

Are You Caring for an Older Adult in Your Life?



MIIA Employee Assistance Program (EAP) provides you with Eldercare resources.

We can assist you with the following:

- You notice your parent's declining health and need help determining appropriate care.
- Your parent returned home from the hospital and needs assistance with household chores.
- You are looking to find hospice care, a senior companion, an adult day care program, legal assistance, or transportation to medical appointments, grocery store etc.
- Your parent can't climb stairs and needs to explore alternative living arrangements.
- You need a break from caring for your parent. We'll help!



Call MIIA EAP
for assistance

1-800-451-1834

All employees, dependents,
and household members are
eligible to use this benefit

