



WESTWOOD POOL

SUMMER SCHEDULE 2023

Week of August 21—August 26

<u>MON</u>	<u>TUE</u>	<u>WED</u>	<u>THU</u>	<u>FRI</u>	<u>SAT</u>
6:00 AM - 9:00 AM Lap Swim	6:00 AM - 7:50 AM Lap Swim	6:00 AM - 9:00 AM Lap Swim	6:00 AM - 7:50 AM Lap Swim	6:00 AM - 8:50 AM Lap Swim	
9:00 AM - 12:45 PM Lap Swim	8:00 AM - 9:00 AM Aqua Fitness 9:15 AM - 12:45 PM Lap Swim	9:00 AM - 12:45 PM Lap Swim	8:00 AM - 9:00 AM Aqua Fitness 9:15 AM - 12:45 PM Lap Swim	9:00 AM - 10:30 AM High School Swim Team Practice 11:00 AM - 12:45 PM Lap Swim	9:00 AM - 12:00 PM Lap Swim
1:00 PM - 2:30 PM Camp Swim	1:00 PM - 2:30 PM Camp Swim	1:00 PM - 2:30 PM Camp Swim	1:00 PM - 2:30 PM Camp Swim	1:00 PM - 2:30 PM Camp Swim	12:00 PM - 2:00 PM Lap Swim / Open Swim
3:00 PM - 4:30 PM High School Swim Team Practice	3:00 PM - 4:30 PM High School Swim Team Practice	3:00 PM - 4:30 PM High School Swim Team Practice	3:00 PM - 4:30 PM High School Swim Team Practice	3:00 PM - 4:30 PM High School Swim Team Practice	
4:30 PM - 5:00 PM Swim Lessons	4:30 PM - 5:00 PM Swim Lessons	4:30 PM - 5:00 PM Swim Lessons	4:30 PM - 5:00 PM Swim Lessons	4:30 PM - 5:00 PM Swim Lessons	
5:00 PM - 6:00 PM Swim Skill Assessments	5:00 PM - 6:00 PM Swim Skill Assessments	5:00 PM - 6:00 PM Swim Skill Assessments	5:00 PM - 6:00 PM Swim Skill Assessments		
		7:00 PM - 8:30 PM Lap Swim / Open Swim			

PLEASE NOTE:

*Reservations are required for lap and open swim

*Must be preregistered for aqua fitness, camp swim, swim lessons and swim skill assessments