



# WESTWOOD

## A COMMUNITY NEWSLETTER

### Westwood Day Returns for Another Year



Runners take stride in the annual Westwood Day 5k!

The 8<sup>th</sup> Annual Westwood Day will be held on September 21st, 2019! Westwood Day is a day long community celebration of all things that make Westwood such a wonderful place to live.

Running from 10am – 3pm, the event will be held throughout the grounds of the Westwood High School. There are a variety of events and activities for all age groups to ensure that each resident and family member has something to look forward to.

#### Some events highlights include:

- 5K road race as well as a 1 mile “fun run”...both of which are open to all ages
- Over 35 activities including Animal Craze, face painting, sports and games, inflatables & more
- Car show & Touch a Truck display
- Entertainment by local musicians on two stages
- 125+ merchants in the vendor village including multiple food vendors



The expansive Vendor Village at Westwood Day.



The Select Board members enjoying the atmosphere of Westwood Day.



# WESTWOOD / DAY

09.21.2019

## Kick Off: Friday, September 20

- Football Game 5:00 pm

Westwood Wolverines host North Quincy at Flahive Field  
FIREWORKS—CANCELED

## Westwood Day: Saturday, September 21

Westwood High School  
10:00 am – 3:00 pm  
Rain or Shine



THANK YOU TO OUR  
PLATINUM SPONSOR!





# SNEAK PREVIEW

LINE UP AS OF SEPTEMBER 10

## **VENDORS (Sponsors in Bold)**

Art & Ink  
**ARCH Orthodontics**  
Athletic Republic Norwood  
Bay State Orthodontics  
Beads by Fiona  
Beauty Counter  
BeBOLD Bars  
Benchmark Senior Living  
Berkshire Hathaway Homeservices  
**Brigham and Women's Health Care**  
Children's Dentistry of Westwood  
**Clean Portable Restrooms**  
Club Pilates Village Shoppes  
Connections Physical Therapy  
Cutco Cutlery  
Day Street Sports  
**Dedham Savings**  
Dental Associates of Walpole  
**Dental Arts of Westwood**  
Elegant Orthodontics  
Elite Orthodontics  
**Fidelity Investments**  
Field Martial Arts Academy  
First Baptist Church of Westwood  
First Parish of Westwood  
Flanagan's Precision Woodworking  
Folsom Funeral Home  
Foundation for Westwood Education  
**Fox Hill Village/White Oak Cottages**  
Get in Shape for Women  
Greater Neponset Running Club  
Hale Reservation  
Hessco Elder Services  
Inclusive Westwood  
In Touch Well Being  
Juice Plus  
Jung's Taekwondo  
Karuna Nutrition Movement  
Kassaly Balloons, Toys & Novelties  
League of Women Voters  
Little Buttercups  
Mass Sport and Spine Chiropractic  
Mass Sport and Spine Physical Therapy  
Merry Melody Music Academy  
Modern Acupuncture  
Moms Club of Westwood

Move Forward Real Estate  
MSPCA Angell West  
Must Love Travel  
**Needham Bank**  
NEEECO  
Nerds to Go  
New England Event Letters  
New Life Furniture Bank of MA  
Newpro Home Improvement  
Norfolk County Sheriff's Office  
Norfolk District Attorney  
Northeast Novelty  
Norwood Bank  
Norwood Physical Therapy  
Partners Urgent Care Westwood  
Pediatric Assoc of Norwood & Franklin  
Petro Home Services  
**Physicians One Urgent Care**  
PM Pediatrics  
Poirier Sales  
**Prime Motor Group**  
Rhode Island Home Improvement  
**Roche Bros**  
**Rockland Trust**  
Rotary Club of Westwood  
Saint Denis Church  
Saint Margaret Mary Parish  
Simply Knead Maple & Thyme  
Skating Club of Boston Skating  
**Suburban HVAC**  
Synergy Homecare  
Teach Peace Foundation  
Temple Beth David  
The Charmed Frog  
**The Guido Agency**  
The Julia Ruth House  
The Momentum Enterprises  
The Westwood Montessori School  
Tring Staffing Solutions  
Veterinary Emergency Group  
**Veterinary Services of Westwood**  
WEAC  
**Wegmans**  
Westwood Artists Collaborative  
Westwood Democratic Town Committee  
**Westwood Dentistry**  
Westwood Family Chiropractic  
Westwood Girls Lacrosse

Westwood High Alumni Association  
Westwood HS Boys/Girls Soccer  
Westwood HS Girls Hockey  
Westwood HS Robotics  
Westwood Land Trust  
Westwood Lions Club  
Westwood Media Center  
Westwood Medical Club  
Westwood Public Library  
Westwood Veterinary Care  
Westwood Wellness  
Westwood Youth Lacrosse  
Westwood Youth Softball  
Wicked Good Henna  
Young Living  
**FOOD COURT**  
Bibi Café and Bakery  
Grandy's Ice Cream  
House of Lo  
Metro Boston Vending  
One Bistro  
Pete's Push Cart  
Ribpublic BBQ  
Starbucks  
**ENTERTAINMENT**  
Band Gig School of Music & Performance  
Boston Saengerfest Men's Chorus  
Greene O'Leary Irish Dance  
Infinity  
Merry Melody Music Academy  
Richard Travers Studio  
The Fabulous Shoop Shoops  
Westwood Winds Community Band  
**ACTIVITIES**  
5K Road Race and Fun Run  
Caricature Artists  
Transportation Show & Touch a Truck  
Animal Craze  
Pumpkin Decorating  
Inflatables  
Hockey Shoot and Score  
Soccer Kick Fest  
Eye Mobile  
Roaming Railroad  
Face Painting  
Basketball Shoot  
Jumbo Connect Four  
Police Dept Demo/Fire Dept Demo

**Thank you**



**Sponsors!**

Platinum



Gold

**Needham Bank**

**Wegmans**

**Suburban HVAC Companies**

Silver

**ARCH Orthodontics**

**Frugal Fannie's Fashion Warehouse**

**Boston Light & Sound**

**Roche Bros.**

**Clean Portable Restrooms**

**Rockland Trust**

**Dedham Savings**

**The Guido Agency - Allstate**

**Fidelity Investments**

**Fox Hill Village/White Oak Cottages**

Bronze

**Brigham and Women's Health Care Center**

**Bubbling Brook**

**Berkshire Hathaway HomeServices Commonwealth**

**Dental Arts of Westwood**

**University Station**

**Northeast Security, Inc.**

**Westwood Dentistry**

**PhysicianOne Urgent Care**

**Veterinary Services of Westwood**



## Wanted: Adult Volunteers For Westwood Day



Bob Smith assisting in  
Vendor Village.

**Fun-filled community celebration seeks friendly volunteers!**  
Westwood Day needs lots of helpers for many tasks including event set-up, parking monitors, greeters, activity monitors, clean-up crew and more. Volunteers sign-up in 2.5 hour shifts and receive an event t-shirt, our sincere gratitude and a fun time!

Help is needed for:

- Event set-up on Friday afternoon
- Event set-up Saturday early AM
- Saturday Activities between 10 and 3
- Saturday Clean-up after 3 PM

Sign up for shifts (2.5 hours each) at [www.WestwoodDay.com](http://www.WestwoodDay.com) or contact Angela Lassic by email at [alassic@townhall.westwood.ma.us](mailto:alassic@townhall.westwood.ma.us) or by phone at 781-461-0070.

## Trash & Recycling

### ***Town of Westwood Bulk Collection Event - Week of October 14, 2019***

Free curbside pickup of ONE bulk item on your regular trash collection day. Only one item is allowed per household. Bulk items include a piece of wood furniture; couch; mattress or a box spring. No electronic or metal items will be accepted-Nothing with a plug. For more information and a list of accepted items, please visit the Town of Westwood Trash and Recycling Information website.

### ***Fall 2019 Westwood Recycling Day - Saturday, October 19, 2019***

Hosted by the Department of Public Works and the Westwood Environmental Action Committee, Westwood Recycling Day is held in the spring and fall. Residents can come to the Public Works, 50 Carby Street, 8:00 AM – 12:00 PM to recycle electronics, appliances, rigid plastics, textiles, books, metal, bikes and many other items! Please visit the Public Works website ([www.townhall.westwood.ma.us](http://www.townhall.westwood.ma.us)) for more information with fees and what items are/not accepted.

### ***Yard Waste Collection Weeks (collection on your regular trash collection day)***

September 9-13, October 7-11, November 4-8, 11-15, 18-22, 25-30 (every week all month), December 2-6  
Please visit the Public Works website ([www.townhall.westwood.ma.us](http://www.townhall.westwood.ma.us)) for more information



### ***What you need to know about Contamination in Recycling Collection?***

Did you know the largest leading cause of increased cost to recycling collection is due to contamination? Major culprits found in our recycling are plastic bags, food items, and cords. If Waste Management notices contamination in the barrels, the barrel will not be emptied. Please help us keep Westwood free of contamination! A comprehensive explanation of acceptable items can be found here:

<http://www.townhall.westwood.ma.us/gov/depts/pubworks/manager/w/trashguide.htm>

### ***Extra Recycling Barrels are now available at the DPW***

Is your recycling overflowing and you are in need of an extra barrel? Good news, you can now request an extra recycling barrel by calling the DPW at 781-251-2587. Residents will be charged a onetime fee of \$60.00 for the extra recycle barrel (additional trash barrels can also be purchased for \$150/annually). Thank you for your help in promoting recycling!

## Westwood Day Goes Green(er) Composting at Westwood Day



You'll notice something new when you visit the Food Court area at Westwood Day this year: composting stations. The Westwood Environmental Action Committee (WEAC) is partnering with Black Earth Compost to bring composting to Westwood Day for the first time ever.

How does it work? You'll find a waste station in the Food Court area this year. Just bring all of your waste to the station and WEAC volunteers will help to sort it into the appropriate bin: compost, recycling or trash. Black Earth will bring all of the food scraps, soiled napkins, used paper towels (and more) collected at Westwood Day to their facility to make it into nutrient-rich soil, diverting it forever from the waste stream.

Up to a quarter of what winds up in residential trash receptacles can be composted- and that doesn't even include yard waste. This means you can significantly reduce landfill waste, and create nutrient-rich soil instead, through the practice of composting.

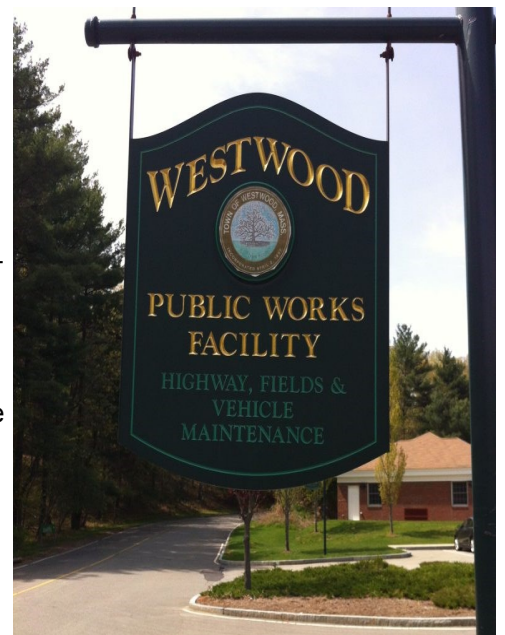
Composting services like Black Earth make composting easier than ever. Black Earth offers curbside pickup of compost as a paid service. Currently they have 40 households in Westwood enrolled. Rather than throw away your food scraps, used napkins, paper towels, soiled pizza boxes, etc. into your regular trash, you can toss these items into a 13-gallon curbside animal-proof bin provided by Black Earth; they pick up filled compost bins from enrolled homes once a week. Come spring, you can receive a voucher for a bag of completed compost redeemable at participating garden centers. Not a gardener? Don't need the compost to touch up your lawn? Consider donating your voucher. Visit [blackearthcompost.com](http://blackearthcompost.com) to learn more.



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## A Project Update from The Department of Public Works

The Department of Public Works has coordinated with Deroma and Sons Construction to replace the existing sidewalks along Route 109 with new concrete sidewalks and granite curbing while also bringing them all to ADA compliance. This project is being funded through the recently approved sidewalk rehabilitation article approved at the 2019 Spring Annual Town Meeting. The project limits are from Nahatan Street to the Walpole Town line along Route 109. This work will begin on August 12<sup>th</sup> 2019 and will continue through to the end of October 2019. Any remaining work after November 1, 2019 will be completed the first of Spring 2020. The Public Works website will feature updates every 2 weeks depicting progress and scheduled locations of the work. There should be very limited disruption to traffic as all of the work is off the edge of the roadway and there will also be sidewalk accommodations for all pedestrians throughout the project.



## Westwood's Holiday Tree Lighting is back!

Join us on Sunday December 8th for our annual Holiday Tree Lighting. All are invited to be a part of this tradition as we once again light up the trees surrounding the courtyard at Westwood Town Hall.

Spectators will be able to enjoy complimentary hot chocolate and cookies, face painting, Holliday characters, a balloon artist, and our favorite— horse drawn carriage rides! There will be performances by local dance studios, the chorus from the Westwood High School, and the infamous stilt walkers. We've even heard a rumor that Santa makes a guest appearance!

2019 is our 32nd year of this special event and we look forward to having you be a part of the celebration.

**Dec 8th, 3-5pm, Town Hall, 580 High St**



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## Westwood takes its first Stroll!

The 1<sup>st</sup> Annual Westwood Weekend Stroll will take place from Friday, Dec 6<sup>th</sup> through to the tree lighting ceremony at Town Hall on Sunday, Dec 8<sup>th</sup>.

**What is the Westwood Weekend Stroll?** It is a family friendly weekend full of events, shopping, food and fun! You will be able to shop from local artisans, church fairs, & local retailers; listen to festive music; see the jolly man from the North Pole; enjoy a special outdoor hiking event; meet Boston authors and take the children to Winterfest! Also look for area businesses to offer special products, events, & services during the weekend.

Many family friendly events are scheduled to take place during the Westwood Weekend Stroll:

- **Westwood Artists' Marketplace** at the Fisher School (Fri, Dec 6 3:30–7pm & Sat, Dec 7, 10-3pm)
- **First Baptist and First Parish Church Fairs**-(Sat, Dec 7, 9am-2pm)
- **Holiday Concert at First Parish Church** (Sat Dec, 5:30pm)
- **Winterfest - Westwood Young Women's Club at Westwood High School** (Sat., Dec 7, 10am-1pm)
- **Sing Along at the Fisher School hosted by the Historical Society** (Sun, Dec 8, 2pm)
- **Town Tree Lighting at Town Hall** (Sun, Dec 8, 3-5pm)

We invite Westwood businesses to join in the fun by creating your own Westwood Weekend Stroll event, product, theme, or menu item. We will add you to all promotions for this weekend including an insert in the local Hometown Weekly.

Please contact the planning team at [westwoodweekendstroll@gmail.com](mailto:westwoodweekendstroll@gmail.com) with questions.

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## St. John's Nursery School



St John's Nursery School will host its annual Pumpkinfest on Saturday, October 19th from 10 -2pm at St Margaret Mary's Church on Rt.109 in Westwood. All families are welcome to attend this community event that has been a tradition for over 20 years. There are games for the children to play, a petting zoo, bounce houses, music, food, and raffle and auction items. All of the proceeds go to the preschool to fund enrichment programs, as well as saving for a new playground structure. Hope to see you there!





# Westwood Historical Society

## 2019-20 Programs

The Westwood Historical Society has many great programs for the coming year. The dates and speakers are noted below, but be sure to watch our website, our Facebook page and the local papers for more about each program.

All programs are held at the Fisher School, 830 High Street, Westwood, MA.

### **October Program: Boston's Chocolate Industry Tuesday, October 8, 7:30 pm**

John Pritchard is a long-time Westwood resident and will be sharing his extensive knowledge about the chocolate industry in Boston with us.

### **November Program: Westwood: The Last 50 Years**

**Tuesday, November 5, 7:30 pm**

Another of our dedicated residents, Jerry Cronin, will be using photographs to talk about the changes in Westwood's government, housing, schools, churches, and businesses since the 1970s. This will be an interactive session, so bring your own memories to share!

### **March 2020 Program: Repeating Historical Trends in the Stock Market**

**Tuesday, March 10, 7:30 pm**

Skip Wells, a Wall Street analyst and Hedge Fund manager, will share his extensive knowledge about trends in the Stock Market.

### **Quarter Century Award Presentation!**

We're thrilled that John Pritchard is also this year's Quarter Century Award recipient. We encourage you to join us for John's presentation – and to celebrate his 25 years of contributions to Westwood following his talk.



### **April 2020 Program: Photo Detective Tuesday, April 14, 7:30 pm**

Maureen Taylor is an international speaker on how photos and photography intersect and inform genealogy and history.

### **We're part of Westwood's Holiday Stroll!**

**Westwood Artisans Marketplace: Friday and Saturday, December 6 (3:30 to 7 pm) and 7 (10 am to 3 pm)** We encourage you to stop by to see these local artists and purchase their lovely wares.

**Holiday Party and Sing-Along: Sunday, December 8, 2 pm.** All are welcome to join us for refreshments and our annual sing-along! Please bring your family, friends and children. Sunny O'Malley will again be playing piano for us – and taking song requests.

The Weekend Stroll also includes Holiday Fairs at the First Baptist Church and the First Parish Church, the Winterfest event and the tree lighting at the Town Hall.

*Contributed by June Cassidy*



## Autumn at the Council on Aging

Summer is gone, but here in New England, we all herald autumn as a time for being active and engaged!

Here at the Westwood Senior Center, we are planning some new and interesting programs that we hope you will stop in and enjoy! Please call the Center (781-329-8799) to sign up for any of these lectures and check out our newsletter for more details and other programs.

To begin with, we are offering a few mind/body programs that will help you stay healthy and involved as you age.

### Community Spotlight

Thursday September 5th, 1:30pm



- A community group formed through a common desire to promote friendship, respect, enjoyment, learning & service through community programs for all

### Field Trip to Eva's Herb Garden

Thursday September 5th, 9:30am

- Followed by a herb cooking class at Powisset Farm on Sept 26th



### How to downsize- creating a plan

Tuesday September 17th, 12pm

- Manage downsizing with a well thought out plan

### A Date with your Heart

Monday September 23rd, 1pm

- A discussion with a cardiologist to help raise awareness of heart health

### Knowing the 10 signs of Memory Loss

Monday October 28th, 12pm

- Learn the signs and symptoms of memory loss

For more information about the above programs, including their associated cost, please contact:

**Westwood COA: 781-329-8799**

### A Historical Discussion; The Supreme Court & Slavery

Thursday September 5th, 10am

- A discussion with Professor Gary Hylander

### Honoring Choices- Health Proxies, DNR, & MOLST

Monday September 9th, 10am

- A discussion to help you navigate difficult legal decisions

### Seven Steps to Managing Your Memory

Thursday September 19th, 10am

- A course to help with memory management

### Field trip to Boston's Chinatown

Wednesday October 23rd, 10am

- Followed by an Asian cooking class at Powisset Farm on Oct 31





## UPCOMING PROGRAMS

Westwood Youth & Family Services is a town department that provides **free** community based programs and confidential counseling for the children and families of Westwood.

Register at: [www.townhall.westwood.ma.us/yfs](http://www.townhall.westwood.ma.us/yfs)

### FRIENDS NETWORK



**Who:** Westwood residents in 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grades

**When:** November 2019 – April 2020, Wednesdays from 5:15 – 6:15 PM or 6:30 PM – 7:30 PM

**Where:** Patricia Carty-Larkin Senior Center, 60 Nahatan Street

**What:** The Friends Network is a free program that matches young Westwood residents with high school aged residents in 1:1 pairs that meet weekly to engage in games and activities in a relaxed setting. This is a great way for children to engage with a positive role model while

forming a special friendship and having fun! **All participants should feel comfortable and be able to successfully engage in independent, self-directed play in a large group setting.**

**Contact:** Mary Ellen LaRose at (781) 320-1006 or [mlarose@townhall.westwood.ma.us](mailto:mlarose@townhall.westwood.ma.us)

### GIRLS GROUPS

**Who:** Westwood girls in 4<sup>th</sup> – 6<sup>th</sup> grade

**When:** Fall 2019 – Spring 2020, one afternoon per week from 4:00 – 5:00 PM

**Where:** Islington Community Center

**What:** These 12-week, free of charge groups will focus on navigating friendships and cliques, avoiding peer pressure, managing bullying situations, and improving body image, confidence and self-esteem. We utilize art projects, videos and games to help reinforce these important topics in fun and creative ways! **All participants should feel comfortable and be able to be successful in a 1:6 adult-to-child ratio.**

**Contact:** Emily Greco, LCSW at (781) 320-1006 or [egreco@townhall.westwood.ma.us](mailto:egreco@townhall.westwood.ma.us)



### STRUCTURED PLAY GROUPS



**Who:** Westwood residents in Kindergarten – 5<sup>th</sup> grade (grouped by grade)

**When:** Fall 2019 – Spring 2020, one afternoon per week from 4:00 – 5:00 PM

**Where:** Islington Community Center; Hanlon, Sheehan and Martha Jones Extended Day programs

**What:** These 8-week, free of charge groups are designed to emphasize the continued development of adaptive social and conflict-resolution skills as well as self-esteem and social confidence. Organized play and drawing activities reinforce weekly topics such as initiating & developing friendships, working cooperatively as a team, communication, decision-making, as well as appreciating one's own strengths and the differences of others. **All participants should feel comfortable and be able to be successful in a 1:4 adult-to-child ratio.**

**Contact:** Emily Greco, LCSW at (781) 320-1006 or [egreco@townhall.westwood.ma.us](mailto:egreco@townhall.westwood.ma.us)



## Introducing Two New Additions!

The Youth & Family Services Department and our Advisory Board are pleased to introduce two new staff members that have recently joined our team.



**Emily Greco** began serving in the role of Youth Services Counselor this past August. Emily graduated in May of 2019 with a Master's Degree in Social Work from Simmons University, having spent her final year field placement as a Graduate Intern in the Y&FS department. Before pursuing her MSW, Emily was a second grade teacher and a special education teacher in the Lexington Public Schools. She has a degree in Psychology from Ursinus College and Master of Science in Integrated Elementary and Special Education from Wheelock College. Emily is a native of New York City and currently resides in Marlboro, MA.

**Hope Dragelin** is our Graduate Intern for the 2019-2020 school year. She comes to us from Boston College School of Social Work where she is in her first year of study for her Master's Degree of Social Work. Hope completed her undergraduate degree at Boston College, Lynch School of Education and graduated with a Bachelor of Arts in Applied Psychology and Human Development with a minor in Psychoanalytic Studies.

While at Boston College, Hope was a research assistant for the Counseling, Development and Educational Psychology Department. She also was a member of the BC Division 1 Women's Swim Team.



Together, the staff of the Youth & Family Services department provides clinical services and supportive community programs to foster the healthy growth of children 4-18 years old and their families. For more info please visit :

[www.townhall.westwood.ma.us/yfs](http://www.townhall.westwood.ma.us/yfs)  
or call 781-320-1006

## WESTWOOD HOLIDAY GIVING PROGRAM

Need some support  
with gifts this  
holiday season?  
We can help!

TO PARTICIPATE PLEASE CONTACT WY&FS  
BY **NOVEMBER 4TH**

781.320.1006

YOUTH@TOWNHALL.WESTWOOD.MA.US  
WWW.TOWNHALL.WESTWOOD.MA.US/YFS

THIS CONFIDENTIAL GIFT GIVING PROGRAM MATCHES LOCAL DONORS WITH WESTWOOD FAMILIES WHO NEED ASSISTANCE PURCHASING HOLIDAY GIFTS FOR THEIR CHILDREN. SINCE 1999 HUNDREDS OF WESTWOOD FAMILIES HAVE RECEIVED SUPPORT THROUGH THIS PROGRAM.



## Back to school! A word from the School System



### Digital Citizenship Helps Students Navigate our Interconnected World

Give children a computer and the world is at their fingertips, but with that access comes a host of potential pitfalls. How do they learn to manage their time? How do they identify fact from fiction when searching Google for information? When Westwood Public Schools gave each of their high school students a computer five years ago, the district also gave them something invaluable – a seminar called Digital Citizenship.

“We learned very quickly that we needed to provide some additional support for kids to help manage better use of the device,” said Steve Ouellette, Director of Technology, Learning and Innovation for Westwood Public Schools. The first Digital Citizenship Seminar was held in 2014 and immediately became a required course for all high school freshmen.

“It teaches them how to be good digital citizens. It covers things like being appropriate when on-line, managing distractibility, using their devices to their greatest potential as well as how to find and vet information they find on the web,” said Ouellette.

The ten-session course is taught by three instructional technology coaches and has undergone some changes recently to ensure the course provides skill building in real life “performance tasks,” which students are required to complete.

“Up until now, it’s been more of the teacher talking to the students about what they should do,” Ouellette explained. “But now they’ll be required to do things like email a teacher using proper format. The majority of these tasks will not be additional work, but rather something they document. The whole point is that kids have to do these things anyway. The focus is kids doing something tangible. It adds so much more meaning to what we’re trying to get across.”

Students are also required to assemble their own “digital hub” as part of the seminar. Since different teachers use different platforms and technologies in their classrooms, the digital hub is a landing page where students compile all their links and courses so that students can get to any work in any class with two clicks or less.

“The Digital Citizenship Seminar fits perfectly into our diverse curriculum,” said Westwood Public Schools Superintendent Emily Parks. “As important as it is that students are savvy when it comes to technology, we take the responsibility and citizenship aspects very seriously. These are skills that will stay with them long after they graduate.”

Other highlights include a requirement which asks students to showcase one of their passions outside of the classroom – for example, one student promoted his blossoming photography business and another created a social media page focusing on local sports. In order to complete the seminar, students are also required to pass the CRAAP test. CRAAP is an acronym for Currency, Relevance, Authority, Accuracy and Purpose. The test is designed to help determine if sources are trustworthy and appropriate for academic research.

Ouellette says students truly seem to appreciate what they have learned. “I talk to students who are juniors and seniors about how they’re handling their use of technology. They tell me they developed systems on how to stay focused and how they learned to think twice before posting online. I think the course has evolved to a point where they really grasp and continue to use what they’re learning.”



## District Announces New Preschool Director

Lisa Freedman started her career at the Westwood Public Schools 20 years ago. This fall, she takes over as Director of the Integrated Preschool, replacing longtime director Aprile Albertelli who retired at the end of the last school year. Freedman came to Westwood High School in 1999, and for the past two years, has been in charge of Special Education at both the Downey and Sheehan elementary schools.

Westwood's Integrated Preschool brings students with disabilities together with those who are typically developing. Studies have shown that this inclusive approach to education at the early childhood levels can benefit the social-emotional learning for all the students in the classroom, regardless of their background and potential challenges. The Westwood program includes three classrooms of 15 students each, all in a fully integrated setting.

In her time in the Westwood Schools, Freedman worked on its kindergarten grant. In that oversight role, Freedman has been able to gain invaluable experience in the world of early education. The familiarity with the staff and practices in the early grades will be a huge asset in her new, expanded role.



"When the state began working on some new assessment measures for early childhood and trying to look at what skills students had as they were coming into public school systems," she explains, "I worked with our then preschool director, early childhood director and both our kindergarten and preschool teachers looking at assessing measures and thinking about early childhood learning through that lens."

That work will naturally lend itself to her new role as the preschool director. Abby Hanscom is the Director of Student Services for the district and saw in Freedman the opportunity to bring together the many levels of early childhood in a more seamless way.

"We were able to think creatively about what connections we wanted to make in the school system and there was this lovely opportunity to connect Downey elementary school with the preschool as well as Deerfield," said Hanscom. "It was a wonderful fit and Lisa was willing to step up to the plate." Freedman credits Albertelli and the existing faculty and staff for the work and dedication they've put into the Westwood Integrated Preschool program.

"I think they're really strong and committed," she said. "They all have a passion and love for early childhood and for watching kids grow and learn in that preschool time span. I feel lucky to be joining them." Yet, even with the program's past successes, Freedman and Hanscom each see room for improvement—especially for greater collaboration among colleagues at the different grade levels.

"The kids from the integrated preschool are certainly well prepared to go to kindergarten but I have found working in the district for a long time that there's always learning that happens when teachers are given the time to get out of their own classrooms or school and be able to go see other colleagues in the district," said Freedman, pointing to opportunities for preschool teachers to better understand what is happening in kindergarten classrooms, and vice versa.

"They can see what their colleagues are working on and what it looks like when the kids move on and that is not dissimilar from things we do in terms of our professional growth for teachers in Westwood in general," Freedman said. "We see a benefit in them being able to see their colleagues teach."

"I hope to create a linkage between the preschool and the kindergarten teachers as colleagues," said Hanscom. "That will be a new development for them because they will feel like they have partners in the kindergarten for the hand-off from preschool, which can only help everybody."



## News from the Library– Fall 2019

### For Kids 0-5:

**Messy Mondays:** For children ages 2-5 and parent/caregiver. Children are welcome to come for seasonal craft activities and sensory play.  
Mon Oct 28th & Dec 30th @ 10:30 AM

**Wiggle & Giggle Storytime:** For all ages, no registration. Kids and their caregivers are welcome to come and wiggle and giggle with us as we enjoy music, movement, storytelling, and more!  
Tues 10:30am, Sept 10th -Oct 15th & Nov 5th- Dec 17th

**Wondrous Wednesdays Storytime:** For all ages, no registration. Children and their caregivers are welcome to come listen to stories, songs, rhymes, and more! A short activity will be available for those who wish to stay after storytime.

Wednesdays, 10:30 AM Sept 11-Oct 16 and Nov 6th-Dec 18th

**Baby Rhyme Time:** For babies 0-24 months and a caregiver. Come enjoy the magic of rhymes and music with your little one! Miss Lizzy will lead everyone in traditional rhymes and music as well as wonderful new favorites!

Fridays, 10:30 AM Sept.13-Oct. 18 and Nov. 8-Dec. 20th

**Cookies and Milk Pajama Storytime:** Families with small children are invited to drop in for seasonal stories and lullabies, followed by cookies and milk! Be sure to wear your pajamas and bring your favorite stuffies. Email Miss Kristy at [kpasquariello@minlib.net](mailto:kpasquariello@minlib.net) with questions.  
Tuesday, October 8, 7-8 pm.

**Halloween Singalong and Parade:** Come listen to Halloween stories, rhymes, and songs! Young children and caregivers are welcomed to come in costume and join us in a costume parade around the library after the program.

Wednesday, October 30 @ 10:30 AM

### For School Age Kids:

**Mother-Daughter Book Club:** For kids in grades 3-5 and a female adult. Share your enthusiasm for reading with other book lovers and join us for a discussion, a game of Pictionary, snacks, & fun! Books will be available at the Children's Department. Email Lizzy at [ehmcgov-ern@minlib.net](mailto:ehmcgov-ern@minlib.net) to register or for more info. Wed @ 6:30pm

**Creative Kids:** For Kindergarten and 1<sup>st</sup> graders, registration required. Children will have lots of fun as they participate in creative dramatics and arts & crafts activities.  
Thurs 4-4:45 \***Registration Required**

**Books and Bites:** For kids in 2nd and 3rd grade. Who loves books?! Who loves snacks?! Who loves book-themed snacks?! Each month 2<sup>nd</sup> and 3<sup>rd</sup> graders will read a chosen book and participate in discussions, activities, and themed snacks. Email [Kpasquariello@minlib.net](mailto:Kpasquariello@minlib.net) for more info. \***Registration Required**

**Land of Stories Party:** For ages Come celebrate Chris Colfer's new book *A Tale of Magic* set in the same world as *Land of Stories!* We will have activities, trivia, and snacks! Feel free to dress up as your favorite character. We will also be raffling off copies of the new book!  
Tuesday, Oct 1st. @ 4:00- 5:00 PM

**Library Legos @ the Main:** Ages 5 and up with parent/caregiver. Kids are welcome to come build with library Legos during this drop in explorative play program.  
Wednesdays, 3:30PM-5:00PM

**Magic the Gathering Club:** Ages 9 and up. Drop in and play the fantasy card game Magic the Gathering. Bring your own deck or borrow a starter deck from the library.  
Tuesdays, 6:30-8pm

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### Kids' Programs @ the Islington Branch

280 Washington Street, Westwood, MA 02090  
To register, please call: (781) 326 – 5914

**Storytime:** For kids ages 2 & up. Children will participate in stories, songs, and crafts.  
Thursdays, @ 9:30–10:15 AM Sept 12th to the Oct. 17th.

**Pajama-Rama Storytime:** Stories and songs with a sleepytime theme. Please come in your PJ's and bring a favorite blanket and stuffed animal, too!  
3rd Wednesday of the Month: Sept. 18th, Oct. 16th @ 6:30PM

\***DIY Tuesdays:** For kids K and up. Every Tuesday we will be doing different crafts. **Registration is required.**  
Tuesdays, Sept 10th -Oct 15th @ 3:30PM



## News from the Library– Fall 2019

### Adult Programs- Main Library:

wwdmail1@minlib.net – (781) 320-1045

**Mah Jongg for Beginners\***: Join the ranks of Mah Jongg enthusiasts nationwide who are reaping the social and intellectual benefits of playing this challenging tile game. No experience needed. Class will meet weekly\*. By the end of the six-week session, players will have mastered the basics: setting up the tiles and racks, dealing and passing tiles, choosing a hand by interpreting the Mah Jongg card, and playing a round. Space is limited & registration is required.

**Author Talk & Signing with B.A. Shapiro**: B.A. Shapiro is the New York Times bestselling author of *The Muralist*, *The Art Forger*, *The Safe Room*, *Blind Spot*, *See No Evil*, *Blameless*, & *Shattered Echoes*. She will be discussing her newest novel, *The Collector's Apprentice* at the Main Library. Books, provided by Haley Booksellers, will be available for purchase. This event is generously sponsored by The Friends of the Westwood Public Library. Wed, September 25th @ 7:00PM

**Book Buzz Panel**: Librarian's favorite reads! Join us for a night of book talks. The Westwood librarians will share some of their favorite titles. We will have copies of the books to check out. Bring a friend, get a list of books to read and enjoy the company. Thurs, October 24th @ 7:00PM

**Author Talk & Signing with Brian M. Conley, PhD**: Westwood resident Dr. Conley is the Director of Graduate Studies and an Associate Professor in the Political Science and Legal Studies Department at Suffolk University in Boston. Dr. Conley will discuss his most recent book, *The Rise of the Republican Right: From Goldwater to Reagan* (Routledge 2019). Books, provided by Haley Booksellers, will be available for purchase. This event is sponsored by The Friends of the Westwood Public Library. All are welcome! Thurs, October 3rd @ 7:00PM

**Author Talk & Signing with Hallie Ephron**: Hallie Ephron is the New York Times bestselling author of *Never Tell a Lie*, *Come and Find Me*, *There Was an Old Woman*, *Night Night*, *Sleep Tight*, *You'll Never Know*, and *Dear*. She will be at the Main Library to discuss her newest suspense novel, *Careful What You Wish*. Books, provided by Haley Booksellers, will be available for purchase. All are welcome! Weds, October 23 @ 7:00PM

**Dr. Gary Hylander Presents WWII 75 Years Later**: Dr. Gary Hylander returns to the Main Library to discuss two major offensives in World War II: D-Day at Normandy and The Battle of the Bulge. Gary L. Hylander earned his PhD at Boston College, and he is currently an independent scholar. Weds, @ 7:00PM Nov 6th: D-Day at 75, Dec 11: Battle Of The Bulge at 75

**Author Talk & Signing with Stephen Knott, PhD**: Stephen F. Knott is professor of national security affairs at the United States Naval War College in Newport, Rhode Island. Dr. Knott will discuss his most recent book, *The Lost Soul of the American Presidency* (University Press of Kansas, 2019). Books, provided by Haley Booksellers, will be available for purchase. All are welcome! Monday, November 4th @ 7:00PM

**Author Talk & Signing with Neil Sanders: Gardening Is Murder** - a laugh-out-loud presentation on gardening. Wednesday, November 13th @ 7:00 PM

**Great Decisions with Tina McCusker**: Great Decisions is America's largest discussion program on world affairs. The program model involves reading an article about a particular global issue, watching the DVD & meeting in a Discussion Group to discuss the most critical global issues facing America today. If you are interested in attending please register at the Info Desk on the 2<sup>nd</sup> Floor of the Main Library, or email [TMcCusker@minlib.net](mailto:TMcCusker@minlib.net).

Select Thursdays at 7:00 PM, Sept 19th, Oct 10th, and Nov 7th.

**Armchair Travel with Barry Pell**: This event is generously sponsored by the Friends of the Westwood Public Library, Friends of the COA, and the Westwood Foundation for Education. All are welcome! Tues @ 10:30am– Oct 8, Nov 5, Dec 3

**Friday Morning Book Club**: Read the book, join the conversation! Are you a new member interested in coming? Send Molly an email at [mriportella@minlib.net](mailto:mriportella@minlib.net). Fridays @ 10:30AM- Sept 27th, Oct 15th and Nov 22nd

**Individual Computer Classes**: Register for a 40 minute appointment with Kristen or Brendan. Mondays, beginning at 2:30 PM & Fridays, beginning at 3:30 PM \*Registration Required

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### Adult Programs at the Islington Branch:

wwdmail2@minlib.net– (781) 326-5914

#### **Islington Branch Historical Fiction Book Group:**

Join us at the Branch to discuss some great historical fiction.

Copies available at both libraries.

Tuesday, September 3rd @ 10AM

Tuesday, October 1st @ 10AM

Tuesday, November 5th @ 10AM

Tuesday, December 3rd @ 10AM

**DROP IN PROGRAM**

#### **Islington Branch Book Group:**

Join us at the Branch to discuss the following titles! Copies available at both libraries.

Wednesday, September 11th @ 6:30PM

Wednesday, October 9th @ 6:30PM

Wednesday, November 13th @ 6:30PM

Wednesday, December 11th @ 6:30PM

**DROP IN PROGRAM**

**Sit and Knit**: Join us for a morning of knitting, crocheting, needlepointing, cross stitching or hand quilting. Bring your own projects and supplies with you. Sit and knit while enjoying the comfort of the Branch and check out a new craft book, cozy mystery, or a knitting magazine.

Thursdays, 10:30AM-12PM

**DROP IN PROGRAM**

**All Library Programs are Free and are supported by the Friends of Westwood Library. Registration begins one month prior to program start. For further information, please visit the web site at [www.westwoodlibrary.org](http://www.westwoodlibrary.org)**

This Fall in Westwood  
580 High Street  
Westwood Ma, 02090

## Westwood 2020! —Voting information from the Town Clerk

### HAVE YOU REGISTERED TO VOTE IN WESTWOOD?

**You may submit an application to register or pre-register to vote in Westwood if:**

You are a citizen of the United States;

You are 16 years old; and you are not currently incarcerated by reason of a felony conviction.

You recently moved from another town to Westwood



If you meet the above requirements, you may apply online using the link: <https://www.sec.state.ma.us/ovr/>, by mail, or in person at the Town Clerk's office.

The deadline to register to vote in any election or regular town meeting is twenty (20) days prior to the date of the election or meeting. The deadline to register to vote in a special town meeting is ten (10) days prior to the special town meeting.

If you are unsure of your voter registration status, contact the Town Clerk's office at 781-326-3964.

### NOTARIZATION SERVICES:

- Notary Services are available during normal business hours by appointment only.
- A valid, government-issued photo identification is required of any customer seeking Notary Service.
- The document cannot already have been signed nor dated.
- All signers must be present at the time of notarizing.
- If your document requires a witness, he or she must accompany you.
- The Notary is stating the witness was present when the document was signed
- The document must contain the appropriate Notarial Statement or Clause, or one will be stamped on the document by the Notary.
- Documents in any language other than English will not be notarized at this facility.
- Notary Service is not available for deeds, mortgages, wills, living wills, living trusts, codicils or depositions.
- Certain public documents cannot be copied/ notarized. Examples of these are birth, marriage & death certificates.
- Massachusetts law requires that a Notary and the person seeking notarization be able to communicate directly with each other.
- In accordance with Massachusetts Notarial Law, Notaries will not provide service if the customer, document or circumstances of the request for Notary Service raise any issue of authenticity, ambiguity, doubt or uncertainty. In this event, the Notary may, at his/her sole discretion, decline to provide Notary Services.

