Winter 2018 Volume 31 Number 2



WESTWOOD

A COMMUNITY NEWSLETTER

Town of Westwood Launches Recycle Coach

For residents looking to reduce their household waste and become better recyclers, look no further than the Recycle Coach platform—now available in Westwood.

recycle**coach**

"The Town of Westwood is excited to join the Recycle Coach network, which will transform how we communicate local collection, waste, and recycling information to our residents. Beyond that, the platform includes engagement and educational tools to help people manage and correctly dispose of their waste," said Brendan Ryan, Assistant Director/Operations Manager at the Westwood DPW.

Residents can access Recycle Coach from their desktop computers, mobile devices, or through digital assistants like Amazon Alexa and Google Home. By leveraging the power of voice technology, the platform makes it easy for people to get local disposal information for thousands of household items when they need it. And the best part: it's absolutely free.

With Recycle Coach, residents can:

- Stay organized with custom curbside collection and events calendars
- Receive collection reminders and real-time updates on service disruptions
- Become recycling experts with a comprehensive "What Goes Where?" search tool, including local disposal information and collection requirements for common and uncommon items
- Take the "What Type of Recycler Are You?" quiz for useful recycling tips and tricks
- Use the problem-reporting tool, equipped with geolocation, to notify municipal customer services about issues like missed collections

Ultimately, the service takes the guesswork out of recycling, empowering residents to make smarter disposal decisions and take an active approach to reducing household waste. For Westwood, the hope is that this will translate into higher recycling rates and less contamination in our recycling stream.

Become a better recycler today by downloading the Recycle Coach app for free at the iTunes Store and Google Play. (See related image on page 16.)

About Recycle Coach

Recycle Coach is a technology company with deep roots in public and private waste management services. The company develops a comprehensive digital solution that optimizes collection, waste, and recycling programs. It connects residents with local disposal information on desktop, mobile, or through digital assistants.



Laborer inspecting Westwood's recycle load for contaminants.

Contaminants will cause recycle loads to be rejected or incur increased costs to Westwood. Recycle Coach technology will put information at your fingertips to help the Town reduce costs.

Serving over 3,000 communities across the U.S., Canada, Australia, and New Zealand, Recycle Coach strives to make the world a greener place by making it easier for people to practice waste mindfulness.

More information can be found at www.Westwoodrecycling. com. Any questions or concerns you may contact the Department of Public Works: 781-251-2587.

A special insert commemorating a beloved Westwood Artist is included in this issue. See center pull-out and enjoy.

Did You Know...

Westwood Health Department Medical Reserve Corps

Did You Know... That the Annual Family Flu Clinic is staffed by volunteers? These volunteers are Westwood residents and members of the Medical Reserve Corps (MRC) which consists of both medical professionals and non-medical individuals that help the Westwood Board of Health each year at the Flu Clinic. We were very busy at this year's clinic, held on October 20, 2018, immunizing over 700 residents. The MRC would also be activated to help in the event of an emergency involving the distribution of medication and would help the Town set up and manage the Community Shelter if necessary. If you would like to become a member of the MRC please contact the Westwood Health Department at mrc@townhall.westwood.ma.us. Let's keep Westwood healthy!

Contributed by Linda Shea

Westwood Public Library Homebound Delivery Service

Did You Know... as part of the Westwood Public Library's Mission to enhance services provided to the Community, the Library offers a free Homebound Delivery Service? The service is for Westwood residents living in private homes and apartment buildings who are unable to travel to the Library due to permanent or temporary disabilities.

Volunteers will deliver and pick up materials approximately every four to six weeks. Library staff are happy to provide suggestions for reading or listening materials.

If you know someone who would benefit from this service, please let them know! We have a profile form that they can fill out to let us know what they like to read or listen to.

No Library Card! No Problem! We are happy to visit and assist you with filling out the application.

If you would like additional information, please contact Karen Gallagher, Circulation Supervisor, Westwood Public Library, 660 High St, Westwood Ma 02090. kgallagher@minlib.net 781-320-1049 Contributed by Tricia Perry

Westwood Fire Department Adopt-A-Hydrant program

Did You Know...The Westwood Fire Department is excited to announce our new Adopt-A-Hydrant program. This is a great opportunity for residents, businesses and civic organizations to help the Fire Department keep our 600+ fire hydrants clear of ice and snow. During a fire, minutes matter and firefighters don't want to spend precious time clearing a hydrant when they could be saving lives and property. This is where you can help. Follow the link below to an interactive map where you can locate hydrants close to your property or business and click on the one or more you want to adopt. After snowfalls during the winter keep a 3 foot perimeter around your hydrant and a walkway to the street free of snow and ice. When you clear your hydrant, change the status in the interactive map to "clear" so that we'll know that hydrant is all set. Brag about your hydrant or challenge your neighbors by posting pictures to our Twitter page.

www.westwoodhydrant.org

Please follow us on Facebook @westwoodmafd and on Twitter @westwoodfire

Contributed by Carolyn Wade

Comprehensive Plan Steering Committee Comprehensive Plan Update— We Want Your Help!

Did You Know...Westwood is beginning the process of updating the Comprehensive Plan? In November, an 18 member resident steering committee was established to lead the update for Westwood's Comprehensive Plan last adopted in 2000. The Committee will be seeking your input and feedback throughout the year for an interactive public process. We need you to participate in this important document that will help set Westwood's future.

A Comprehensive Plan explains what a community is like today, where it wants to go in the future, and how it can get there. The Plan is a long-range policy document developed to set the Town's collective vision and strategies on how to reach that vision. The plan covers all aspects of the built and natural environment.

We need your input and encourage all residents to be involved and participate. Once completed, the Plan will be used to influence land use decisions, prepare bylaws, and guide future development. To learn more please visit the Comprehensive Plan Steering Committee's webpage at http://www.townhall.westwood.ma.us. Subscribe to the Westwood Wire to receive email updates at: https://public.govdelivery.com/accounts/MAWESTWOOD/ subscriber/new. You can also receive notifications of public meetings at http://www.townhall.westwood.ma.us/mytown and follow the Westwood Planning Board on Facebook.

The Steering Committee will ultimately prepare an updated Comprehensive Plan for the Planning Board which will subsequently be presented to Town Meeting. We look forward to hearing from you!

Contributed by Abby McCabe

(Editor's Note: Speaking from past involvement with this same process back in 2000, I heartily recommend contributing your thoughts and opinions to the direction and vision for Westwood's future by participating in whatever public process that works for you. The Town wants to hear from everyone.)



Westwood Community Chest is a local non-profit that helps residents who are in need of short term financial assistance. If you have a need for assistance with one or more of the following, please reach out to us!

· Rent/Housing · Utilities · Medical · Home Repairs ·

Please call us or visit our website for more information or to apply. All inquiries are confidential.

> Website: westwoodcommunitychest.org Voicemail: 781-366-0470

Westwood Community Chest



New Board Members. New Website. Same Mission: "Neighbors Helping Neighbors"

Westwood Community Chest (WCC) is pleased to announce that we have eight new board members: Roula Bakis, Elaine Beattie, Kim Chase, Sarah Duggan, Shannon Granata, Diane Rothauser, Nick Spinello and Sofia Tsachouridou. We welcome their expertise in financial planning, web design, fundraising and more.

We have also expanded our connections with the Town of Westwood by welcoming Fire Chief John Deckers as a Community Liaison. Chief Deckers joins Linda Arena-DeRosa from the Council on Aging, Emily Parks from Westwood Public Schools, Dottie Powers from the Westwood Town Clerk's office, Sergeant Paul Sicard from the Westwood Police Department and Danielle Sutton from Youth and Family Services. WCC Board members have come to fully appreciate that these public servants work hard to provide a safety net in Westwood. Our relationship with these liaisons has helped us accomplish our mission. Last year we awarded \$86,000 to Westwood residents in need. Recipients ranged from 5 (camperships) to 95 years old!

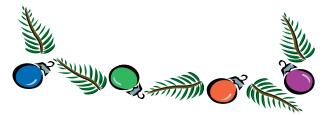
Once again, we are grateful for the generosity of local businesses which host annual fundraisers on our behalf including: Thanksgiving Day Boot Camp run by *Core Asset Fitness* and a Holiday Shopping Night at *Décor & More*. We extend a heartfelt "Thank You" to the residents and local businesses for participating in our Annual Appeal. If you haven't contributed already, we make it easy; go to our website at westwoodcommunitychest.org. And don't forget to maximize your gift by filing for *corporate matching donations*.

We are looking forward to *Gratitude and Glitter*, our annual evening benefit at *Chiara Bistro*, on Monday, January 28, 2019. We appreciate *Roche Brothers*' consistent support as our major sponsor. Once again the event will offer a fun evening of delicious foods prepared by Chef La Count paired with wines from around the world and opportunities to win some amazing wines, raffle and silent auction items! It is the perfect way to enjoy an evening with friends and help support WCC. Tickets will be released before New Year's. Watch for announcements on our website and Facebook. We are incredibly thankful for the support of our town's residents and businesses at each of these events and throughout the years.

WCC welcomes applications for emergency financial assistance from Westwood residents. Applications can be found on our newly updated website at westwoodcommunitychest.org.

Westwood Community Chest welcomes donations all year long. Your donation helps our neighbors!

Contributed by Byrna Bornstein



NEWS from the Town Clerk's Office



Dog Licensing

Dog licensing will begin for 2019, on December 1, 2018 through March 31, 2019.

- You may license your dog online, in person, or, by mail, provided you include a copy of a current rabies certificate and a self-addressed stamped envelope. If you are licensing your dog for the first time, proof of spay or neutering is also required.
- Licenses will be valid from January 1, 2019 until December 31, 2019.
- You must license your dog on an annual basis.
- If you own more than 4 dogs this is considered a "Personal Kennel" per MGL c. 140 §136A.
 - You must go through a special permit application process through the Zoning Board of Appeals to license a kennel.
- Failure to license your dog on or before March 31, 2019 may result in a fine of \$25.00, per town bylaws §184-10,B.(1).

Licensing Fees are as follows:

Dogs not Neutered or Spayed: \$15.00

Dogs Neutered or Spayed : \$10.00

- Residents ages 70 or older: The fee is waived for one dog per household
- Kennel fees please contact the Town Clerk's office

Please be sure to include the correct licensing fee. If you are unsure, please contact the Town Clerk's office at 781-326-3964.

Annual Rabies Clinic

Annual Rabies Clinic will be held on Saturday, January 12, 2019, from 9AM-12N, at the Carby Street Municipal Office Building, 50 Carby Street, Westwood.

Annual Town Census

The Annual Town Census will be sent to each household the first week in January, 2019. It is extremely important that you fill this out and return it within 10 days of its receipt. You may also scan and email it to census@townhall.westwood.ma.us provided you have filled it out and signed it. Failure to return the Census may cause a voter to be designated as inactive on the voting list (M.G.L, Ch.51, § 4). Also please note that you may not register to vote or change parties via a census form.

Annual Town Election

The Annual Town Election will be held on Tuesday, April 30, 2019.

• Nomination papers will be available on Tuesday, January 15, 2019 for those registered Westwood voters who wish to run for Town positions.

The following elected offices will appear on the Ballot:

- Board of Assessors: 1 Seat 3 Year Term
- Housing Authority: 1 Seat 5 Year Term
- Housing Authority: 1 Seat 2 Year Term (to fill a vacancy)
- Library Trustee: 2 Seats 3 Year Terms
- Moderator: 1 Seat 1 Year Term
- Planning Board: 2 Seats 3 Year Terms
- School Committee: 2 Seats -3 Year Terms
- Selectman: 1 Seat 3 Year Term
- Sewer Commission: 1 Seat 3 Year Term

Annual Town Meeting

The Annual Town Meeting will be held on Monday, May 6, 2019.

Westwood Historical Society

Winter Programs and Events

2018 Quarter Century Award

Nancy and Charles Donahue are the recipients of the Quarter Century Award, having made outstanding contributions to our community for more than 25 years.

Charles has been very involved in the Westwood School System as well as our Recreation and Athletic organizations. He has served on the Westwood School Committee (Chairman), Westwood High Boosters (Founding President), Westwood Youth Hockey (President and Coach), the Westwood High Girls and Boys Hockey Associations (President) and the Open Spaces and Recreation Committee. In addition, he is on the Boards of the Irish American Partnership and the Francis Ouimet Scholarship.

Nancy is a past President of the Westwood Historical Society and a Chairman on the Westwood Historical Commission (WHS). She has also served on the Westwood Educational Foundation (President), Walpole/Westwood League of Women Voters (President), the Westwood Cultural Council and the Westwood High Scholarship Committee.

As a long-term member of the Westwood Historical Society, Charles has been a lecturer for several of our programs and is the current chairman of the Historical Society's School Program at the Fisher School. He organizes the many volunteers who teach Westwood's third graders each year in the 19th century style.

Previous recipients of the Quarter Century Award have included: Yetta and Alexander Fisher, Barbara and Allan Beale, Donald MacLellan, Allen Baker, Richard Youlden, Ellie and Roy London, Lillian Perkins, Robert Wood, Gordon Youlden, Tom Dunn, Joseph Weider, Emlen and Jim Wheeler, Duncan and Ellen McFarland, Shirley Howard, Joe and Joy Clancy, Irene and Ralph Buonopane, Barbara Friedman, Mike Beaumont, Joan Swann, Lura Provost, Russ and Marilyn Downes, Ann and Jerry Cronin, Joan Murphy, Barbara and Sam Hayes, and Tony Antonellis.

Featured at right is a scene from a modern third-grader's experience in a one-room schoolhouse at the Fisher School's annual historical re-creation. Notice the bonnets and aprons on the girls. All the students are sitting with hands folded on antique school desks brought to the main floor for this occasion.

January Program: The Great New England Hurricane of 1938 January 8, 7:30 pm, Fisher School, 830 High Street

Sarah Sycz Jaworski, from Historic New England, will talk about the massive hurricane that hit New England on September 21, 1938. It was one of the most destructive storms in American history, causing more than 600 deaths and \$400 million in property damage.

See our website (www.westwoodhistoricalsociety.com) for more about our spring programs on February 12 and March 12.

Interested in Contributing/Joining Us?

The Westwood Historical Society's collection depends on your donations of local historical items as well as your contributions for their care and upkeep. Do consider becoming a member of the Society. (Simply complete and mail the form on our website.)

Note that the Fisher School is available for rental (e.g., music events, receptions, special shows). We would also welcome program ideas (whether you can present or know someone who could), volunteers for small tasks (inside and out) at the Fisher School and interest in being on our Board. Just send us an e-mail (westwoodhistorical@comcast.net).

Contributed by June Cassidy



St. Margaret Mary Parish

Regular and Holiday Schedules

St. Margaret Mary Parish, 845 High Street, Westwood, MA

SUNDAY MASSES

Saturday at 4:30 pm

Sunday at 10:00 am and 6:00 pm

WEEKDAY MASSES

Monday through Friday at 9:00 am

CONFESSIONS

Saturday from 3:45 pm to 4:15 pm

CHRISTMAS EVE MASSES (Monday, December 24)

4:30 PM-Fr. Chris Palladino

8:00 PM—Fr. Robert Cullen

CHRISTMAS DAY MASSES (Tuesday, December 25)

8:30 AM-Fr. Chris Palladino

11:00 AM-Fr. Robert Cullen

Parish YOUth

St. Margaret Mary Parish High School YOUth gathers weekly on Sunday evenings from 6-7:30 pm.

Join us at the 6 pm Mass on Sunday, followed by prayer, discussion, and food. Planning social and spiritual events along with service projects are also part of our weekly group agendas.

Got ideas? Got a hunger for more than the secular world is offering? Come get fed! Get God!

All high schoolers are welcome.

Contact Karlene Duffy, Faith Formation Director St. Margaret Mary Parish

781-326-107 or

k.duffy@saintmmparish.org

Or follow us on instagram @ saintmmyouth.

Contributed by Ken Foscaldo





09.29.2018

Thank you Westwood Community for making Westwood Day 2018 a tremendous success!



Photo Credit: Doug Hyde

Westwood Council On Aging



COA programs and activities offerings



The Westwood Senior Center continues to grow! 25% of Westwood residents are over the age of 60 (2010 Census) and last fiscal year, seniors utilized the Center 3,000 times each month. But with this growth, we need more resources, so we hope you will stop in and help us raise funds to continue to help our Senior Community. (Editor's note: This fundraiser ends soon, so please run down to the Senior Center to contribute if you can.)

THIRD ANNUAL BASKET FUNDRAISER

OCTOBER 20 to DECEMBER 17

Help us raise funds for all the programs here at the Center by purchasing tickets to our Annual Basket Fund Raiser. Each basket is worth \$250; tickets (\$1 each -12 for \$10) are available at the Front Desk at the Center. Drawing is held at our Holiday Party (you do not need to be present to win).

And here are just a few of the weekly programs that are enjoyed by so many of our seniors (60 and older) ... Come try one or try them all ...your first class is always free!



- Tuesdays at 1 pm
- \$3 donation

In 2016 the CDC (Centers for Disease Control and Prevention) released a new report that falls are the leading cause of injuries in older adults. T'ai chi is an evidence-based, fall-prevention intervention for older adults that will improve your balance.

PILATES with Mary

- Thursdays at 11am
- \$3 donation

This is a class that will tone your stomach and oblique muscles to make you look great throughout the holidays! Primarily done on the floor with a mat, you will strengthen your back and core muscles. Please wear comfortable clothing and bring a water bottle.

LOW IMPACT EXERCISE with Sherri

- Mondays, 1pm | Wednesdays, 12:30pm
- \$3 donation

The holidays are here and nothing is more important than staying healthy all season long! So come join Sherri and her growing group as they get their hearts pumping and their muscles toned. This low impact class is done in a chair or standing up. Please wear comfortable clothing and bring a water bottle.

FUN FIT EXERCISE with Christine and Stephanie

- Mondays, 9:30-10:15 | Wednesdays & Fridays, 9-10am
- \$3 donation

We all eat and drink too much during these holiday months but that does not mean you need to get out of shape. Come join this high energy, heart pumping class that will get your body moving and your muscles toned so you can continue to look great throughout the holidays! Please wear sneakers and bring a water bottle

YOGA with Bonnie

- Tuesdays and Thursdays
- \$3 donation

8-9 am — based on the floor

9:30-10:30 — based in a chair

Practicing yoga is good for mind and body. Whether on the floor with a mat or sitting in a chair, yoga helps strengthen muscles, improve range of motion and can help you feel better in mind and spirit. Please wear comfortable clothing and bring a water bottle.

Contributed by Lina Arena-DeRosa

Westwood Council on Aging

Fri.: 8:00 a.m. to 2:00 p.m.

60 Nahatan Street
Telephone: 781-329-8799
Hours:
Mon.–Thurs.: 8:00 a.m. to 4:00 p.m.



Boston Post Cane

As the oldest member of the Westwood Community, Mrs. Frances Rork of Westwood was honored on Friday, November 9 with the historic Boston Post Cane. The cane was the idea of an editor at the old Boston Post newspaper over a century ago. Hundreds of



handcrafted canes were delivered to towns across Massachusetts as a way to honor the state's eldest citizens. Westwood's cane was received in 1909 and is kept in a glass case at the Senior Center now. An award plaque with the honorees' names adorns the wall there, too. Mrs. Rork was presented the award by Town Clerk Dottie Powers along with Town Administrator Mike Jaillet, Representative Paul McMurtry and COA Director Lina Arena-DeRosa; family members also attended the celebration.

Mrs. Rork was born in 1914, the 6th of 10 children. She grew up in Boston and studied dress and pattern making at Mass College of Art. She became an accomplished seamstress and moved to Westwood in 1952 with her husband, Charles, where they raised their five children.

Mrs. Rork was a founding member of SNARK and was committed to helping individuals with disabilities.

Even at 104, Mrs. Rork still knits, sews and quilts and is an avid reader. She stays young by keeping a positive attitude and always keeping herself busy.



Westwood Recreation

House Decorating Contest Winter Wonderland

How to enter:

- 1. Email a picture of the house to recreation@townhall.westwood.ma.us
- 2. Include the address of the decorated house in your email
- 3. If your house has outside lights, take a picture in the day time and night
- 4. Pictures must be received by the deadlines below
- 5. 1st Place winners will receive a local gift card

Houses will be posted on Facebook and Instagram. Lets see who has the brightest, most inflatables, traditional & more!

Deadline: Monday, December 17







www.westwoodrec.com







Westwood Community Trails

Westwood residents encouraged to hit the trails

The newly formed Westwood Community Trails (WCT) program was started to recruit and train volunteers, organize and promote trail programs and activities, and encourage Westwood residents to explore and enjoy our outdoor resources in a fun, safe, healthy, community-building manner.

Westwood resident, Richard de Reyna, has been leading monthly hikes throughout the town and has scheduled several more throughout the winter months. "We can hike in any weather, as long as we are prepared for it. Dressing in layers is always a good idea and hats and gloves are a must. The distances we are planning for the next few months are shorter but enthusiasts can repeat the trail for twice the fun," said de Reyna. "As we build the program, we will increase the distances. It might surprise some to learn there are miles and miles of trails throughout Westwood."

In addition to the monthly hikes, the WCT will also coordinate opportunities for residents to volunteer to help maintain current trails and establish new ones with an Adopt-A-Trail program. But first, there will be a volunteer training day so people are prepared. "There is a lot more to blazing trails than using hedge clippers. We want to make sure we are maintaining trails in a safe and responsible way," remarked de Reyna.

Plans are also underway for coordinated happenings around Earth Day/Week in April which will include a town-wide clean up and activities around recycling and sustainability.

If you have questions or would like to be placed on a list for future communications, please email westwoodcommunitytrails@gmail.com.

Mark your calendars for these hikes:

- January 5, 2019, 8:30 AM at the Thurston Middle School

 1.4 miles
- **February 2, 2019**, 8:30 AM Ground Hog Day Hike at Buckmaster Pond 1.3 miles
- March 2, 2019, 8:30 AM at Sen Ki -2.6 miles

Contributed by Paula McLaughlin

Temple Beth David

Temple Beth David—A Congregation On The Move

In February of 2019, 81 congregants and their families, from children to grandparents, will travel approximately 5,500 miles to Israel for 11 days. Their itinerary is packed full of visits to ancient and contemporary sites in Tel Aviv, Haifa, the Negev desert, Eilat and Jerusalem. The participants will encounter the place that gave birth to the Jewish people, a vibrant modern democracy and diverse society, and engage the complexity of the Middle East, as well as opportunities for coexistence.

Enjoying 75-degree weather in February is another significant goal of the trip!

Led by Rabbi Karen and Rabbi Micah Citrin, the trip is being organized by ARZA World, a travel company affiliated with the Reform Movement, that plans Jewish Heritage trips to Israel and around the world.

Watch for photos and more details about their trip in future issues of the Westwood Quarterly Newsletter.

Contributed by Amy Cook

The Westwood Integrated Preschool

Open House and PreSchool Screening dates

The Westwood Public Schools Westwood Public Schools Open House for the 2019-2020 School Year will be held on November 28, 2018 and January 2, 2019 at 9:30AM. Parents are welcome to visit and explore our preschool before registration begins on January 5, 2019.



Why the Westwood Integrated Preschool?

The program offers:

- High quality, developmentally appropriate practices that values play while ensuring school readiness
- Highly qualified and licensed early childhood educators with Master's Degrees
- An Integrated setting that addresses all learning styles
- A modern, high tech, environment with ample resources, accessible space and large fenced in playground
- An opportunity to become a member of the Westwood Public Schools community

Program Options:

Multi-Age Program (3 and 4 year olds) - Full Day Program \$9850

5 days per week: Monday-Friday 9:00 AM to 2:45 PM

4 Year Olds - Full Day Program \$8700 - Year before Kindergarten

4 days per week: Monday, Tuesday, Thursday, Friday 9:00 AM to 2:45 PM

4 Year Olds – Half Day Program \$6000 – Year before Kindergarten

4 days per week: Monday, Tuesday, Thursday, Friday 9:00 AM – 1:00 PM

3 Year Olds - Full Day Program \$8700

4 days per week: Monday, Tuesday, Thursday, Friday 9:00 AM to 2:45 PM

3 Year Olds - Half Day Program \$6000

4 days per week: Monday, Tuesday, Thursday, Friday 9:00 AM – 1:00 PM

To be eligible to attend preschool, your child must be at least 3 years old, and a Westwood resident. Please contact the office for information about the Open House or registration at 781-326-7500 x5113.

Westwood Integrated Preschool

200 Nahatan Street, Westwood, MA 02090 *Director:* Aprile E. Albertelli *Administrative Assistant:* Jeanne Bylsma

Preschool Screening

Massachusetts Special Education Law states that each school district shall conduct screenings for three and four year olds. This screening is designed to review a child's development and to assist in identification of those children who should be referred for an evaluation to determine eligibility for special education services. Participation in the screening is optional.

In accordance with the law, the Westwood Public Schools will conduct screenings of children throughout the school year. The following is the screening date for the 2019 school year. Please call Jeanne Bylsma Administrative Assistant at 781-326-7500, ext. 5113 to schedule an appointment for your child.

Screening Date—Please register at least one month in advance.

February 6, 2019



New Year's Eve Fireworks



Monday, December 31 7:00 PM Westwood High School

Special thanks to our sponsor



Atlas PyroVision Entertainment Group
Westwood Fire Department
Westwood Police Department
Westwood Department of Public Works



MARCH INTO SUMMER

Saturday, March 9

Recreation Department

ALL AGES WELCOME - FREE

10% Discount will be applied for qualifying summer registrations paid in full

- Summer program preview
- Activities
- & MORE!

FULL DETAILS THIS FEBRUARY!





Special edition

Beloved and acclaimed Westwood Artist, Judith Ciardi

The Town wishes everyone to know of the generous bestowal of original paintings from artist Judith Ciardi's Westwood paintings. These paintings depict Westwood scenes that evoke hometown fondness, full of memories, warmth and nostalgia.

Opportunities to view the paintings will be announced soon by the Historical Commission, the caretakers of these new hometown treasures. The pages found between pages 10 and 11 of this Winter edition of the Westwood Community Newsletter are inserted here as a pull out brochure to share with everyone in Town. Enjoy.



Youth & Family Services Department

What We Do

Testwood Youth & Family Services has been supporting and advocating for the children and families in our community since 1986. We are a municipally funded agency providing clinical and supportive services designed to foster the healthy growth of children ages 4-18.

Westwood Youth & Family Services works in close collaboration with town agencies, the Westwood Public Schools, and other community based non-profit groups. Parents and children often contact us because of school-related behavior or academic issues, peer and social problems, child and parent conflict, or other behavioral problems associated with typical child and family development.



Pictured from left to right: Sarah Baroud, Mary Ellen LaRose, Emily Greco, Danielle Sutton, Breann McGee, Stephanie Miller and Nina Banozic

For more information on any of our services including counseling, mentor programs, community programming and other resources please contact us at youth@townhall.westwood.ma.us or (781) 320-1006. If you are interested in joining our Advisory Board please contact us for more details.

Staff of Westwood Youth & Family Services:

Danielle Sutton, LICSW - Director Sarah Baroud, LICSW - Clinical Coordinator Nina Banozic, LICSW – Clinician Stephanie Miller, LCSW - Interim Clinician Emily Greco, Breann McGee - Graduate Interns Mary Ellen LaRose, M.Ed. – Administrative Assistant

LIMITED SPOTS AVAILABLE FOR STRUCTURED PLAY GROUP! Kindergarten/1st Grade

- Thursdays, Feb 14 April 11 at the Islington Community
- Wednesdays March 27 May 22 at the Islington Community Center

2nd/3rd Grade

Tuesdays, March 5 – April 30 at Martha Jones Elementary These 8-week groups are designed to emphasize the development of adaptive social and conflict-resolution skills as well as self-esteem and social confidence. All groups take place 4:00 – 5:00 PM and are free of charge to Westwood residents!

http://www.townhall.westwood.ma.us/yfs/default.htm Contact: Nina Banozic, LICSW at (781) 320-1006 or nbanozic@townhall.westwood.ma.us



Contributed by Mary Ellen LaRose

PHOTO CREDITS: Y&FS



Are you a Westwood Resident Looking for Mental Health Services?

Call the William James College INTERFACE Referral Service 888-244-6843

http://interface.williamjames.edu/community/westwood

Who

Open to All Westwood Residents

What

Referrals to Mental Health Providers and information about local Social Services

When

Available Monday - Friday 9:00 AM - 5:00 PM

What to Expect When You Call:

Call

Speak with a resource and referral counselor about your needs

Connect

Receive information about potential matches within 2 weeks

Care

Follow-up call to make sure you have made a successful match



Funded by:

The Town of Westwood,
The Westwood Public Schools,
Youth & Family Services, Board of Health,
and The Council on Aging





Foundation for Westwood Education

Supporting Our Community

The Foundation for Westwood Education is pleased to announce that on Tuesday, October 30 the Board of Directors voted to award funding to the following grant recipients:

Grant Recipient	Purpose
Westwood Integrated Preschool	To fund an in-school performance of "The Three Little Pigs Build a Better House" by the Crabgrass Puppet Theater, a New England-based theater company specializing in presentations to young children.
Martha Jones Elementary School	To present a cultural enrichment performance by mariachi singer, Veronica Robles.
Deerfield Elementary School	To engage Jacqueline Davies, the author of "The Lemonade War," to present writing sessions to Deerfield's students
Westwood Public Schools	To present its Westwood Parents Speaker Series 2018-2019 initiative which includes programs for parents such as "Teaching our Children to Be Good Digital Citizens: Working together to Prevent Cyberbullying Sexting"; "Limit Setting in the Age of Technology: Effective Strategies for Kindergarten through 8th Grade" and "How to Emotionally Equip Our Kids: Patterns to Foster, Patterns to Watch For, and Why Prevention Works," to name a few.

The Foundation relies upon donations from local residents and businesses to fund its mission to support innovative and meaningful educational and cultural enrichment programs by providing a source of funding that might not otherwise be available.

For information about previous grants funded by the Foundation or to make a tax-deductible donation, please visit our website at www.foundationforwestwoodeducation.org.

Contributed by Courtney Krupinsky

Rotary Breakfast with the Bunny

This time honored tradition will be held on April 7 as the Rotary Club of Westwood hosts this exciting event from 8:30 to 11:00 at the Westwood High School. The bunny and other characters will be there to meet all guests along with face painters



and a musical storyteller. The bunny always carries a basket full of

treats. A great breakfast is provided by our Chef du Jour from Fox Hill Village for all ages. Make this a family photo op or neighborhood outing. Help the Rotary to provide scholarships and the Ryla Conference for students along with a vast number of other programs throughout the community. For further information contact President Helena Drolette at 508.816.7000 or check our website at westwoodrotary.org. New members are always welcome to our meetings at Chiara Bistro on the first and third Tuesdays of the month at 5 pm.

Rotary Shelter Box

Coldwell Banker purchased this home in a shelter box to help 10 people survive the recent disasters worldwide. Pictured are Erica Rice, Coldwell Banker Manager and supporter of the Shelter Box program through Rotary Club of Westwood, Steve Savrann from Shelter Box and Helena Drolette, Club President.



Rotary Means Business was an event sponsored to encourage the business community to come



together to promote their own business. This was speed networking for business. Wegmans at University Station in Westwood sponsored the event through their Holiday Catering Department which was held at the Westwood Library. For future events and membership information consult the club website at www.westwoodrotary.org or the President Helena Drolette at 508-816-7000.



Rotary Clothing Drive

Left: Pictured contributing to the drive is Erica Rice Manager of Coldwell Banker Westwood and Rotarians Dottie Powers and Rebecca Schofield. The collection filled several vans reported Helena Drolette, President. Coordinating the event were Lori Favreau and Laura Macs from Dedham Savings Bank. Circle of Hope, based in Needham, services 21 shelters from Boston to the suburbs. As Rotarians arrived bedding was immediately placed on vans heading to areas of need. For future club projects check the Rotary website at www.westwoodrotary.org, Members are always looking for helping hands at all events.



■ Westwood Public Library

Winter 2018-2019

All library programs are generously sponsored by the Friends of the Westwood Public Library.

Kids' Programs at the MAIN LIBRARY

660 High Street, Westwood, MA 02090 wwdchildrens@gmail.com - (781) 320-1042

The library is for everyone and all children's programs are inclusive. If you have questions about a specific program, please contact Lizzy, the Head of Children's Services, at ehmcgovern@minlib.net to discuss ways ensure our programs are enjoyable for your child.

Please check our website for up-to-date schedule adjustments

For Kids 0-5:

Wiggle & Giggle Storytime: For all ages, no registration. Kids and their caregivers are welcome to come and wiggle and giggle with us as we enjoy music, movement, storytelling, and more!

Tuesdays, 10:30 AM Jan. 8-Feb. 12 and March 5-April 9

Wondrous Wednesdays Storytime: For all ages, no registration. Children and their caregiver are welcome to come listen to stories, songs, rhymes, and more! A short activity will be available for those who wish to stay after storytime.

Wednesdays, 10:30 AM Jan. 9-Feb. 13 and March 6-April 10

Baby Rhyme Time: For babies 0-24 months and a caregiver. Come enjoy the magic of rhymes and music with your little one! Lizzy will lead everyone in traditional rhymes and music as well as wonderful new favorites!

Fridays, 10:30 AM Jan. 11-Feb. 15 and March 8-April 12

Saturday Storytimes: All ages, no registration. Kids and their parents/caregivers are welcomed to come hear stories, rhymes, and songs!

Select Saturdays: Jan. 26, Feb. 23, March 23, April 13, and May 11 @ 10:30 – 11 AM

Winter Sing-Along: For families with young children, no registration. Come listen and sing along to favorite winter rhyme and songs! You may even hear a story or two!

Tuesday, December 18 @ 10:30 AM

Storybook Treasures: For preschool aged children and parent/caregiver. Come to the library to watch gently animated and narrated versions of favorite picture books on film!

Wednesday, December 19 @ 10:30 AM

School Aged Kids:

Mother-Daughter Book Club: For kids in grades 3-5 and a female adult. Share your enthusiasm for reading with other book lovers and join us for a lively discussion, a game of Pictionary, snacks, and fun! Books will be available at the Children's ASK! Desk. Email Lizzy at ehmcgovern@minlib.net for more info.

Tuesdays, Jan. 8, Feb. 12, March 12, April 19 @ 6:30 PM

*Creative Kids: For Kindergarten and 1st graders, registration required. Children will have lots of fun as they participate in creative dramatics and arts & crafts activities.

Thursdays @ 4 – 4:45 *Registration Required

January 3-Feb 14 (No Creative Kids on Feb 7) and March 7-April 11

*Books and Bites: For kids in 2nd and 3rd grade. Who loves books?! Who loves snacks?! Who loves book-themed snacks?! Each month 2nd and 3rd graders will read a chosen book and participate in discussion, activities, and themed snacks. Email Kristy at Kpasquariello@minlib.net for more info.

*Registration Required Fridays, Dec. 14, Jan. 4, Feb. 1, March 1, April 5, May 3 @ 4:00PM

*Read to a Dog: Children in grades K-4 can sign up for a 15-minute "appointment" to read aloud to a certified therapy dog. Families and siblings wait outside, while the child gets valuable one on one time with a furry companion. Sign up starting two weeks before the program, at the children's desk or on the phone.

*Registration Required Select Saturdays, Jan. 12, Feb. 9, March 16, April 27, and May 18 @ 10:30-11:30AM

Harry Potter Night: Kids in grades K & up, registration required. Come celebrate the magical beasts of the Harry Potter Universe! We will have Harry Potter activities, and trivia and costume contests. Due to the popularity and building occupancy codes, this program pre-registration is required and the event will be ticketed.

Thursday, February 7 @ 6:30 - 8:30 PM

December Break:

Snowman Craft Making: All ages, no registration. Join us for a morning of drop-in winter crafts. There will be a finite number of crafts and will be available until they run out.

Wednesday, December 26 @ 2 - 5 PM

Winter Movie: Join us for a cozy afternoon family movie. Bring a blanket and snack and enjoy the afternoon at the library. (Please call the library for movie title).

Thursday, December 27 @ 2PM

Continued on next page

Continued from previous page—December Break Programs

Wingmasters: For kids in grades K and up. Join us at the main library to learn all about Owls and Raptors and get to see and meet these real LIVE birds of prey!

Friday, December 28 @ 11AM

Kids' Islington Library Scavenger Hunt: Are you up for an epic game of I-Spy? Then join us at the branch library for a children's scavenger

Wednesday at 6:30-7:30 PM and Thursday at 10AM-12PM @ Islington Branch

Kids' Programs at the **Islington Branch**

280 Washington Street, Westwood, MA 02090 To register, please call: (781) 326-5914

Storytime: For kids ages 2 & up. Children will participate in stories, songs, films, and crafts.

Thursdays, Jan 11-Feb 15 @ 9:30 - 10:15 AM

PJ Storytime: For kids ages 3 & up. Children can come to the Islington Branch in their PJs with a favorite stuffed animal to hear stories and songs.

3rd Wednesday of the Month @ 6:30 - 7:15 PM January 16, February 20, March 20

LEGO-mania: Kids in grades K & up. Come and build with library LEGOs!

Tuesdays, 3:45 - 4:45 PM January-March

Teen Programs at the Main Library

660 High Street, Westwood, MA 02090 wwdmail1@minlib.net - (781) 320-1045

YAB: For tweens/teens in grades 6-12. Join the new and improved YAB (Youth Advisory Board)! Yabbers will work with Lizzy and Molly to revamp the Teen Department at the Westwood Public Library by planning events, picking out books, movies and games for the YA collection, and decorating the teen space. Registration is required- email Lizzy (ehmcgovern@minlib.net) to sign-up, or call 781-320-1045. YAB will meet the second Wednesday of every month.

Wednesday, Jan 10, Feb 14, Mar 14, Apr 11 @ 7:00PM

Fri-Yay! For tweens/teens in grades 6-12. Come hang out with your friends in a relaxed informal setting. Eat, play video or board games, listen to music and catch up on new movies and books.

Fridays @ 3:00PM



Continued from previous column—Teen Programs

Teen Book Club: For kids in grades 6-8, no registration. Take a break from homework and join Lizzy to talk about books and enjoy snacks! Books will be available at the library. Have a question? Email Lizzy at ehmcgovern@minlib.net for more information.

2nd Early Release Wednesday of the month, December 5, January 9, February 6, March 13, April 10, May 8 @ 1:30 PM

VOLUNteens: For grades 6 -8. Requires application and registration. Interested in volunteering at the library? Want to become a member of library Team Reads? Join us every first Wednesday night of the month for a library volunteer project. Typical activities may include: Sorting and shelving library materials, adopt a shelf program, assisting with special projects and producing materials for library programs, miscellaneous work, and special event programs (i.e. Westwood Day and Harry Potter Night). Make a difference at the library! (If interested in joining, please email Lizzy to be on the waitlist @ ehmcgovern@minlib.net).

Wednesdays @ 6:30pm-8:30pm, January 16, February 13, March 13

Harry Potter Night: Kids in grades K & up, registration required. Come celebrate the magical beasts of the Harry Potter Universe! We will have Harry Potter activities, and trivia and costume contests. Due to the popularity and building occupancy codes, this program pre-registration is required and the event will be ticketed.

Thursday, February 1 @ 6:30 - 8:30 PM

Ugly Sweater Party: Tweens/teens in middle school. Join Lizzy for an Ugly Sweater party! Wear an ugly sweater or shirt and drink hot chocolate and have indoor snowball fight and enjoy other activities of the season.

Wednesday, December 19th 2:00pm

Adult Programs at the Main Library 660 High Street, Westwood, MA 02090 wwdmail1@minlib.net - (781) 320-1 045

Please check website for up-to-date schedule adjustments

Author Event: Edwin Hill & LITTLE COMFORT: In a brilliantly twisted debut set among Boston's elite, Edwin



Hill introduces unforgettable sleuth Hester Thursby—and a missing persons case that uncovers a trail of vicious murder. Publisher's Weekly, in a starred review says, "an increasingly tense plot and striking characters—in particular, compassionate, conflicted, loving Hestermake Little Comfort a standout." A second Hester Thursby Mystery will follow in 2019. Copies of the book will be available N HILL for purchase and signing courtesy of Haley

Booksellers. This event is generously sponsored by the Friends of the Westwood Library.

Main Library: Saturday, Jan. 26 @ 2:00 PM

Continued from previous page—Adult Programs

Black History Month Film Series: In honor of Black History Month, the Main Library will screen a month-long film series. Join us every Wednesday in February at 6:30 PM to celebrate Black history and culture. Films TBA- check our website for details. Snacks will be provided, and all are welcome.

Main Library: Wednesdays @ 6:30 PM Feb. 6, Feb. 13, Feb. 20 and Feb. 27

Author Event: Yvonne Daley & *GOING UP THE COUNTRY:* WHEN THE HIPPIES, DREAMERS, FREAKS AND RADICALS MOVED TO VERMONT: The sixth book by a former longtime Rutland Herald and Boston Globe reporter, GOING UP THE COUNTRY is part oral history, part nostalgia-tinged

narrative, and part clear-eyed analysis of the multifaceted phenomena collectively referred to as the counterculture movement in Vermont. This is the story of how young migrants, largely from the cities and suburbs of New York and Massachusetts, turned their backs on the establishment of the 1950s and moved to the backwoods of rural Vermont, spawning a revolution in lifestyle, politics, sexuality, and business practices that would have a profound impact on both the state and the nation.



The movement brought hippies, back-to-the-landers, political radicals, sexual libertines, and utopians to a previously conservative state and led us to today's farm to table way of life, environmental consciousness, and progressive politics. Copies of the book will be available for purchase and signing courtesy of Haley Booksellers. This event is generously sponsored by the Friends of the Westwood Library.

Main Library: Saturday, Feb. 9 @ 2:00 PM

Book Buzz Panel: Librarian's favorite reads! Join us for a night of book talks. The Westwood librarians will share some of their favorite titles. We will have copies of the books to check out. Bring a friend, get a list of books to read and enjoy the company.

Main Library: Thursday, Jan. 31 and Thursday, March 28 @ 7:00 PM

Women in World Jazz Concert: Come to this free musical concert featuring an international ensemble of all-female performers showcasing music from around the world. The concert features musical styles from Cuba's cha to Cape Verde's Coladeira as well as songs from Israel, Brazil and Japan, mixed in with jazz favorites. The ensemble's goal is to give the audience a taste of different cultures from around the globe through the expression of music and dance. All are welcome!

Main Library: Saturday, March 2 @ 2:00 PM

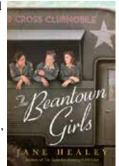
Author Event: Jane Healey and *THE BEANTOWN GIRLS*: From the author of *The Saturday Evening Girls Club* comes a new novel of love, courage, and danger unfolding as World War II's brightest heroines—the best of friends—take on the front lines.

1944: Fiona Denning has her entire future planned out. She'll work in city hall, marry her fiancé when he returns from the war, and settle down in the Boston suburbs. But when her fiancé is reported missing after being shot down in Germany, Fiona's

Continued from previous column—Adult Programs

long-held plans are shattered. Determined to learn her fiancé's fate, Fiona leaves Boston to volunteer overseas as a Red Cross Clubmobile girl, recruiting her two best friends to come along.

Chosen for their inner strength and outer charm, the trio isn't prepared for the daunting challenges of war. But through it all come new friendships and romances, unforeseen dangers, and unexpected dreams. As the three friends begin to understand the real reasons they all



came to the front, their courage and camaraderie will see them through some of the best and worst times of their lives. Copies of the book will be available for purchase and signing courtesy of Haley Booksellers. This event is generously sponsored by the Friends of the Westwood Library

Main Library: Wednesday, April 10 @ 7:00 PM

Great Decisions with Tina McCusker: Great Decisions is America's largest discussion program on world affairs. The program model involves reading an article about a particular global issue, watching the DVD & meeting in a Discussion Group to discuss the most critical global issues facing America today. Copies of articles are available at both the Main Library & the Islington Branch. Dates and topics TBA- check our website, or email TMcCusker@minlib.net.

Main Library: Select Thursdays at 7:00 PM

Friday Morning Book Club: Read the book, join the conversation! Books will be available at the Main Library at the Circulation Desk and at the Islington Branch Library. Are you a new member interested in coming? Send Molly an email at mriportella@minlib.net.

Main Library: Fridays @ 10:30 AM Jan. 18, Feb. 22, April 5

*Individual Computer Classes: Register for a 40 minute appointment with Kristen. To sign-up call 781-320-1045 or stop by the Information Desk on the 2nd Floor.

Main Library: Mondays, beginning at 2:30 PM *Registration Required

Technology Help Drop-in: Do you have a new laptop, tablet or e-reader, and are looking for a little help getting started? Have you heard about getting free e-books, audio books, TV shows & movies from the library, and want to learn more? Or do you want to learn a new language at home at no cost? Grab your device & come to our Technology Help Drop-in! No registration is required, but be sure to bring your device, your library card, and any passwords or other information that might help get you hooked up!

Main Library: Mondays at 6:00 PM

Westwood Library Quilters: Bring your hand or machine quilting projects to work on in the friendly company of other local quilters. Show and tell is encouraged! An iron, ironing pad, cutting mats, and cutting tools will be available. No registration required.

Main Library: Mondays at 6:30 PM Jan. 28, Feb. 25, March 18, April 29

Continued on next page

Continued from previous page-Adult Programs

YA for Adult Book Club: You're never too old for YA! Join like-minded adults to discuss these fine specimens of Young Adult literature! We'll have laughs, we'll have tears, we'll enjoy all the delicious angst without ever having to step inside a high school. Please join us for an excellent literary time! Email Lizzy at ehmcgovern@Minlib.net and let her know you're coming!

Tuesdays Jan 15, Feb 12th, March 12th @ 7PM @ Chiara Bistro in Westwood

Adult Programs at the Islington Branch

280 Washington Street, Westwood, MA 02090 wwdmail2@minlib.net- (781) 326-5914

Please check website for up-to-date schedule adjustments

Islington Branch Historical Fiction Book Group: Join us at the Branch to discuss some great historical fiction.

Tuesday, January 8 @ 10 AM Calling Me Home by Julie Kibler February & March to be determined DROP IN PROGRAM

Islington Branch Book Group: Join us at the Branch to discuss the following titles!

Wednesday, January 9 @ 6:30 pm
The War that Saved my Life
by Kimberly Brubaker Bradley
Wednesday, February 13 @ 6:30 pm
Pachinko by Min Jin Lee
Wednesday, March 13 @ 6:30 pm
Educated by Tara Westover
DROP IN PROGRAM

Sit and Knit: Join us for a morning of knitting, crocheting, needlepointing, cross stitching or hand quilting. Bring your own projects and supplies with you. Sit and knit while enjoying the comfort of the Branch and check out a new craft book, cozy mystery, or a knitting magazine.

Thursdays, 10:30am-12:00pm DROP IN PROGRAM

All Library Programs are Free and are generously supported by the Friends of Westwood Library. Registration begins one month prior to program start date. For additional programs and further information, please call the Main Library Children's Department at 781-320-1042, the Main Library Adult Services Department at 781-320-1045, or the Islington Branch at 781-326-5914 or visit the web site at www.westwoodlibrary.org



Westwood Public Library

Westwood Reads 2019

January 2019 marks the 100th anniversary of the Boston Molasses Flood, an event which occurred on January 15, 1919 in Boston's North End. Three books have been selected as "Westwood Reads" to accompany a variety of programming which the Library will be developing around this topic.

Titles selected:

For adult readers: *Dark Tide* by Stephen Puleo For younger readers: *Joshua's Song* by Joan Hiatt Harlow For the youngest readers: *Molasses Flood* by Blair Lent.

The kick-off for Westwood Reads will take place on Friday, January 25th, when author Stephen Puleo, who is widely acknowledged and celebrated as the author of the book DARK TIDE, joins us at the Library at 1:30 pm. Sponsors of the program include the Friends of the Westwood Public Library and the Friends of the Council on Aging.!

Contributed by Tricia Perry

Community Newsletter Stories Welcomed!

The *next* quarterly newsletter is due to be delivered to homes on or about *March 15*, 2019. Articles will be considered on a first come, first served basis. The articles should feature a community theme and connection to Westwood.

If you want a story to be considered for the next

Westwood Community Newsletter, please submit your article(s) by

February 1, 2019 to our email:

newsletter@townhall.westwood.ma.us



Snow and Ice

The Department of Public Works is prepared for the upcoming winter. All equipment and materials are ready for the first flakes. As we finalize all of our preparations, we would like to send a few reminders that are helpful to ensure we provide the most efficient and effective service to the community.

- Please remove all portable basketball hoops or any other objects within the town layout. It is always helpful for residents to put out plow markers for any areas of concern.
- Refer to the Town Snow Policy, on the DPW website, with any questions.
- Please abide by the Snow Bylaw copied below. Remind any private contractors working for you of this bylaw.

No person shall lay, throw, place or cause to be placed any snow or ice on any paved Town street or sidewalk so as to create a hazardous condition or public safety concern. If, after having received notice from a duly authorized agent of the Town that such a condition exists, the owner of the property from which the snow or ice was removed (or his agent having charged thereof) fails to correct the condition within a reasonable amount of time, the owner or agent shall be deemed to be in violation of this Bylaw. Violation of this section shall be punished by a fine of Three Hundred Dollars (\$300.00) or any cost incurred by the Town as a result of said violation or both.

- Refrain from parking on the streets and follow all parking bans during snow and ice events.
- Refer to the DPW website for any updates as well as any potential impact to trash and recycling during events.

Contributed by Todd Korchin

Westwood Early Childhood Council

Social-Emotional Learning Curriculum for Preschoolers



Thanks to a generous grant from the Foundation for Westwood Education, funding has been provided for 7 local preschool programs to implement Second Step, an evidence-based, formalized, social-emotional learning curriculum.

What is Social-Emotional Learning?

Social-emotional learning (SEL) is the process through which children can better understand, manage, and express emotions and empathy, develop positive relationships, and make responsible decisions.

Why focus on SEL?

Last year, the Westwood Early Childhood Council (WECC) conducted a community-wide needs assessment. Based on feedback from parents and early educators, social-emotional learning was identified as an area of need. As a result, WECC partnered with the Preschool Director Network to address the social-emotional needs of children in Westwood by investing in the Second Step Curriculum. SEL curricula teach children techniques that help them gain confidence, set and achieve positive goals, collaborate well, and navigate the world more effectively—adding a highly valuable dimension to education in the classroom.

What is Second Step Curriculum?

Second Step is a program rooted in SEL that helps transform schools into supportive, successful learning environments; uniquely equipped to encourage children to thrive. Second Step's holistic approach helps create a more empathetic society by providing early educators, families, and the larger community with tools to enable them to take an active role in the social-emotional growth of children.



Educators training in the SEL process.

Second Step's Social-Emotional Skills for Early Learning curriculum, designed specifically for early learning environments, includes weekly themes, made up of short, daily activities to be taught throughout the week; teaching children skills such as self-regulation and focusing attention. Units throughout the year include: skills for learning, empathy, emotion management, friendship skills, problem solving, and transitioning to kindergarten. Second Step is intended as a sustainable program that will build capacity for years to come.

Who is implementing the curriculum?

Seven local preschools were trained in September, and began implementing the curriculum in October. The programs include MMO Nursery, St. John's Nursery, Westwood Montessori, Westwood Nursery, Westwood Public Integrated, Tobin School Westwood, and Westwood Children's School.

Contributed by Kate Scales





Above and left: Educators are implementing SEL curricula to teach skills to children. Children are pictured immersed in activities.



WESTWOOD PUBLIC SCHOOLS

Honoring Tradition • Inspiring Excellence • Shaping the Future • Creating Opportunity

FROM THE SUPERINTENDENT AND SCHOOL COMMITTEE

Dear Westwood Families,

December 2018

At last spring's town meeting, Westwood residents supported the School Department's efforts to address our capital needs by appropriating funds for a school building project Feasibility Study. We want to update you on our progress and draw your attention to next steps.

As you know, Westwood is on track to receive significant funding from the Massachusetts School Building Authority (MSBA) to help us address the needs of some of our older facilities and offer our students a state-of-the-art educational experience. Communities that are invited into the MSBA process are eligible to receive partial reimbursement for school building projects within certain parameters.

We are currently in the first phase of a multi-step process and are on schedule to request advancement to the next phase of the process—the Feasibility Study—in February 2019. The Feasibility Study is where potential projects are evaluated and a detailed plan for the size, scope and cost of our project is formalized.

Over the last several months, the District has provided the MSBA with required information and data to assess our community's needs and determine what falls within the MSBA's budget. In November,

representatives from the School Department and from Town Hall had an initial meeting with representatives from MSBA to hear the MSBA's analysis of that information and to understand further the parameters around the MSBA's reimbursement.

As a result of that meeting, we are currently comparing the MSBA's enrollment projections with information we have from enrollment studies commissioned by the School Department. Though the overall District enrollment has remained fairly stable over the last 10 years, our community is once again growing, a fact that will need to be considered as we move forward.

We should make clear that it is unlikely that any one building project can address all of our facility needs. However, we want to ensure that the options examined during the Feasibility Study result in a solution that addresses as many current needs as possible, maximizes the financial assistance we receive from the state, and leaves us well positioned for the future.

Once we move into the Feasibility Study, we will be holding community forums to gather input and identify the criteria that are important to any future school building. When we understand the community's vision, we can use that vision to develop the most cost-effective and educationally appropriate recommendations

"We want to ensure that the options examined during the Feasibility Study result in a solution that addresses as many current needs as possible, maximizes the financial assistance we receive from the state, and leaves us well positioned for the future."

with the MSBA. The timeline we are currently following will give us completed school building designs in 2020, allow us to begin construction in 2021, and provide us with a completed project in 2023.

Westwood is entering an exciting phase in our future planning and we look forward to engaging with the community to continue providing the highest quality education. We encourage you to stay informed of



WESTWOOD PUBLIC SCHOOLS

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our progress. We will provide updates on our work with the MSBA at our monthly School Committee meetings. In addition, on the District website (www. westwood.k12.ma.us), you will find a page dedicated to updating the community throughout this process: from the district home page, click the "Elementary Building Project" link under the "District" menu.

We are excited to move forward with this project and we thank you for your continued interest and participation.

Sincerely,

Emily J. ParksSuperintendent of Schools

Charles DonahueWestwood School
Committee Chair

Westwood Teachers Collaborate, Gain Strategies Through District's Internal Professional Development

Just like their students, teachers look forward to summer for a much-needed break from the grind of the school year. But rather than shun learning until September, once they've had some time to relax and recharge, many teachers eagerly turn to professional development (PD) opportunities. The Westwood School District proudly supports its educators by offering free summer PD courses with a unique model: teachers teaching teachers.

"Believe it or not, we don't often get to talk to each other about teaching," said **Claire Dorman**, a special educator with the Sheehan School. "This program allows us to connect with colleagues, collaborate, and learn together." Dorman also runs the district-wide program for students with social-emotional disabilities and taught Developing a Classroom that Supports Social Emotional Learning this summer.

"It's a great opportunity to get together across schools in the same district and share our common experiences and knowledge in a context specific to our issues, goals, and student population," said **Sarah Waterman**, who teaches 4th grade at the Deerfield

School and co-taught Increasing Student Engagement in Math for ALL Learners with Deerfield K-5 Math Specialist **Julie Galante**.

That course was inspired by challenges Waterman faced last year. "I had a wide-ranging student population and sometimes struggled to keep them all engaged," Waterman said. She told Galante, who recommended the book, *Routines for Reasoning:* Fostering the Mathematical Practices in All Students. The course snowballed from there.

Terese Hardy, a 2nd grade teacher at Deerfield who took the course, loves teaching math and understands the difficulty of accommodating learners of different abilities. "The best thing about the routines we learned is that they give all children the chance to succeed. They come at children at their own level of understanding with a focus on the thinking first, not the right answer."

Hardy and others who took the district's summer PD courses emphasized how invaluable the high-quality, no-cost professional development options are. Another benefit they cited is the timing.

"Because it was summer, I could delve deep, pull together the resources and tools I wanted to bring back to my classroom, and even make slideshows that I'm already using with my students just a week into the school year," said Hardy.

Jill Luskin, a 3rd grade teacher who took Dorman's course, is also implementing new strategies. "I've always incorporated mindfulness in my classroom, but now I'm trying a new tactic—a morning routine designed to help my students slow down and center themselves to prepare for learning."

For the final project in Dorman's class, teachers selected one new tactic to apply in September and October. A continuing online component of the course requires the teacher-students to reflect, evaluate, and adjust the strategy they chose.

"Social-emotional learning needs to be part of the culture of the classroom, and each teacher needs to find which tools fit his or her teaching style. It has to be authentic, or it won't work," Dorman said. "My goal was to give teachers some new ideas, make their toolboxes a little bigger." And that's exactly what the district wants its summer PD offerings to do.

This Winter in Westwood 580 High Street Westwood, MA 02090

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Contact List for Town Services Departments



Main number for Town of Westwood: 781-326-6450

Accounting/Accounts Payable: 781-320-1020

Alcohol Licensing: 781-767-6344 Animal Control: 781-320-1000 Assessor's Office: 781-326-1904 Building Department: 781-320-1091 Cemetery Services: 781-320-1037

Community & Economic Development: 781-251-2595

Conservation Commission: 781-251-2580

Council on Aging: 781-329-8799

Dedham Westwood Water District: 781-329-7090 Department of Public Works: 781-326-8661 Finance & Warrant Commission: 781-314-1994

Finance Director: 781-320-1010 Fire Non-Emergency: 781-326-3885 Health Department: 781-320-1027

Housing Authority (WAHA):781-320-1031

Housing Agent: 781-251-2598 **Human Resources**: 781-320-1025 **Information Systems**: 781-320-1021

Library: Main: 781-326-7562

Library, Islington Branch: 781-326-5914

Mosquito Control: 781-762-3681 **Planning Board**: 781-251-2581

Police Dept. Non- Emergency: 781-320-1000 **Purchasing/ Procurement**: 781-320-1073

Public Health Nurse: 781-251-2576 Recreation Dept.: 781-461-0070 Registrar of Voters: 781-326-3964

School Dept.:781-326-7500

Sewer Dept.:781-251-2589

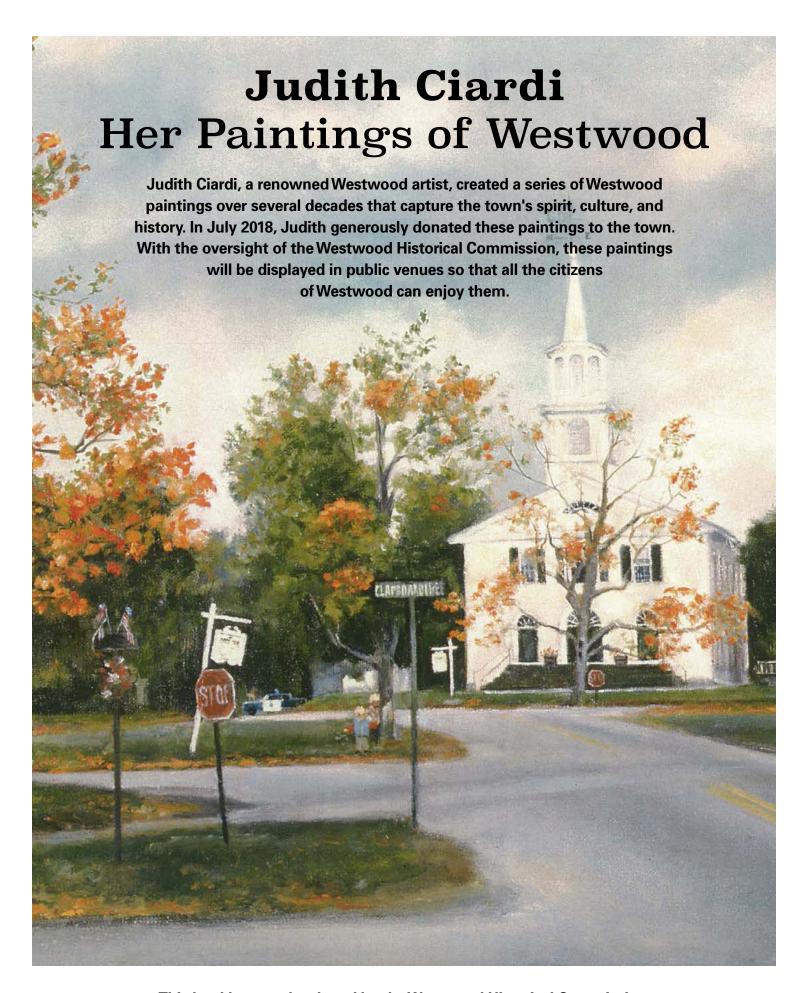
Selectmen's Office: 781-326-4172 Town Administrator: 781-326-4172

Tax Collectors Office: 781-320-1014 or 781-320-1015

Town Counsel: 781-251-2579 Trash & Recycling: 781-251-2587 Treasurer's Office: 781-326-4962

Veterans services Office: 781-320-1008 Waste Management: 800-972-4545 Youth & Family Services: 781-320-1006 Zoning Board of Appeals: 781-251-2598





This booklet was developed by the Westwood Historical Commission.



Judith A. Ciardi

Judith A. Ciardi is a native of Boston, Massachusetts, a longtime resident of Westwood, Massachusetts, and currently resides in Wakefield, New Hampshire.

She is a graduate of South Boston High School Class of 1958 and the recipient of a scholarship to the Vesper George School of Art, Hallmark Awards, several Gold Keys and Honorable Mentions.

In the mid-seventies with her three children approaching independence, Judith again took up the brush, using the work of Norman Rockwell and George Durea as a guide in the further development of her technique.

Judith has displayed in the Greater Boston area for several years. She has been privileged to present her oil studies in person to Boston Celtic greats Robert Parish and M.L. Carr, as well as Boston Bruin legend Terry O'Reilly. She is proud to have her work on display in their homes.

Her collection of Westwood paintings capture iconic homes, churches, municipal buildings, and children at play (inspired by her grandchildren).

In July 2018, Judith generously donated her collection of Westwood paintings to the Town of Westwood. The Westwood Historical Commission will oversee the care, custody, and control of the paintings. The Commission plans to exhibit the paintings in Westwood public venues so that the citizens of the town can enjoy them.

Our thanks to Judith for her very kind and generous gift.



This painting captures Islington Center at the intersection of Washington and East Streets. The Islington Community Church, a familiar landmark, stands prominently at the corner of East Street. The old Fire Station (shown here) was replaced and the new Islington Fire Station was opened on October 11, 2017. The Islington Barber Shop building is scheduled to be demolished in the near future.

Moving Day — First Baptist Church



The First Baptist Church was located on the triangle of land between Church, Pond, and High Street. On April 20, 1989, the church was jacked up on wheels and moved to its current location at 808 High Street.

Colburn School



Located in the heart of Westwood's historic downtown area, the Colburn School has been a vital part of the community for more than a century. The painting captures the Colburn School in its original location at 660 High Street. The building is now located at 670 High Street facing the new library.

First Parish Church



One of Westwood's most picturesque buildings, the First Parish Church has been situated at the juncture of Nahatan and Clapboardtree Streets since 1840.

High Street Market



The High Street Market has been a longtime Westwood Center icon. It was owned and operated by Matt Folan (shown in the painting) for many years.

High Street Mobil Gas Station



The Mobil Gas Station, located at 710 High Street, has served the town of Westwood for many years. The Colburn School is seen just behind the red building that was once Robin Hood's Barn and later Johnny Appleseed's. The store in the middle is now a realty firm. The red brick building on the right was the Westwood Hardware store.

Daniel Parker House



The house at 823 High Street was built in 1830 by Daniel Parker who lived there until the 1890s. The signage on the left suggests this was painted from the vantage point of the driveway of the Baptist Church on High Street.

Houses on High Street



These houses on High Street (751 – 765) were built between 1830 and 1840. The original owners included Lowell Parker, Elijah Wheelock, and Joseph Fisher.

Kellner House on High Street



The elaborate Victorian style house located at 524 High Street was built in 1885.

Buckmaster Pond



A beautiful town resource named after John Buckmaster, an early settler who died in 1752. The pond appears in historical records as early as 1827, when it was used for baptisms.

IGA on Pond Street



This painting captures two buildings on Pond Street – the IGA Grocery Store at 307 Pond Street and the Samuel French House at 311 Pond Street. Both buildings were demolished in 2017.

Westwood Town Hall

Westwood's Classical Revival Town Hall, located at 580 High Street, was dedicated on September 27, 1911. For more than 100 years, the building has housed town offices. The old Police Station (shown here) was replaced and the new Police Station was opened on September 20, 2018.

Westwood Centennial – Michela Holding the Flag



In 1997, Westwood (formerly known as West Dedham) celebrated its centennial. The painting captures Michela Kippenberger, granddaughter of Judith Ciardi, holding the centennial flag.

Pie in the Pants Contest



The Pie in the Pants contest was a part of the Old Westwood Fair, a predecessor to the current Westwood Day celebration. Three boys - John, Chris, and Steve - are portrayed in the painting. Steve is the son of Town Administrator, Mike Jaillet.