMES & SPORTS

Bingo **Free**
Thursdays June 7,14,21,28 1:15pm
Seniors are invited to play Bingo every Thursday afternoon. Join us and bring a friend!

Bowling League
Mondays June 4,11,18,25 9:30am
Bowling continues.

Bridge **Free**
Fridays June 11:15am
1,8,15,22,29

Join us for Rubber Bridge. Bring your partner, or come alone.

Cribbage **Free**
Wednesdays June 6,13,20,27 1:00pm

Duplicate Bridge **Free**
Wednesdays June 6,13,20,27 11:30am
We play in Foxboro on Wednesdays, and all duplicate bridge players are welcome!

Mahjong **Free**
Thursdays June 7,14,21,28 12:30pm

Bring your game and cards, and come and play!

Whist **Free**
Mondays 1pm

June 4,11,18,25

**Come and join our
newest group!!!**

Wii Games
Thursdays June 7,14,21,28 9:30am

You'll have so much fun playing Wii games, you won't even know you're exercising!

REGISTRATION REQUIRED FOR ALL EVENTS

To register, or for more information on any of these activities, please call the Senior Center at (781) 329-8799.

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SPECIAL EVENTS (continued)**SPECIAL EVENTS**

Gary Hylander's 3-Part Series

**AMERICA VOTES: THE RACE FOR
THE WHITE HOUSE****Kennedy v. Nixon: The 1960 Presidential
Election**

The election of 1960 was a cliffhanger that witnessed a record voter turnout. Both Kennedy and Nixon campaigned energetically across the country. Kennedy called for a New Frontier while Nixon spoke of his Vice-Presidential experience and the need to maintain the policies and continuity of the Eisenhower years. For the first time, television played a critical role in shaping a presidential election.

Wednesday, July 11, 2012 @ 10:00 AM

Carter v. Reagan: 1980 Election

Beset by high fuel costs, rising interest rates and mounting unemployment the Carter administration was already on the defensive as the 1980 election approached. And then came the cruelest

blow of all, the 444 day Iranian hostage crisis. Promising a new "Morning In America, Ronald Reagan asked American voters "are you better today than you were four years ago?" The answer was an overwhelming "NO"; Reagan was elected in a landslide.

Wednesday, July 18, 2012 @ 10:00 AM

Gore v. Bush: The 2000 Election

At the close of the Clinton years, the American economy had never appeared stronger. The Stock Market was booming and the deficits of the Reagan years had given way to large and growing surpluses. Vice-President Al Gore appeared headed for certain victory. The 2000 presidential election proved to be the closest in more than a century. Five weeks after the election however, a sharply divided Rehnquist Court put a stop to the Florida recount and awarded Florida's twenty-five electoral votes to president-elect George Bush. Vice-President Al Gore gracefully conceded the decision.

Wednesday, July 25, 2012 @ 10:00 AM

**INTERGENERATIONAL
PROGRAM**

June 13	Senior Center – Pizza party & planting
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Final gathering of this wonderful program.
Hope to see you next year.

**REGISTRATION REQUIRED FOR
ALL EVENTS**

To register, or for more information on any of these activities, please call the Senior Center at (781) 329-8799.

SPECIAL EVENTS

**COME AND TAKE A TRIP
WITH US!!!**

June 11, 2012

Monday

MUSIC OF THE "JERSEY BOYS"

and MOHEGAN SUN \$75.00pp

Enjoy members of Frankie Valli & The 4 Seasons, Tommy James & the Shondells, & the Critters...as they perform hit songs from the 60s, 70s and 80s. We begin our day at Mohegan Sun Casino and each traveler will receive a \$30 gaming package and a food credit. Price includes Show, Casino Package & transportation.

July 3, 2012

Tuesday

TALL SHIPS 2012!!! \$89.00pp

Boston will commemorate the bicentennial of the War of 1812 and the birth of The Star-Spangled Banner. We will view this magnificent event from THE WATER aboard The Provincetown II. Trip includes: transportation, luncheon, entertainment & cruise.

Meal Choice at the Venezia: Chicken Parmesan with Pasta or Schooner Atlantic Baked haddock; also included: salad, rolls/butter, potato, vegetable, dessert, coffee/tea.

SPECIAL EVENTS (continued)

The Westwood Cultural Council

and The Westwood Council on Aging

Present:

**The Mediterranean Pathway
to Healthier Living**



**A Fun and Informative
Nutrition Presentation on**

Thursday, June 14 at 1:00 pm

Learn about the delicious components and benefits of the Mediterranean diet. See why those following the Mediterranean diet have less heart disease and lower death rates than those following a typical American diet. Join registered dietitian Tricia Silverman as she shares easy ways to incorporate healthful Mediterranean foods into your own diet.

TRIAD Meeting

Thursday, June 21st at 11:00am

Please join Joseph Canavan, Director of TRIAD Division of the Norfolk County Sheriff's Office, for a presentation by the American Red Cross concerning Disaster Preparedness for Seniors.

REFRESHMENTS WILL BE PROVIDED. Please call the senior center to Register.

REGISTRATION REQUIRED FOR ALL EVENTS

To register, or for more information on any of these activities, please call the Senior Center at (781) 329-8799.

SPECIAL EVENTS (continued)**Westwood Senior Men's Club**

Thursday June 14 10:00am
Executive Board Meeting.

Westwood Woman's Club

Wednesday June 6 9:30am
Executive Board meeting

**ICE CREAM SOCIAL**

Thursday, JUNE 28TH from 1:00-2:00 pm

The Charlwell House, a short-term rehabilitative and long-term care provider in Norwood, is sponsoring an Ice Cream Social for our enjoyment! Please come and have a treat! Call to register.

ASK A LAWYER

The attorneys at the Dedham law firm of Samuel, Sayward & Baler LLC will answer a question each month related to estate planning or elder law issues. Please feel free to submit your questions anonymously by dropping them in the Ask A Lawyer box.

This month's question:

Q: I'm cleaning out my files at home. Can I throw away old legal documents I have in my file? Where should I keep original documents?

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ASK A LAWYER (from previous column)

A: It is always a good idea to ask your attorney before you throw away or destroy an original legal document, even if it was created years ago. If you update some legal documents, such as a Will, the updated version *automatically* supersedes the prior version. However other documents, such as powers of attorney, are not automatically superseded when a new document is created. It may or may not be appropriate to revoke or destroy prior versions of these types of documents when new ones are created. In some circumstances, destroying old documents is advisable to avoid confusion. In other circumstances, such as if a trust has been amended, it is important to keep the original documents and all amendments together. Original legal documents should be kept in a safe place – preferably your lawyer's office or a fireproof box or filing cabinet in your home rather than in a safe deposit box. Regardless of where the documents are kept, make sure that a trusted person other than yourself (i.e. your spouse, attorney or a family member) knows where the documents are kept and is able to access them if necessary.

For more information and to read more about elder law and the services provided by elder law attorneys please visit www.ssbllc.com or call 781/461-1020.

This article is not intended to provide legal advice or create or imply an attorney-client relationship. No information contained herein is a substitute for a personal consultation with an attorney.

REGISTRATION REQUIRED
FOR ALL EVENTS

To register, or for more information
on any of these activities, please call
the Senior Center at (781) 329-8799.

MOVIES FREE

Tuesdays 2:00pm

JUNE 5

Shenandoah

1965 **NR** 106 minutes

One of the best melodramas to come out of Hollywood during the 1960s, Shenandoah concerns a pacifist Virginia farmer (Jimmy Stewart) who tries to keep his family out of harm's way during the Civil War. But when Stewart's youngest son is mistakenly imprisoned by Union soldiers, he must make some hard choices about where he stands in the bloody conflict. Doug McClure, Glenn Corbett, Patrick Wayne and Katharine Ross co-star.

JUNE 12

One for the Money

2012 **PG-13** 91 minutes

Janet Evanovich's spunky heroine, Stephanie Plum, is adrift after getting a divorce and losing her job. To make ends meet, she becomes a bounty hunter, with her first big case revolving around a high school boyfriend who may be falsely accused. **Cast:** Katherine Heigl, Jason O'Mara, Debbie Reynolds

JUNE 19

The Undefeated

1969 **G** 119 minutes

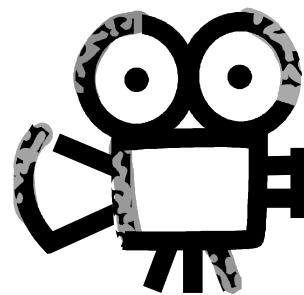
The Civil War is over, and Colonel John Henry Thomas (John Wayne) of the Union Army is bound for Mexico to trade horses; his opponent, Confederate Colonel James Langdon (Rock Hudson), is also heading south to help build a new settlement. When a Mexican general threatens their safety, the two join forces in spite of their original alliances.

JUNE 26

Letters to Juliet

2010 **PG** 105 minutes

By responding to a letter addressed to Shakespeare's tragic heroine Juliet Capulet, a young American woman (Amanda Seyfried) vacationing in Verona, Italy, sets in motion a series of events that leads her -- and the missive's lovelorn author (Vanessa Redgrave) -- in search of romance.



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JUNE MENU

DONATION FOR MEAL is \$2.50. TO RESERVE MEALS CALL 781-329-6514				1 Fish & Shrimp Cass. Mashed Potatoes Peas & Carrots Whole Wheat Bread Fresh Fruit Calories: 692 Fat: 20% Sodium: 765 mg
4 Parmesean Potato Soup Honey Mustard Chicken Green Beans Multigrain Roll Orange	5 Onion Burgers Ketchup Hashbrowns Beet Salad Hamburger Roll Pineapple	6 Apple Cider Beef Stew w/ Vegetables Boiled Potatoes Whole Wheat Roll Plums	7 Greek Meatballs Buttered Noodles Genoa Blend Veggies Whole Wheat Bread Pears	8 Turkey Pot Pie w/ Vegetables Parsley Whip Potato Biscuit Graham Waffle
Calories: 731 Fat: 41% Sodium: 925 mg	Calories: Fat: % Sodium: mg	Calories: 877 Fat: 31% Sodium: 701 mg	Calories: 809 Fat: 40% Sodium: 762 mg	Calories: 724 Fat: 33% Sodium: 750 mg
11 American Chop Suey Country Blend Vegetable Whole Wheat Roll Dried Fruit Mix	12 **High Sodium** Breaded Chicken Sandwich Veggie Beans Glazed Carrots Hamburger Roll Diet Pistachio Pudding	13 Beef Chili w/ Vegetables Dirty Rice Corn Bread Pears	14 Roast Pork w/ Applesauce Gravy Red Bliss Potatoes Chuckwagon Corn Whole Wheat Bread Apple Cutie Pie	15 Fish Sticks Tartar Sauce Italian Penne Escalloped Tomatoes Fruit Muffin Fresh Fruit
Calories: 709 Fat: 21% Sodium: 553 mg	Calories: 764 Fat: 24% Sodium: 1213 mg	Calories: 662 Fat: 29% Sodium: 944 mg	Calories: 831 Fat: 33% Sodium: 685 mg	Calories: 970 Fat: 35% Sodium: 938 mg
18 Pork Lo Mein Oriental Blend Veggies Whole Wheat Bread Plums	19 Corn Chowder BBQ Chicken Hot German Slaw Multi-Grain Roll Graham Waffle	20 Whole Grain Lasagna Rollups w/ Tomato Florentine sauce Italian Blend Veggies Whole Wheat Bread Pears	21 Roast Turkey Winter Squash Mashed Potatoes Whole Wheat Bread Cutie Pie	22 Ground Beef Stroganoff Mashed Potatoes Mixed Vegetables Fruit Muffin Fresh Fruit
Calories: 837 Fat: 21% Sodium: 626 mg	Calories: 759 Fat: 41% Sodium: 1121mg	Calories: 545 Fat: 28% Sodium: 803 mg	Calories: 826 Fat: 20% Sodium: 1053mg	Calories: 926 Fat: 32% Sodium: 629 mg
25 Chicken Rotini Bake Broccoli Whole Wheat Roll Diet Vanilla Pudding	26 Meatloaf w/Onion Gravy Garlic Mashed Potatoes Zucchini & Tomatoes Whole Wheat Bread Pears	27 Grilled Chicken Parm Italian Spaghetti Riveria Blend Veggies Wheat Bread Birthday Cake	28 Braised Beef Rice Pilaf Cabbage & Carrots Whole Wheat Bread Dried Fruit Mix	29 PIZZA 3-BEAN SALAD GARDEN SALAD Dessert of the Day
Calories: 757 Fat: 34% Sodium: 772 mg	Calories: 742 Fat: 32% Sodium: 735 mg	Calories: 874 Fat: 25% Sodium: 915 mg	Calories: 813 Fat: 33% Sodium: 738 mg	Calories: 649 Fat: 20% Sodium: 839 mg

ALL OVER 60 YEARS OF AGE ARE WELCOME AT THE MEAL SITES FOR LUNCH AND SOCIALIZATION.

SODIUM AND CALORIES FOR ABOVE ARE FOR ENTRÉE ONLY.

SYMBOLS: > HIGH FIBER, *ADDED SALT, #ADDED SUGAR, MODIFIED DESSERTS ARE AVAILABLE.

ACTIVITIES – JUNE 2012

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				8:30 WAXING 9:00 FUN FIT 9:30 Shaw's Mkt 10:00 Coffee Hour 11:15 Rubber Bridge
4	5	6	7	8
9:30 Bowling 10:00 Miss Tina 10:00 Ladies Craft Grp 11:00 Medicare Talk 1:00 Exercise Class 1:00 Painting 1:00 Whist	9:00 Outdoor Walking 9:00 SHINE Health Information 9:30 Yoga 10:00 Begin.Computer 10:00 Quilting 1:00 Knit & Crochet 1:00 Tai Chi 2:00 Movie	9:00 FUN FIT 9:30 Woman's Club exec board mtg 10:00 Legal Help. Atty Pellegrini 11:30 Duplicate Bridge-Foxboro 1:00 Exercise Class 1:00 Cribbage	9:00 Outdoor Walking 9:30 Wii Games 12:30 Mahjong 1:15 Bingo	9:00 FUN FIT 9:30 Hannaford's 10:00 Coffee Hour 11:15 Rubber Bridge
11	12	13	14	15
9:30 Bowling 10:00 Ladies Craft Grp 1:00 Exercise Class 1:00 Painting 1:00 Whist	8:30 FREE Legal Help 9:00 Outdoor Walking 10:00 AAA Driving Talk 9:30 Yoga 9:30 Braintree Mall 10:00 Begin.Computer 10:00 Quilting 1:00 Knit & Crochet 1:00 Tai Chi 2:00 Movie	9:00 FUN FIT 10:00 Nina's Bereavement Grp 11:30 Intergenerational Party NO HESSCO LUNCH TODAY 11:30 Duplicate Bridge-Foxboro 1:00 Cribbage 1:00 Exercise Class	9:00 Outdoor Walking 9:30 Wii Games 10:00 Senior Men's Bd. 12:30 Mahjong 1:00 HEALTHIER LIVING--Nutrition 1:15 Bingo	9:00 FUN FIT 9:30 Stop & Shop 10:00 Coffee Hour 11:15 Rubber Bridge
18	19	20	21	22
9:30 Bowling 10:00 Ladies Craft Grp 1:00 Exercise Class 1:00 Painting 1:00 Whist	9:00 Outdoor Walking 9:30 Yoga 10:00 Begin.Computer 10:00 Quilting 1:00 Farmers Market 1:00 Knit & Crochet 1:00 Tai Chi 2:00 Movie	9:00 FUN FIT 9:00 Blood Pressure 11:30 Duplicate Bridge-Foxboro 1:00 Exercise Class 1:00 Cribbage	9:00 Outdoor Walking 9:30 Wii Games 11:00 TRIAD Meeting 12:30 Mahjong 1:00 Woman's Club 1:15 Bingo	9:00 FUN FIT 9:30 Roche Bros. 10:00 Coffee Hour 11:15 Rubber Bridge
25	26	27	28	29
9:30 Bowling 1:00 Exercise Class 1:00 Painting 1:00 Whist	9:00 9:30 Yoga 9:30 X-Mas Tree-Foxboro 10:00 Quilting 1:00 Farmers Market 1:00 Knit & Crochet 1:00 Tai Chi 2:00 Book Group 2:00 Movie	9:00 FUN FIT 10:00 Nina's Bereavement Grp 11:30 Duplicate Bridge-Foxboro 1:00 Exercise Class 1:00 Cribbage	9:00 Outdoor Walking 9:30 Wii Games 12:30 Mahjong 1:00 ICE CREAM SOCIAL 1:30 BINGO	9:00 FUN FIT 9:30 Shaw's Mkt. 10:00 Coffee Hour 11:15 Rubber Bridge

BLOOD PRESSURE CLINIC

Wednesday
Senior Center **JUNE 20TH** **9:00am – 11:30am**



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SENIOR TRANSPORTATION SERVICES

Shoppers' Bus for Westwood residents is available on most Tuesdays to local Shopping Malls, and on most Fridays for food shopping. Participants are restricted to 4 shopping bags per person.

JUNE	DATE	DESTINATION	PICK-UP	FEE
	1	Shaw's Mkt	9:30am	\$2.00
	8	Hannaford's Mkt	9:30am	\$2.00
	12	Braintree Mall	9:30am	\$2.00
	15	Stop & Shop	9:30am	\$2.00
	22	Roche Bros.	9:30am	\$2.00
	26	X-mas Tree- Fox.	9:30am	\$2.00
	29	Shaw's Mkt	9:30am	\$2.00

The COA will make 2 trips for food shopping if we have more than 6 seniors registered. Seniors on a waiting list will go shopping at 10:30a.m. and will be picked up at noon for return home.

PLEASE NOTE: All reservations must be made at least 48 hours in advance. We will take only two reservations per telephone call. This bus is basically for seniors who do not drive, and reservations are on a first-come, first-served basis. Westwood Glen and Highland Glen residents will be picked up at their building. Local residents will be picked up at their homes. Suggested donation for this service is \$2.00.

Transportation is available for residents who would like to attend the Blood Pressure Clinic at the COA Senior Center on the 3rd Wednesday of each month. Please call the Center at (781)329-8799 to arrange for transportation.

FISH volunteers are also available for some assistance to medical appointments.

Medical Transportation for Westwood residents to medical appointments within a 10-mile radius, is available Monday to Friday between 9:30am and 1:30pm. Reservations must be made 48 hours in advance, and a donation of \$2.00 is suggested. Call the Senior Center at 781 329-8799.

Medical Transportation to Boston is available through Community Care-A-Vans at 508-223-1672. Please call them directly for appointments scheduled Mondays and Wednesday, 9:00am – 11:00am. Donation request is \$25.00.

Westfare Taxi Vouchers are available to eligible seniors. A purchase of \$12.00 will buy \$48.00 worth of transportation. Jean Stahl, COA Outreach Worker, administers this program. For more information, call Jean on Monday, Tuesday or Thursday at (781) 329-8799.

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Margaret Dullea

William Galvin

Mary Gens

Irene MacEachern

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