



**Public Health**  
Prevent. Promote. Protect.

**Town of Westwood**  
Commonwealth of Massachusetts  
**BOARD OF HEALTH**

*Jared Orsini, R.E.H.S./R.S. Health Director*  
*Jason Belmonte, Food Inspector/Sanitarian*  
*Lorraine Donovan, Administrative Assistant*

*Roger Christian M.D., Chairperson*  
*Carol Ahearn, R.N., B.S.N*

October 7, 2020

**Halloween 2020: CDC Guidance for COVID-19 for Westwood Residents**

The Westwood Board of Health would like to remind all residents that participating in Halloween activities may increase your risk of contracting COVID-19. Please keep in mind at the time this document was created, Westwood was designated Yellow with an average COVID-19 case count of between 4-8 per 100,000 people and percent positive test rate around 1.0.

Being that case counts fluctuate, it is difficult to look forward and predict what our case count or percent positivity rate will be at the end of October 2020. With that in mind, at this time we can only advise residents to participate in activities designated as “Lower risk” by the Center for Disease Control and Prevention (CDC) in their Fall Holiday Celebrations Guidance.

“Moderate Risk” activities such as trick- or- treating are possible if we remain a low risk community with the following modifications;

**For Trick-or-Treaters**

Wear a face covering that covers your nose and mouth. A costume mask does not provide protection and should not be used as a substitute.

Wash hands before you leave the house and when you return home. Use hand sanitizer during your trip.

Do not participate if you are feeling unwell, exhibit any COVID-19 symptoms, or if you have been exposed to someone with COVID-19.

Wash hands with soap and water for at least 20 seconds before and after

preparing treat bags or candy for trick-or-treaters.

Trick-or-Treat only with members of your immediate household. Do Not form groups.

### **For Homes Giving Out Treats**

Do Not hand out treats at your door. Instead line up pre-packed treats or treat bags for families to take. This will limit crowding at your front door.

Place treats at the end of your walk or driveway to discourage bunching.

Wear a mask and maintain 6 feet physical distance from any trick-or-treaters.

Do not give out treats if you are not feeling well, or if anyone in your immediate household does not feel well, or if you have been exposed to COVID-19.

Should our “Low Risk” status change, or additional guidance is provided we will endeavor to make you aware of those changes.

As a final reminder, if you are going to be out at dusk on Halloween or any evening until the first frost you should use an approved insect repellent to protect yourselves from mosquito bites.

Should our designation or status as a Town change or should we receive additional guidance and/or information we will endeavor to make you aware of those changes.

Please read the CDC Guidance for Fall Holidays please click the link:

[CDC FALL HOLIDAY GUIDANCE](#)

Stay Well,  
Jared  
Jared Orsini REHS/RS  
Health Director  
Westwood Board of Health