

Eastern equine encephalitis (EEE) is a rare but serious disease caused by a virus that is spread through the bite of an infected mosquito. Here's how to protect yourself and your family:



Use a repellent with an EPA-registered ingredient (DEET, permethrin, picaridin, oil of lemon eucalyptus) according to the instructions on the product label.

AVOID PEAK MOSQUITO HOURS

The hours from dusk to dawn are peak biting times for many mosquitoes. Consider rescheduling outdoor activities.

WEAR LONG-SLEEVES, LONG PANTS AND SOCKS WHEN OUTDOORS





MOSQUITO-PROOF YOUR HOME

Drain standing water and install or repair screens on windows.



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