

# WESTWOOD

# A COMMUNITY NEWSLETTER

# A Green Community Once Again

2016-2017 Projects Continue to Save Energy and Costs

### **Green Community Grant Projects**

In 2016, the Town of Westwood was awarded a \$210,142 grant by the Massachusetts Department of Energy Resources (DOER). This grant was supplemented by approximately \$100,000 in incentives by Eversource. All of these monies were used to fund four projects at the Downey and Martha Jones elementary schools and at the Senior Center. The Town has now completed these four projects.

New building controls were installed at the Downey Elementary
School which will allow improved and more precise heating and
cooling controls with a monthly report generated identifying deficiencies in the systems. This update is expected to generate annual savings of approximately \$6,000.

In 2015-16, the technology. This technology. This Savings, reduced maintenance, improved intrastructure, reduced green house gas

of approximately \$6,000.

LED Lighting upgrades were completed at power and Martha Jones elementary schools as well as the Senior Center. Older lighting systems were converted to LED technology with built-in fixture controls which include occupancy sensors, daylight harvesting, and automated on/off capabilities. Overall the lighting upgrades at these three buildings will result in approximately \$17,000 in annual savings.

Intrastructure, reduced green house gas emissions.

This is expected approximately \$200 conversions approximately \$200 conversions will result in approximately \$17,000 in annual savings.

All of these projects were accomplished with no significant financial outlays from the Town. Additionally, these projects will now generate operational savings for the Town in excess of \$23,000 annually as well as reduced maintenance and improved infrastructure at these facilities.



Lighting Upgrades at Downey Elementary School Gymnasium

## **Westwood Solar Project**

The Town of Westwood will complete a Solar Project that will include the installation of roof solar panels. Phase One of this effort involved installing roof panels on four Schools, namely Westwood High School, Thurston Middle School and the Downey and Martha Jones Elementary schools. The installations will generate 754,000 kWh of electricity, with an annual savings of approximately \$100,000. Phase One should be fully operational by the end of April 2017.

Phase Two will include expanding the Solar Project to Municipal Buildings, possible open ground areas and parking canopies at various Town parking facilities. Estimated implementation of Phase Two is to be determined. It is expected that Phase Two will be of similar size as Phase One and will generated comparable savings. These two projects will make major contributions to Green House Gas emission reductions in the State. Again, the projects were installed under contract to Ameresco of Framingham at no cost to the Town.

# **Conversion of Decorative Street Lights** to LED

In 2015-16, the Town converted its standard street lights to LED technology. This conversion was completed with a Green

Community Grant, incentives from Eversource and
Town funds. Now the Town has completed the
conversion of all its decorative street lights
to LED. This conversion is being done at
Town expense and with Eversource incentives.

This conversion plus the conversion of the standard lights is expected to result in annual savings to the Town of approximately \$30,000.

**Conversion of High School Parking Lot Fixtures to LED** 

The Town has started converting all lights in the High School parking lot to LED. This conversion is being done at Town expense and with Eversource incentives. The conversion should be finished by spring and is expected to result in annual savings of approximately 50% of current consumption for the Town.

#### **Electric Cars**

The Town of Westwood completed the purchase of its first two electric cars in August 2016. These vehicles are for use within the Community and Economic Development Department, which includes the Planning Department and the Board of Health. The electric cars were secured with town funds, as well as a grant obtained through Mass DOER. A charging station has also been installed, with designated parking spots at the Department of Public Works Building on Carby Street.

#### One last note

DOER and Eversource helped both technically and financially with all of the energy conservation projects. They were valuable

partners to the Town in supporting our goals to continue as a Green Community.



Solar Panels at Downey Elementary School

Contributed by Tom Philbin

# Did You Know...

#### Westwood Board of Health Summer Camps

**Did You Know...** that the Westwood Board of Health inspects and licenses summer camps held in Westwood? Summer will soon be here and families are in the process of choosing summer programs for their children. The Health Department would like to inform parents that summer camps, including day, residential, sports, travel and trip camps, are governed by 105 CMR 430.000 of the State Sanitary Code, Chapter IV, Minimum Sanitation Standards for Recreational Camps for Children.

In order to protect campers and ensure that they have a fun, safe experience, camp operators are required to do the following:

- Conduct criminal background checks on all staff and volunteers;
- Hire a health care consultant to approve a medical plan and standing orders;
- Hire a health supervisor who is overseen by the health care consultant, to care for injured or ill campers and staff, to dispense medication, to follow the approved medical plan and to review camper and staff medical records;
- Hire enough staff to ensure proper ratios of campers to staff;
- In programs with high-risk activities, such as swimming, boating or horseback riding, the camp has to ensure that all staff is trained appropriately and that all precautions have been taken;
- Provide written policies on discipline, abuse and neglect, disaster, lost swimmer, lost camper, transportation, care of mildly ill or injured campers, to name a few.

If you would like more information regarding summer camps, please contact Health Director Linda Shea at the Westwood Health Department at lshea@townhall.westwood.ma.us. The goal of the Health Department is to ensure a safe summer for all.

Contributed by Linda Shea

#### Westwood Fire Department Even in Westwood

**Did You Know...**Several neighborhoods in Westwood have been identified as presenting a significant wildfire risk due to drought, topography and an over-abundance of vegetation. Join the Westwood Fire Department on Saturday, May 6, 2017 for **Wildfire Community Preparedness Day!** 

Commit a couple of hours, or the entire day, and watch as your actions positively contribute to reducing Westwood's wildfire risk. Your efforts will help raise wildfire awareness, promote collaboration and bring neighbors together to work on projects that can help protect homes, neighborhoods and entire communities from wildfire risk.

These four simple tips can significantly reduce the risk of wildfire:

- Rake and remove pine needles and dry leaves within a minimum of 3 to 5 feet of a home's foundation. As time permits, continue up to a 30-foot distance around the home. Dispose of collected debris in appropriate trash receptacles.
- Remove leaves and other debris from roofs and gutters.
- Collect downed tree limbs and broken branches and take them to a disposal site.
- Join forces with neighbors and pool your resources to pay for a chipper service to remove brush.

Please contact us at 781-767-6351 or wfpubliceducation@town .westwood.ma.us to learn about the wildfire danger in your neighborhood and to learn more about the 2017 Wildfire Community Preparedness Day!

Contributed by Christine McCarthy

#### Westwood Sewer Department Special Bill

**Did You Know...** the Dedham-Westwood Water District recently adjusted their billing cycle? As you are aware, your sewer bill is based on your water consumption. Since the Water District has changed their billing into a monthly cycle we are now able to become more current with our sewer bills. This improvement will lead to better matching the usage periods, improve any final billing, and better handle any overall adjustments to your bill regarding your usage.

The Westwood Sewer Department will be sending out a onetime bill to bring our accounting system up to a more current usage period. You should have received the March 2017 Sewer Usage bill for the period of September to November 2016. In April, you will receive a onetime bill for one or two months (December and/or January). This onetime bill will be for usage only and will *not* include the flat quarterly charge. Going forward the billing periods will be:

- June Billing: February to April usage
- September Billing: May to July usage
- December Billing: August to October usage
- March Billing: November to January usage

If you have any questions regarding this onetime special bill, please contact the Sewer Department (781-251-2589).

Contributed by Cindy Barenthaler and Laura Fiske

# Westwood Board of Health Mosquitoes-No Spray Notification Information-Aerial Larvicide Applications

**Did You Know...** that it is time to plan for mosquito control for 2017? As you know mosquito spraying is conducted by the Norfolk County Mosquito Control District in the summer months by request only, weather permitting. However, if you do not want your property sprayed you must now use an on-line form that is currently under development by the Department of Agriculture, which has changed the pesticide exclusion regulations.

In addition, requests for exclusions **will no longer be going to** Town Clerks or Norfolk County Mosquito Control. The requests will be directly made through an online form at the Department of Agricultural Resources (DAR) and simultaneously be forwarded to Mosquito Control Districts.

The Norfolk County Mosquito Control District sent a letter to all Westwood residents who had requested property exclusions in 2016 informing them of this change. The District asked these residents not to send exclusion request to the Town Clerks or Norfolk County Mosquito Control District. Expectations are that the form will be up and running in the next couple months, in time for the residents to submit their exclusions before applications begin in the spring/summer. Once more information is available; it will be posted on the District website.

The District is also preparing for aerial application of the biological larvicide *Bti (Bacillus thuringiensis israelensis)* to control mosquito larvae. Helicopter applications will potentially be conducted between mid-April and early September over specific large wetlands in Westwood and other communities within the county. Specific information and maps of the wetlands to be treated will be available on the website as spring approaches.

For more information please contact the Westwood Health Department at mrc@townhall.westwood.ma.us or the Norfolk County Mosquito Control District's website at www.norfolkcountymosquito.org or call 781.762.3681.

#### **Westwood Department of Public Works** Summer Paving Projects

**Did You Know...** the Department of Public Works will be paving the following streets beginning this July?

- Mill Street
- Crystal Hill Terrace
- Farm Lane
- Pleasant Valley Road
- Grove Street
- Hartford Street (From Route 109 to Gloucester Road)

#### **Westwood Early Childhood Council**

# Can You Help a Young Child In Need



The Westwood Early Childhood Council is seeking financial **L** assistance for Westwood children. There are families in Westwood that cannot afford preschool due to a family crisis, job loss, or medical emergency.

In an attempt to help these families, the Westwood Early Childhood Council established a tuition assistance program. This fund was created in memory of Kathy Scales, a long time Westwood resident and much loved preschool teacher.

Please donate today to make a difference in the life of a child in our community. Your donation, no matter how big or small, may be the difference between a child going to preschool or missing out on a very valuable experience. Preschool programs provide supportive environments where children can learn and develop age appropriate skills.

Together we can build a foundation for a lifetime of learning for children in need. Thank you for your generosity.

Please make checks payable to: Westwood Early Childhood Council, Hanlon School

790 Gay St.

Westwood, MA 02090.

For more information please contact:

Janet Lucey (781) 461-9548 or ilucey@westwood.k12.ma.us

Contributed by Michelle Cooke

### **Westwood Historical Society**

# Invitation to attend programs

The Westwood Historical Society welcomes you to the Fisher School, 830 High Street, for the following programs:

The Westwood Historical Society will be hosting Westwood painter Thomas Dunlay for the February program Tuesday, March 14 at 7:30 PM.

Our April program will be on Royal Barry Wills architecture and will be Tuesday, March 11 at 7:30 PM.

All are invited to attend both programs. Light refreshments will be served after the program.

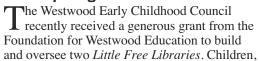
Contributed by Marilyn Freedman

#### **Westwood Early Childhood Council**

# Take a Book...

# Leave a Book

### New Little Free Libraries are coming to Westwood this spring!





WESTWOOD

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youth, and adults of all ages and backgrounds can come and take a book to read. Books that have been read or outgrown can be brought here to share with others. One Little Free Library will be placed in the School Street Playground and the other in the Tot Lot on Nahatan Street. Both will contain a variety of quality, adult and child, fiction and non-fiction books! Adults will be able to browse for a book for themselves while children are playing on the playground and children can enjoy a story during a break from their active play.

The Westwood Early Childhood Council will host a ribbon cutting ceremony to introduce the Little Free Libraries in mid-April during their 4th Annual Brain Building Celebration. They are pleased to have this opportunity to encourage and support early literacy for the children of Westwood. Reading to a child stimulates their imagination and expands their understanding of the world. It helps them develop language, listening skills and comprehension. The Westwood Early Childhood Council hopes that children and adults will participate often in this community book exchange and enjoy many stories together.

For more information, contact Janet Lucey at ilucey@westwood .k12.ma.us or visit our website at www.westwood.k12.ma.us/early -childhood-council

Little Free Library is a nonprofit, tax-exempt organization whose mission is to promote a sense of community, reading for children, literacy for adults and libraries around the world. There are over 50,000 Little Free Library book exchanges around the world. They are represented in all 50 states and more than 70 countries. For more information and/or to find additional locations of Little Free Libraries, visit their website at littlefreelibrary.org.

#### Save the Date!



Westwood Early Childhood's Annual Painless Portrait Fundraiser will be held on Saturday, May 6 and Sunday, May 7 at Sen Ki Lot, 1255 High St., Westwood.

Sen Ki lot

See website for details http://www.westwood.k12.ma.us/earlychildhood-council/

Contributed by Janet Lucey

# NEWS from the Town Clerk's Office

#### **Important Dates to remember:**

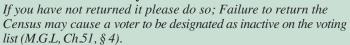
Dog licensing for 2017 is ongoing through March 31, 2017.

- You may license your dog by mail, provided you include a copy of a current rabies certificate and a self-addressed stamped envelope. If you are licensing your dog for the first time, proof of spay or neutering is also required.
- Licenses will be valid from January 1, 2017 until December 31, 2017.
- You must license your dog on an annual basis.
- If you own more than 4 dogs this is considered a "Personal Kennel" per MGL c. 140 §136A.
- You must go through a special permit application process through the Zoning Board of Appeals to license a kennel.
- Failure to license your dog on or before March 31, 2017 may result in a fine of \$25.00, per town bylaws §184-10,B.(1)

#### Licensing Fees are as follows:

- Dogs not Neutered or Spayed: \$15.00 • Dogs Neutered or Spayed: \$10.00
- Kennel fees: Please contact the Town Clerk's office Please be sure to include the correct licensing fee. If you are unsure, please contact the Town Clerk's office at 781.326.3964.

#### The Annual Town Census was sent to each household in early December.



#### **Important dates to remember:**

Wednesday, April 5, 2017—Last day to register new voters for Town Election and Town Meeting.

Tuesday, April 25, 2017—Annual Town Election,

polls open from 7:00 a.m.-8:00 p.m.

Monday, May 1, 2017—Annual Town Meeting, Westwood High School Auditorium, check-in 7:00 p.m., meeting begins 7:30 p.m.







#### **Westwood Young Women's Club**

The Westwood Young Women's Club will be hosting an *Easter Egg Hunt* on Sunday, April 9 at the high school during the Rotary Club's breakfast with the Easter Bunny! The hunt will begin at 11 a.m. Please have your child bring their Easter Basket!

The club is also hosting our annual *Touch-A-Truck* in early June at Westwood High School. We will have a petting zoo, games, face-painting, an obstacle course and a food truck. (Date to be determined)

Mark your calendars for our ever-popular Summer Concert Series on the lawn in front of the Westwood Senior Center. Pizza will be available for purchase, and the Snowie Bus will be selling make-your-own snow cones.

Details for all our events are posted on our website wywc.org. Be sure to "like" us on Facebook!

The club meets on the first Wednesday of each month, and we are happy to welcome any new members interested in joining!

Contributed by Jamy Pombo Sesselman

#### **American Legion Post 320**

#### **Boys & Girls State**

The Westwood American Legion Post 320 once again this year offers sponsorship to participate in Boys State and Girls State in June. ■ Students currently in 11th grade are eligible to apply for this program.

American Legion Boys & Girls State is among the most respected educational programs of government instruction for high school students. Each participant becomes a part of the operation of his local, county and state government. At American Legion Boys & Girls State, participants are exposed to the rights and privileges, the duties and the responsibilities of a franchised citizen. The training is objective and practical with city, county and state governments operated by the students elected to the various offices. Activities include legislative sessions, court proceedings, law enforcement presentations, assemblies, bands, chorus and recreational programs.

The American Legion cares about America, veterans and their families and our nation's youth. The Legion is a powerful voice in Washington dedicated to preserving our rights

The Massachusetts American Legion is always there for veterans and their families – whether it is when the American Legion lobbies in Washington or at the 300+ local American Legion Posts throughout Massachusetts.

Membership in the American Legion offers many benefits that include involvement in community programs, a voice in Washington, DC, investment in children activities, education and camaraderie. Of course the main focus is for veteran's rights and their families. Which is why the Legion continues to lobby in Washington for veterans as well as current servicemen and women.

For information about joining please go to www.westwoodalpost320.com

Contributed by Ken Foscaldo



# **Memorial Day Observance** for the Town of Westwood

#### Mark your calendars!

Jestwood's Memorial Day Parade will take place on Monday, May 29, 2017 at 10:00 AM. The parade will step off from Town Hall and proceed down High Street, culminating with the Memorial Day observances at the stage in the Old Cemetery.

Please join us in honoring our Veterans who have made the ultimate sacrifice securing the freedoms we embrace every day.

#### All Hands on deck!

Several volunteer opportunities are available for anyone who wishes to help replace the flags and plant flowers at the graves of Westwood Veterans.

The flags from last year will be removed and refreshed with new flags on Friday, May 26 starting at 8:30 AM at the New Westwood Cemetery (take the first right after St. Margaret Mary's Catholic Church on High Street). We will then head over to the Old Cemetery to refresh the Veterans' flags there.

On Saturday, May 27 at 8:30 AM we will again gather in the New Westwood Cemetery to plant a geranium on each Veteran's grave and then proceed over to the Old Cemetery to decorate those Veterans' graves. All are welcome. Please bring planting tools/garden gloves for your own use on Saturday.

"The 30th day of May, 1868, is designated for the purpose of strewing with flowers or otherwise decorating the graves of comrades who died in defense of their country during the late rebellion, and whose bodies now lie in almost every city, village, and hamlet church-yard in the land. In this observance no form of ceremony is prescribed, but posts and comrades will in their own way arrange such fitting services and testimonials of respect as circumstances may permit."

"If other eyes grow dull, other hands slack, and other hearts cold in the solemn trust, ours shall keep it well as long as the light and warmth of life remain to us."

By order of John A. Logan Commander-in-Chief Grand Army of the Republic



Join Town Hall friends to refresh American flags on Veterans' graves on Friday, May 26. Pictured above are Dottie Powers, Imelda Cabey, Taryn Crocker, Kristin Scoble and Paula Scoble as they began decorating last year.



Dick Paster (shown above), Commander of the American Legion Post 320 in Westwood, volunteered to plant geraniums last year. You can volunteer this year! Join us on Saturday, May 27. This is a chance to honor our Veterans and beautify their resting place in observance of Memorial Day.

# A SPECIAL EVENT AT TOWN HALL — Dec. 2016 **Gingerbread Houses at Holiday Tree Lighting Ceremony**



Police Station House



Scoble Ski Chalet



Westwood Youth and Family Services



Westwood Library Elf on the Shelf

See you all next year!

#### **Town Hall**

#### **Opioid Task Force**

We hope the New Year finds you and your family in good health. Since the creation of the Opioid Task Force in 2016, members have been hard at work gathering resources, attending seminars and building partnerships to educate the public about the ongoing epidemic. The task force is currently working with the Police Department to draft and implement policies and procedures to guide those addicted toward treatment rather than incarceration. Westwood Youth and Family Services has compiled an exhaustive list of resources to help guide addicted individuals and family members through the treatment, rehabilitation and recovery process. During the past several weeks, the Fire Department has met with medical providers who are licensed to prescribe narcotics in Norfolk County to invite them to a seminar hosted by Norfolk District Attorney Michael Morrissey where they will discuss the important role that physicians, nurse practitioners, physician's assistants and pharmacists play in controlling the abuse of prescription medications.

We are happy to report that through the first seven weeks of the year, there have been no reported overdoses in Westwood. Unfortunately, there were a total of 13 reported overdoses in 2016 with three fatalities. All three victims were Westwood residents. A fourth resident died of an overdose in a neighboring town.

The Opioid Task Force will continue its efforts to educate the public about the epidemic that has affected individuals and familieseven in Westwood. If you would like to become involved or want further information please contact Michael Jaillet at 781-326-4172.

Contributed by Christine McCarthy



### HOUSEHOLD BULK COLLECTION EVENT

Week of March 27th, 2017
Free curbside pickup of <u>ONE</u> bulk item
Pickup on your regular trash day



- Curbside pickup of ONE bulk item, free of charge for Westwood residents
- Item must be placed at your curbside by 7:00 am on your regular scheduled trash day to be eligible for pickup
- White goods are not eligible: Appliances, televisions, electronics or computer monitors
- No Construction Waste will be accepted
- Please only place one item at curbside- multiple items will not be collected

#### **Bulk Item (acceptable for pickup)**

- Bath Tub- fiberglass
- Chair- Dining room or living room
- Desk- wood
- Door- wood
- Furniture piece (wood)
- Mattress or Box Spring
- Mirror
- Sink- porcelain
- Sleep Sofa (with metal)
- Sofa/Loveseat
- Sectional Sofa (up to 3 pieces)
- Storm window

- Toilet
- o Vacuum
- Fence- wood (\*cut to length)
- Wood Swing Set (\*cut to length)
- Rug (\*cut to length)

\*Cut to length- (fence, swing set, and rug)

- Cut into 3 ft. lengths tied in a bundle
- Bundle not totaling more than 50 lbs. in total weight













Please call 781-251-2587 with any questions

#### **Westwood Cares**

#### In Case You Missed It:

### An Overview of "The Impact of Marijuana on Teens and Young Adults"



Testwood Cares organized a parent speaker event on November 15, featuring Rick Cresta, LICSW, a professor at Boston University School of Social Work and an expert in the field with over 20 years of experience in work with teens and young adults. The event was designed to provide factual information and pointers that would help parents determine how to talk about marijuana with their child.

The event was funded by grants from the Foundation for Westwood Education and the West Suburban Community Health Network Area 18.

If you were unable to make it to the event, you are welcome to view it in its entirety, courtesy of WestCAT, on their website http://westwoodmediacenter.tv/ or YouTube channel under the title, "Westwood Marijuana Lecture."

#### Summary

Mr. Cresta spoke for more than an hour about the impact of marijuana on young people, a topic of increased importance as the drug's taboo has been reduced over time in response to legislative changes and enthusiastic support by prominent public figures. However,



he underscored the notion that marijuana has harmful and longlasting effects on the developing brains of teens that the drug's advocates ignore. Though acknowledging that pot does less harm than other drugs, using the drug at a young age can alter how teens seek and feel pleasure.

#### Key takeaway points:

- Potency is on the rise: Marijuana sold today is more potent than it was 10 or 20 years ago
- Benefits are hyped: There are therapeutic benefits of marijuana (i.e. easing pain or discomfort in cancer patients), but these benefits are often overstated by recreational users
- Teens are particularly vulnerable to long-term ill effects of habitual usage: the earlier in life a user began smoking is crucial; users who smoke at a young age are more likely to develop a chronic habit, and developing brains are impacted more profoundly than the brains of users who began smoking later in life.

#### Tips for parents/guardians:

- Avoid lecturing. Begin a dialogue with your son or daughter about their opinions.
- Share your concern about their health rather than as a comment on their character.
- Avoid scare tactics (i.e. 'pot is a gateway drug', etc.) and focus instead on how smoking marijuana – especially for chronic users – impacts their ability to and motivation for achieving important goals, like going to college.
- Delay, delay, delay. Focus on the importance of pushing experimentation off as far into adulthood as possible, or never, ideally.

For more detailed information about how to have a conversation about marijuana in your family, consult the Marijuana Talk Kit from The Partnership for Drug-Free Kids that was handed out at the event: http://www.drugfree.org/MJTalkKit.

Contributed by Westwood Cares

#### **Board of Selectmen**

### **Ballot Question on Marijuana Establishments**

The recent passage of the Regulation and Taxation of Marijuana Act, Ch. 334 of the Acts of 2016 legalized the recreational use of marijuana. That act also authorized cities and towns to limit or prohibit recreational marijuana facilities by ordinance or bylaw, if so approved by the voters of a city or town.

Following the enactment of the Humanitarian Medical Use of Marijuana Act, Ch. 369 of the Acts of 2012, Westwood amended its Zoning Bylaw to allow medical marijuana facilities, known as Registered Marijuana Dispensaries, to be approved by special permit within the Administrative-Research-Office District. That bylaw expressly prohibited all other marijuana uses. With the recent passage of the 2016 Act, towns may no longer prohibit any marijuana facilities unless such prohibition is specifically authorized by the voters within that municipality by ballot question at a general election.

Pursuant to MGL CH. 54 Sec 42C, the Board of Selectmen recently voted to place a question on the ballot at the April 25, 2017 General Election. That question will read as follows:

Shall this Town prohibit the operation of all types of marijuana establishments as defined in MGL Chapter 94G, Section 1, including marijuana cultivators, marijuana testing facilities, marijuana product manufacturers, marijuana retailers or any other type of licensed marijuana-related businesses within the Town of Westwood, except for any Registered Marijuana Dispensary which might be granted a special permit pursuant to Westwood Zoning Bylaw Section 7.4?

Voters who wish to prohibit non-medical marijuana establishments from operating in Westwood should vote "Yes" in response to the ballot question. Voters who believe that both medical and non-medical marijuana establishments should be allowed by special permit should vote "No" in response to the ballot question.

Following the tabulation of election results, the Planning Board will meet to propose any related changes to the Westwood Zoning Bylaw to ensure consistency between that bylaw and the will of the voters expressed in the April 25th General Election.

Contributed by Nora Loughnane

#### **Temple Beth David**

### 50 years in the Rabbinate — Rabbi Zoob

In February, Temple Beth David was proud to honor and celebrate Rabbi Emeritus Henry A. Zoob for his spiritual and intellectual leadership as he celebrates his 50 years in the Rabbinate and the publication of his new book, "A Lifetime of Genesis: An Exploration of and Personal Journey Through the Covenant of Abraham in Genesis." (His book can be purchased through Amazon.) Rabbi Zoob served Temple Beth David for thirty-six years, from 1970 until 2006.

Rabbi Zoob is active in Westwood and the Boston area, creating connections between congregants, the Jewish community and the wider community. He is a past President of the Westwood Interfaith Council. As the founding President of the Rashi School, the Boston Area Reform Jewish Day School, and a founding board member of the Gann Academy (The New Jewish High School) and Mayyim Hayyim, the Living Waters Boston Community Mikveh and Education Center, Rabbi Zoob has worked with others to create new Jewish institutions in the Boston area. He is a past President of the Massachusetts Board of Rabbis and past Chairman of the Boston Area Reform Rabbis.

Rabbi Zoob grew up in Philadelphia, and received a BA from Harvard University in 1961. He was ordained at the Hebrew

Union College – Jewish Institute of Religion (HUC – JIR) in 1967, earned a Masters Degree in Bible at Brandeis University, and an honorary Doctorate from HUC – JIR.

In a recent article published by the Central Conference of American Rabbis, Rabbi Zoob discusses three of the most rewarding aspects of his rabbinate at Temple Beth David. He is



Rabbi Zoob, a familiar face at Temple Beth David from 1970 until 2006.

most proud of "the encouragement of the study of Torah, the first five books of the Hebrew Bible, at Temple Beth David, the establishment of Temple Beth David chavurot ('fellowship', small groups who assemble for the purposes of Jewish learning and sharing communal experiences such as lifecycle events) which brought lasting friendship to many congregants while strengthening their connection to the Temple, and my contribution to the enrichment of Jewish life in Boston by joining with others in the founding of the Rashi School, the Gann Academy, and Mayyim Hayyim."

Temple Beth David is grateful to be able to honor him at this milestone of 50 years in the Rabbinate.

Contributed by Amy Cook



#### **APRIL VACATION PROGRAMS**

#### **OPEN SWIM**

All ages Tue-Fri, Apr 18-21, 1:00-3:00 PM

#### **WACKY GAMES**

Grades k-5 Tue-Fri, Apr 18-21, 9:00-11:30 AM

#### ADVENTURE DAYS

Ages 3-5 Tue-Thu, April 18-20, 9:00-1:00 PM

#### TOP SECRET SCIENCE

Grades k-5 Tue-Fri, Apr 18-21, 9:00-3:00 PM

#### **BASEBALL SPRING TRAINING**

Ages 5-12 Mon-Fri, Apr 17-21, 9:00-12:00 PM

Details and Registration www.WestwoodRec.com 781-461-0070



#### **EMPLOYMENT OPPORTUNITIES**

**J**oin the Recreation Department Team! We are currently accepting applications for the following full-time and parttime positions:

- Aquatics Assistant Manager
- Aquatics Senior Supervisor
- Lifeguard
- Water Safety Instructor
- Summer Program Part-time positions Camps, Sports Clinics, Tennis Assistant

For full job descriptions and to apply online visit: www.townhall.westwood.ma.us/gov/about/employment\_opportuntiies.htm

#### **SUMMER SWIM TEAM**

The Westwood Recreation Summer Swim Team is all about fun, making friends and keeping active. In a supportive and relaxed atmosphere, swimmers ages 5-18, benefit from meeting with friends, exercising regularly and competing



in swim meets during the summer months (May-August). The practices and meets are in the evening between the hours of 5:00-7:00 PM, Monday through Thursday. Season end championships occur on two Saturdays. All meets are local: Westwood, Norwood, Canton, Sherborn, Medfield, Walpole, Natick, Newton, Needham, Millis, Dedham, and Framingham. For more information on the Westwood Recreation Summer Swim Team visit www.westwoodrec.com.

#### **Westwood Chinese School**

### **Annual Class Performance and Open House**



Westwood Chinese School dance program students and the awards from the Tao Li Overseas Dance Competition.

Westwood Chinese School (WCS) would like to invite you to the Annual Class Performance and Open House on May 14, 2017. This issue of the newsletter is a little bit early for the date in May, but we hope you mark your calendars to experience the event.

The author, Emily Liu is a 7th grader at Thurston Middle School and has been with the Westwood Chinese School since it was founded. She volunteered to answer a few questions on Westwood Chinese School.

#### 1. Is the school only for Westwood residents?

Everyone is welcome! We already have many students from out of town – including some students who travel from Rhode Island every Sunday morning.

# 2. How long has the Westwood Chinese School (WCS) been in existence? Who started it?

In the fall of 2009, a Westwood High School student, Serena Huang, and her mom, Christine Huang, started a cultural enrichment program which included Chinese dance, diabolo (Chinese yo-yo), and kung fu classes. In the fall of 2010, the program developed into a full-ledged Chinese school, including Chinese language classes and extracurricular classes.

#### 3. Does the school have a Facebook page or web page?

Yes, our Facebook page is @WestwoodChineseSchool. Our website is www.westwoodcs.org

#### 4. What do students study in the WCS?

Students learn how to read, write, and speak Mandarin Chinese. They can also choose to learn Chinese cultural classes such as Chinese dance, diabolo, Tai-chi, etc.

- Are the classes full time or after school programs?WCS runs every Sunday morning from 9 am to 12:30 pm.
- **6.** Do students graduate with certificates or degrees of any kind? Students graduate with certificates from Westwood Chinese School.
- How many students are enrolled? There are about 200 students enrolled.
- 8. What are the most popular courses offered?

The most popular courses are Tai-chi, Chinese dance, creative arts, and the Chinese yo-yo.

9. Are there any special events offered? Or Open Houses?

WCS will host an annual performance and open house at Westwood High School on May 14.

Emily attends Thurston Middle School and goes to Westwood Chinese School on Sundays. She enjoys making/selling slime, hanging out with friends and family, playing volleyball, and throwing around a football with her brother, Jacob.

Contributed by Emily Liu

#### **Foundation For Westwood Education**

# Host a Party AND Make a Difference in Our Community!



Do you enjoy having friends over? Please consider hosting a group of friends for an "Entertaining for Education" party (E4E) in support of the Foundation for Westwood Education. Over the last few years, E4E parties have raised more than \$200,000 for cultural and educational programs for Westwood students and senior citizens, as well as early childhood activities for babies and toddlers. We need your help to continue funding these educational opportunities.

Please sign up to be a host for E4E. Becoming a host is easy:

- You pick a date for your party.
- We supply the invitations.
- You mail or email the invitations to the guests you want to invite.

Invitations include a suggested donation amount but donations go directly to the Foundation. If you want, you can pick a theme for your event; themed parties in the past have included a sports-viewing party, children's party, mom's only party, Mardi Gras party and even a book swap. If you don't want to include a theme, you can get together with friends just to have fun and support the Foundation! No party is too small or too simple. For more information or to sign up to host please email us at e4e@foundationforwestwoodeducation.org.

Contributed by Leslie Greffenius

#### **Westwood Youth & Family Services**

#### Online registration

Online registration will open in late spring for the following programs through Westwood Youth & Family Services:



- Structured Play Groups (K 5th)
- Girls Groups (4th 6th)
- Friends Network (3rd 5th)

Online registration http://www.townhall.westwood.ma.us/yfs. For more information, please call Westwood Youth & Family Services at 781-320-1006.

# Sixty-Five Westwood Children Supported with Holiday Giving Program

This past December, for the sixteenth year in a row, Westwood Youth & Family Services managed the Holiday Giving Program for the town. The WY&FS Holiday Giving Program connects local sponsors with Westwood families in need of support during the holidays. This year, thirty-three Westwood families and a total of sixty-five children were supported due to the generous donations of fellow Westwood residents and businesses. Sponsors provided holiday gifts for children in a confidential program coordinated by the department. WY&FS happily distributed over 250 gifts.

WY&FS would like to thank the following businesses and organizations for their support of the program: Dedham Savings Bank, The Rotary Club of Westwood, Westwood Girl Scouts, Century 21 Commonwealth, The Tobin School Westwood, The Barn Yard Childcare Center, National Charity League, Order of the Eastern Star Westwood, First Baptist Church, Universal Wilde, and Colantuoni Bros. Corp.



Holiday Giving Program connects local sponsors with Westwood families in need of support during the holidays

To stay up to date on Youth & Family Services programs, like us on Facebook at

https://www.facebook.com/westwoodyouthandfamily and follow us on Twitter and Instagram at @westwoodyfs.







The staff of Youth & Family Services Department provides clinical services and supportive community programs to foster the healthy growth of children 4-18 years old and their families. Please visit our website at www.townhall.westwood.ma.us/yfs or call us at (781) 320-1006 for more information.

# Bullying Prevention Theater Program Is A Success!

Cince 2011. Westwood Youth & Family Services has coordinated the **Bullying Prevention** Theater (BPT) Program. This unique program was developed by both adult staff and high school students, with a primary goal of creating a realistic and powerful way to educate and support the sixth-grade students of Westwood on the topic of bullying, particularly the effectiveness of bystanders. Given its distinctive approach and creative content, BPT won a Governor's Citation Award in 2011.

This year's BPT program began in September 2016 with eighteen high school mentors spending over 500 total hours preparing and rehearsing for the performances which took place at Thurston Middle School in January. Mentors captivated the sixthgrade class at Thurston



Teacher Talk Skit



Two Dads Skit



Soccer Coach Skit

with five skits about bullying, followed by thoughtful classroom discussions and related activities. The nearly 275 sixth-graders were presented with real-life scenarios about bullying based on stereotypes, gender differences, and peer pressure, among other topics. Mentors acted out various ways in which bystanders can help to stop bullying from happening and offered strategies to take the power away from bullies.

The success of the program would not have been possible without support from the faculty and staff at both Thurston Middle School and Westwood High School. Most of all, Westwood Youth & Family Services wants to thank the high school mentors for their dedication to rehearsals and the performances, despite their very busy schedules! The 2016-2017 BPT Mentors were: Justin Anderson, Grace Burke, Smita Chatterjee, Will Danforth, Sydney Devaney, Leena Dolabany, Mackenzie Draper, Brendan Flatley, Dan Miller, Mark Horsfall, Brett Iarrobino, Rose Kearns, Tim Kearns, Richard Li, Thomas Leone, Allison Marcus, Maddie McDonough and David Polansky.

Contributed by WY&FS

#### **Rotary Club of Westwood**

This past winter, the Rotary Club of Westwood with the generous support of Fox Hill Village hosted the 2nd Annual Holiday Basket Day of Giving. Rotary members along with residents of Fox Hill Village combined donations of holly, pine, spruce, and fir to create holiday themed baskets for families who receive assistance from the Westwood Pantry.

At the Rabies Clinic just this past January, the Rotary Club of Westwood along with the Westwood Board of Health, Veterinary Services of Westwood, and the Westwood Town Clerk's Office helped to vaccinate dogs and cats from Westwood and the surrounding towns of Dedham and Norwood.

Join in on the fun and help the Westwood community at the same time. Don't miss the Annual Pancake Breakfast coming soon on April 9 from 8:30-11:30 AM at Westwood High School. Bring the whole family and enjoy the Easter Bunny, music and activities. (For more details about the Rotary and for upcoming events please visit www.westwoodrotary.com or @rotarywestwood on Facebook).



Day of Giving—Holiday Baskets: Brought to you by the Rotary Club of Westwood with Fox Hill Village From left to right: Gail Becker, Anthony Amico, Susan Fischoeder, Lee

Bliss, Dottie Powers, Nancy Bonneville, Michele Helene Drolette, Alicia Yeh, Elaine Arpe, Helena Drolette, Bob Kelly, Marcia Hirshberg, Laura Macs, Ann Collias, Joyce Beaudet



Rabies Clinic: Brought to you by the Westwood Board of Health with Veterinary Services of Westwood, Rotary Club of Westwood and the Town Clerk's Office

From left to right: Lisa Whiting, Megan Frederick, Dottie Powers, Alicia Yeh, Robert Folsom, Carolyn Thorne DVM, Laura Macs

Contributed by Alicia Yeh

#### **Westwood Cultural Council**

#### **Grants Awarded**

The Westwood Cultural Council, part of the larger Massachusetts Cultural Council, has finalized its grant awarding process for this year. The Westwood Cultural Council receives public funding from the state for this purpose, and has chosen eleven recipients from the many requests that it received. The Council felt that these awards best reflected the Council's purpose as well as the community as a whole.

The COA will receive funds for two performances, the Doolin Lads on March 16, and Tommy Rull on October 31. The Westwood Public Library was granted all four of its requests. Money was given to mount posters for Black History month. The Pop-up Art School will present a program for children ages 8-12 on inspirational artists, and Gregory Maichack will present another of his well-received Pastel Painting workshops. Finally, a pass to the Fuller Art Museum will be funded by the Council. This museum features contemporary crafts and hosts many family-friendly activities throughout the year.

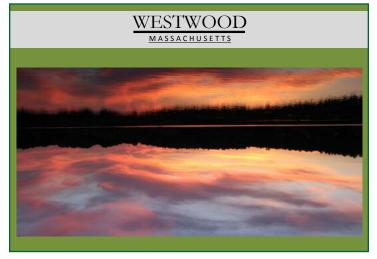
The schools had requests granted as well. The Westwood Integrated Preschool received funds so that the Talking Hands Theatre could perform for the children. Martha Jones students will enjoy the Fabulous Chinese Acrobats and have the opportunity to learn more about the Chinese culture. The Sheehan School students will have the opportunity to explore international folk dance and the African American culture.

The Westwood Historical Society received money to sponsor a lecture by Professor Gary Hylander on President Kennedy and the Cuban Missile Crisis and the Westwood-based Bow Street was given some money towards providing a workshop that will educate participants on how poetry can be a powerful tool for raising awareness about ocean pollution.

The Council is now accepting applications for next year's grant cycle. The Massachusetts Cultural Council now requires online applications only. For more information contact the Westwood Cultural Council at westwoodculturalcouncil@gmail.com or go to www.mass-culture.org.

Contributed by Joan Murphy

### Visit the new town website at http://www.townhall.westwood.ma.us/



Please take a moment to sign-up for e-notifications at http://www.townhall.westwood.ma.us/mycity/ to receive email notification of upcoming meetings

### **Town Hall Housing Division**

#### Westwood Glen and Highland Glen

Two senior housing complexes – Westwood Glen and Highland Glen — were developed in Westwood beginning in the 1970's. Both Westwood Glen and Highland Glen were approved and constructed as privately owned age-restricted developments with affordability components. Westwood Glen was developed as a complex of 156 units with 50% (which was reduced to 20% in 2003) of its dwelling units reserved for qualifying affordable households. Highland Glen was established as a 180-unit apartment complex where all 180 dwelling units were reserved for qualifying affordable households. In 2003, Highland Glen was expanded to include an additional 102 units of age-restricted housing. Of those new units, 25% were reserved for qualifying affordable households, while 75% were available to market rate tenants.

The affordability restrictions at Westwood Glen expired in 2013. Equity Residential, the property owner at that time, soon decided to sell both its Westwood Glen and Highland Glen properties as part of a large portfolio listing. Equity sold Westwood Glen to True North in June 2016. The property was sold as a market rate development. Town staff met with one of the principals of True North soon after the closing to discuss the effects of the change in ownership on current residents. True North was clear about its intentions to standardize rental fees upon lease renewal and to upgrade vacant units over time, including the addition of individual laundry facilities in each apartment. These changes are expected to result in rent increases for a number of tenants, including those remaining tenants who hold Section 8 vouchers.

All tenants who have concerns about their ability to remain at Westwood Glen have been encouraged to meet with the Town's Housing & Zoning Agent, Sarah Bouchard, to discuss other options for their living arrangements. Sarah can advise residents on available options and waiting list procedures for affordable housing complexes in Westwood and surrounding towns.

In December 2016, Equity sold Highland Glen I and Highland Glen II to Beacon Associates. Unlike Westwood Glen, Highland

Glen I and Highland Glen II are subject to perpetual affordability requirements, meaning the affordability requirements in place do not expire. These properties were sold as an affordable housing development, with restrictions on the rental amounts that can be charged for affordable units. Maximum rental rates are set by the federal department of Housing and Urban Development (HUD). All units in Highland Glen I and 25% of the units in Highland Glen II must be leased to qualifying affordable households.

Soon after purchasing Highland Glen I and Highland Glen II, Beacon Associates sold Highland Glen II to National Development. Town staff met with representatives of Beacon Associates and National Development to hear what changes were planned for these communities, and to ensure that the new owners fully understand the continuing affordability requirements. Both Beacon Associates and National Development shared plans to undertake various improvements to their properties; however, tenants of Highland Glen I and tenants of affordable units at Highland Glen II are not expected to experience substantial changes in their rental agreements.

Beacon Properties and National Development are now in the process of requesting an amendment of the Comprehensive Permit for Highland Glen to allow for a subdivision of the property. The subdivision is intended to create separate parcels for Highland Glen I and Highland Glen II, reflecting the new two-owner structure. The proposed subdivision will have no effect on affordability nor on the maximum number of units permitted at this development, which will remain at the present value of 282 units. The Westwood Zoning Board of Appeals is expected to consider the proposed amendment to the Highland Glen Comprehensive permit in April 2017. Notice of the public hearing will be posted on the Town website and mailed to abutters.

Please direct any questions about Westwood Glen, Highland Glen, or other matters related to Housing in Westwood to Housing & Zoning Agent Sarah Bouchard at sbouchard@townhall .westwood.ma.us or by phone at 781-251-2598.



# Fishing Derby Returns for its 27th year!



ITS' A "REEL" GREAT TIME
SATURDAY, MAY 13
7:00-11:00 AM
BUCKMASTER POND

YOUTH DIVISION ages 15 & under - FREE

Prizes will be awarded! Participants must bring their own fishing pole.

ADULT DIVISION ages 16 & up - \$10

Prizes will be awarded for largest fish caught.

Adult participants must obey all Massachusetts Fish & Game regulations. Adults register on the day of the event at the Concession Stand.

#### **CONCESSION STAND**

Coffee, Donuts, Water, Soda, Hot Dogs and WORMS!

Sponsored by
North Walpole Fish
and Game
and Westwood
Permanent
Firefighters
Local 1994



# WESTWOOD RECYCLING DAY

The Department of Public Works and the Westwood Environmental Action Committee (WEAC) will sponsor our annual Westwood Recycling Day again this spring! This event is for Westwood residents only.

Saturday, April 29, 2017 – 8:00 am to 12:00 pm Westwood, 50 Carby Street (DPW)

# WHAT YOU CAN BRING

	All electronics and appliances	Pricing TBD
	Televisions Computer screens Large appliances and AC units	Please visit the Town of Westwood website for pricing information as we get closer to the event
	Large plastic items (such as lawn chairs, toys, coolers, etc.)	Free
	Clean clothing and other textiles, books, CD's, DVD's, video games (no stuffed animals or luggage) *subject to change	Free
0	Scrap metal	Free
	Tires	\$2
	Bikes *sponsored by Bikes not Bombs	\$10 donation suggested

Sponsored by: Westwood Department of Public Works
Westwood Environmental Action Committee

#### **Islington Center Task Force**

# **Islington Center Update**

Since early September, twenty-one dedicated members of the Islington Center Task Force (ICTF) have continued to meet monthly to analyze concept plans proposed by Petruzziello Properties, Inc. in response to the town's June 2016 Request for Proposals (RFP). The Islington Center RFP was issued last spring as a means of exploring options for the potential redevelopment of various town-owned properties along Washington Street, including the Municipal Parking Lot, Wentworth Hall, and the Islington Community Center (ICC). The Proponent, Petruzziello Properties, is the same developer who recently rehabilitated the Islington Pizza/Wild Blossom Building, and who is presently constructing a mixed-use building at 317-323 Washington Street.



Petruzziello Properties' initial RFP concept proposal called for a mix of commercial, residential, and community uses in new and restored buildings. It proposed the relocation of Wentworth Hall to the site of the current CVS building. It then called for the construction of a full basement under the relocated Wentworth Hall to increase library programming space, and a 10,000 sq. ft. addition to the rear of Wentworth Hall to house a new MMO nursery school with a community center above. This proposal also called for the construction of a mixed-use building on the northwest corner of Washington Street and School Street, where the Café Diva building and the municipal parking lot are today. That new building would include approximately 9,000 sq. ft. of commercial space on the first floor and up to 28 one-bedroom apartments on the second and third floors. This RFP concept plan further proposed a new 12,000 sq. ft. CVS building on the northeast corner of Washington Street and East Street where the Islington Community Center now stands. Finally, this proposal offered to relocate the historic Blue Hart Tavern to the rear of the former Westwood Tailor Shop parcel at 9 School Street, and to restore that building before turning it over to the town for office space.

When the ICTF met with the Proponent to hear a formal presentation of these plans in September 2016, a number of Task Force members and several members of the public offered suggestions for various ways that the concept plans might be reworked and improved. What started out as a single development concept soon expanded to a series of seven possible options, including one option that would not involve any town-owned land. Site plans for each of these potential options were then presented by the Proponent at a meeting in October 2016. Copies of all seven site plans, and renderings of various buildings depicted on those

site plans, are available for review on the Islington Center pages of the Town's new website: http://www.townhall.westwood.ma.us/gov/boardcomm/active\_boards\_committees\_n\_commissions/islington\_center\_task\_force/islington\_redevelopment\_rfp.htm.



These options were reviewed in more detail at the Task Force's November 2016 meeting. Each Task Force member then carefully studied the various options and considered which concept plans they thought worthy of further review. At the Task Force's January 2017 meeting, the preferences of all members were tabulated, and the number of options under consideration was reduced from seven to four. The Task Force then spent the majority of that meeting discussing the two most popular development options – Option 2 and Option 6.



Both of these options call for a new CVS building to be constructed on the northwest corner of Washington Street and School Street, and propose relocation of the Blue Hart Tavern and Library to the west side of Washington Street, where the Municipal Parking lot is today. Both proposals also include the construction of a new mixed-use building on the northeast corner of Washington and East Street, and the renovation of the current CVS building on the east side of Washington Street to house MMO and Community Space. The primary difference between Option 2 and Option 6 is that Option 6 calls for the mixed-use building on northeast corner of Washington and East Street to be a recreation of the ICC Building, to preserve the exterior appearance of the

Continued from previous page



former church building, while gaining the efficiencies associated with new construction.

A subsequent meeting was scheduled for February 2017 to consider Option 4 and

Option 5, neither of which proposes any changes to the ICC. While Options 4 and 5 did not obtain the same level of support from Task Force members that was seen for Options 2 and 6, certain aspects of these proposals were found to warrant further consideration.

After many months of public review and discussion, the Task Force will now narrow the list of options down to one, and will develop a recommendation to the Board of Selectmen for that board's consideration of a single Islington Center Redevelopment Proposal. As the Task Force considers its recommendation to the Selectmen, its members will take into account the sentiments expressed by residents at various meetings, by respondents to the Islington Center Survey, and by attendees of Islington Center Visioning Session held last July. The ICTF will also take into account the most significant character-defining elements of Islington Center, and will consider obstacles and opportunities for improved pedestrian, bicycle and vehicular circulation, and for enhanced landscaping and open space. The ICTF will also consider recently prepared Capital Needs Assessments for the ICC and Wentworth Hall.

The ICTF will meet to prepare its recommendation to the Selectmen on Wednesday, March 22nd in the Thurston Middle School Cafeteria beginning at 7:00 pm. As has been the case with all Task Force Meetings, members of the public are encouraged to attend and to share their opinions with the Task Force.

Once the Task Force's recommendation is received by the Board of Selectmen, that board will publicly deliberate and will determine whether or not the Islington Center Redevelopment Proposal warrants further pursuit. The Selectmen may either dismiss that proposal or may negotiate a disposition agreement with the Proponent. If the Selectmen and the Proponent reach an agreement, the Proponent will then be directed to apply for all necessary approvals, and to follow the normal permitting process with the Planning Board and all other relevant boards and commissions. If the required permitting approvals are eventually granted for a project requiring a property transfer, residents will have an opportunity to decide at a future Town Meeting whether or not to authorize the Board of Selectmen to proceed with the proposed transfer.

Please direct any questions or comments to the Nora Loughnane, Director of Community & Economic Development, at nloughnane@townhall.westwood.ma.us or to Abby McCabe, Town Planner, at amccabe@townhall.westwood.ma.us. To sign up for the list serve for notification of meetings on the town's new web page go to http://www.townhall.westwood.ma.us/mycity/.

Contributed by Nora Loughnane

#### **Dedham-Westwood Water District**

### Dedham-Westwood Water District Provides Free App to Help You Save Water



What can you do to save water during the drought? Dedham-Westwood Water District is now providing an app for homeowners to track water usage and conserve. The free

Dropcountr app will allow you to track your monthly water use, compare it to similar households, connect you with utility alerts and rebates and receive direct support. Dropcountr is available as an app on your Android or Apple phone and on your PC at www.dropcountr.com

Conserving water is important for the community and the environment. While it may feel like we have plenty of water to go around, the truth is there is a limited supply. Water conservation is especially important during times of drought when water supplies become stressed. Last summer, towns across Massachusetts, including Westwood, restricted lawn watering to conserve water for agriculture and firefighting.

Do your part and commit to conserving water now. The Dropcountr app makes it easy! Download the free app at www.dropcountr.com/download. Please feel free to email Dropcountr at support@dropcountr.com if you have any questions or trouble signing up.

The Dropcountr program is made available to Westwood and Dedham residents as part of a pilot project funded by the Massachusetts Department of Environmental Protection under Water Management Act regulations. The project is a cooperative effort of the Dedham-Westwood Water District, Charles River Watershed Association and the Neponset River Watershed Association.

Contributed by DWWD

### **IAM Strong Foundation**

#### SAVE THE DATE: THIRD ANNUAL 5K ON MAY 7

The Third Annual IAM Strong Foundation 5K Run/Walk will take place on Sunday, May 7 at 9 AM. The IAM Strong Foundation was created in January of 2015, and seeks to shatter the stigma surrounding adolescent mental health struggles.

The off road 5K will take place beginning at the Charles Flahive Field at Westwood High School. Also, there will be a 1.5 mile route for those preferring a shorter option. In addition, a special balloon release will take place, to show how mental health has affected the lives of friends and loved ones. The previous 5K events have been positive, community building events for all ages and the IAM Strong Foundation is looking forward to hosting this year's event.

Pre-Registration for the Third Annual 5K Run/Walk is ongoing. Details about how to participate can be found at www.iamstrongfoundation.org.

Contributed by Antonia Nedder

#### **Notary Public Services Provided at Westwood Town Offices**

The Town of Westwood offers Notary Public Services at several town offices during regular business hours.

More details are available online:

#### SEVENTH ANNUAL



# Creating a Self-Care Plan for Caregivers Caring for Anyone of Any Age

So many caregivers never think about their own health and wellness. Go through this guided exercise to decide what is most important to you and set goals that will put you on the path to wellness. The program will feature ways to relax and reduce stress.

Facilitated by

Sarah Foss, MSW, LCSW

and

Sheryl Leary, LSW

Director of Planning & Community Development, HESSCO

March 30, 2017

7:00 - 9:00 pm

**Westwood Senior Center** 

60 Nahatan Street, Westwood

The forum is provided as a public service by the Westwood Commission on Disability. Those who care for young through old are welcome. Additional information is available through the Westwood Town Website or from Anne Berry Goodfellow, Co-Chair, 781-326-2007.

Join us for Care – Support – Solutions

#### **Westwood Council On Aging**

## **Information from the Westwood COA**

The Westwood COA continues to grow and this spring we are offering some new opportunities. This includes a Town-Wide Shredding Day, Falls Prevention and Fire Safety Program, Caring for the Caregiver Evening as well as a number of exciting day and overnight trips.

#### **Westwood Council on Aging**

60 Nahatan Street
Telephone: 781-329-8799
Hours:

Mon.–Thurs.: 8:00 a.m. to 4:00 p.m. Fri.: 8:00 a.m. to 2:00 p.m.



#### TOWN-WIDE MOBILE SHREDDING AT THE WESTWOOD SENIOR CENTER

Sponsored by District Attorney Michael Morrissey

Wednesday, April 26 from 10 a.m.-1 p.m. Presentation at 10 a.m.

Westwood citizens are invited to safely dispose of sensitive and personal documents to further protect themselves from identity theft and fraud. Visit the Senior Center on April 26 from 10-1 to speak to DA Morrissey's staff and shred personal documents safely and free of charge. This event, organized to heighten awareness about identity theft and fraud, is sponsored by Norfolk District Attorney Michael Morrissey. Call to sign up for the presentation. All others are welcome to pull up to the mobile shredding.

#### FIRE SAFETY and FALLS PREVENTION



Sponsored by The Westwood Fire Department and COA

The Westwood Fire Department, in partnership with the COA, is running a Fire Safety and Fall Prevention program which offers free home safety inspections to seniors in town. The program was developed by the National Fire Prevention Association and the Centers for Disease Control and Prevention in order to help seniors live safely at home for as long as possible. Westwood Firefighters will do a quick safety check of your home and provide you

with tips to keep you safe. They will even assist you in replacing old smoke detectors, carbon monoxide detectors or batteries. Detectors and batteries are paid for through charitable donations and are free of charge to seniors. To take advantage of this great opportunity, please call the Council on Aging at 781-329-8799 and speak to Karen to sign up for your free home safety inspection today! (Or you can call the Westwood Fire Public Education voicemail line at 781-767-6351 or email wfdpubliceducation@townhall.westwood.ma.us to sign up for your free home fire safety inspection.) A staff member from the Fire Department will contact you to schedule your appointment.

#### CREATING A SELF-CARE PLAN FOR CAREGIVERS — CARING FOR ANYONE OF ANY AGE

Sponsored by Westwood Disability Commission, Westwood COA and HESSCO Elder Services Wednesday, March 30 from 7.0 p.m.

Wednesday, March 30 from 7-9 p.m.

So many caregivers never think about their own health and wellness. Go through this guided exercise to decide what is most important to you and set goals that will put you on the path to wellness. The program will feature ways to relax and reduce stress. Facilitated by Sarah Foss, MSW, LCSW and Sheryl Leary, LSW. Light refreshments will be served.

# COME TRAVEL WITH US at the Westwood Council On Aging

Further details available at the Center – Sign up early as buses fill up fast.

# NIAGRA FALLS AND ERIE CANAL SPECTACULAR

Wednesday-Friday, June 14-16

\$430 Double/\$419 Triple/\$530 Single

Itinerary: Day 1 – Travel, Hotel - Dinner with Casino across from hotel; Day 2 – Breakfast, Niagara Falls Cruise and tour from Canada Side & Dinner; Day 3 – Breakfast, visit Lockport, NY, Narrated cruise of Erie Canal, Travel back (lunches on own)

#### **BLOCK ISLAND**

Wednesday, June 12

\$115 per person ~ 8-7 p.m.- Transportation to Point Judith R.I., Ferry to Block Island, Tour, Lunch, Shopping

#### NARRAGANSETT LIGHT HOUSE

Tuesday, July 24

\$99 per person ~ 9-5 p.m. - Transportation, Lunch, Ferry Ride



#### **MARTHA'S VINEYARD**

Thursday, August 10

\$95 per person ~ 8-7 p.m.~ Travel to Falmouth, Ferry to Martha's Vineyard, Tour, Visit Edgartown (lunch on own)

#### **TANGLEWOOD**

Sunday, August 6

\$168 per person ~ 10-6 p.m. ~Transportation to Tanglewood, Lunch, Ticket in Hatchshell

### ULTIMATE AFRICAN SAFARI WITH OVERSEAS ADVENTURE TRAVEL

15 days/\$6,000 all inclusive! Join us on an international adventure to Botswana, Zambia and a Zimbabwe. Details at the Center.

# **Spring 2017**

# MAIN LIBRARY

All Library Programs are Free. Registration begins one month prior to program start date. To register for Main Library Programs, please call 781-320-1042.

### **Children's Department Programming**

Please check out website for up-to-date schedule adjustments.

#### Birth - Preschool

#### **STORYTIMES**

\*Little Listeners: For children ages 3-5. Children and their parents/caregivers are invited to come hear stories, sing songs, watch short films, and make a craft.

Tuesdays, 10:30 – 11:15 AM

March 7 – April 11

May 2 – May 23

\*requires registration

Wondrous Wednesdays: For children ages 2-5 and a parent/caregiver. Children and their parent/caregiver are welcomed to come listen to stories, songs, and rhymes. This is a drop-in program, no registration is required.

Wednesdays, 10:30 - 11 AM

March 8 - April 12

May 3 - May 24

Read, Play, Sing: For all ages. Join us as we read, sing, and play in this storytime filled with movement, music, songs, play, and craft activities! No Registration required.

Wednesdays @ 4:00 PM March 8 – April 12

May 3 – May 24

Babies & Books: For babies birth-24 months and a parent/ caregiver. Our littlest library patrons are invited to come listen to short stories, and sing along with their parent/caregivers. Participants old and new alike will also learn new rhymes to build pre-literacy skills and develop fine motor skills. This is a drop in program, no registration is required.

Fridays, 10:30 – 10:50 AM

March 10 – April 14

May 5 – May 26

Saturday Storytime: For children of all ages. Come enjoy stories, songs, rhymes, & more at this fun, Saturday morning storytime! Perfect for working parents!

Select Saturdays, 10:30 AM March 18, April 29, May 13

Monday Storytime: All ages. Join us for stories, rhymes, songs, and other fun activities at this drop in no registration storytime! Mondays in June: 5, 12, 19, 26 @ 11:00 AM

Mindfulness for Mamas: For moms and babies 0-6 months (Precrawlers). Being a mom can be overwhelming and stressful but take a deep breath, relax, and renew at the library this spring! Join Jane Signh, local Health Coach and Meditation Guide as she gives moms the tools of mindfulness and meditation to create inner peace, calm, and renewed energy. Bring your snuggly baby to this positive and supportive environment as we spend a little time on you.

Mondays, April 3, 10, 23 @ 10:30 AM

#### SENSORY FRIENDLY PROGRAMS

**Sensory Storytime:** For children with Autism Spectrum Disorders and other development delays and a parent/caregiver. We will listen to stories together, sing songs, and learn new rhymes. Storytime will last for 20 minutes, followed by 15 minutes of optional playtime. For more information about this program please contact Hannah at hgavalis@minlib.net.

Select Mondays, 4 – 4:45 PM

April 3 and May 8

#### Kindergarten-6th Grade

Mother/Daughter Book Group: For kids in grades 3-5 with a female adult. Share your enthusiasm for reading with other book lovers and join us for lively discussion, a game of Pictionary, snacks, and fun! Check the library website for a listing of the book to be read. Books will be available at the ASK! Desk in the Children's Department. Interested in Joining? Email Lizzy at ehmcgovern@minlib.net and let her know you're coming.

Select Tuesdays, 6:30 PM April 4, May 2, June 6

\*Creative Kids: For kids in grades kindergarten – 1st grade. Children will exercise their creative minds as they participate in creative dramatics and arts & crafts activities.

Thursdays, 4 - 4:45 PM

March 9 – April 13

\*requires registration

\*Art INC: For kids in grades 3-5. Come do an art project at the library! All supplies & basic instruction will be provided. Wednesday, April 12 @ 2 PM \*requires registration

Middle School Author Panel: For kids in grades 4-8. Westwood Library welcomes Middle Grade Authors Victoria J. Coe (author of Fenway and Hattie), Bridget Hodder (author of The Rat Prince), Lee Gjersten Malone (author of The Last Boy at St. Edith's), Erin Petti (author of *The Peculiar Haunting of Thelma Bee*), Elly Swartz (author of Finding Perfect), and Monica Tesler (author of the Bounder series). This exciting panel will talk about writing, inspiration behind their books, and so much more! There will be a Q/A and chance to get your book signed by the author. Don't miss this incredible chance to get to know some awesome authors! Saturday, March 25 @ 2 PM

Read to Library Residents Bear, Elephant, or Unicorn: Those interested can make an appointment to read to the Childrens Department's resident stuffed animals: Ollie the big stuffed bear, Peanut the elephant, or Majestic Sparkle the Unicorn for 15 minute

Sundays, 3:00-4:00 PM

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Library programs are generously sponsored by the Friends of the Library.

#### **APRIL VACATION:**

Whalemobile: For kids in grades K-5th. Come meet Nile, the life-sized Humpback Whale. Children will have the opportunity to go inside a 42 foot inflatable whale! This presentation focuses on similarity between humans and whales, their adaptions to marine environment, and current threats they face today.

Tuesday, April 18 @ 2:00 PM

**Registration Required** 

**PJ Storytime and Family Fort Night:** Come and build a blanket fort at the branch! Wear your favorite PJs and bring a blanket and a flashlight to family fort night. No Registration required.

Wednesday April 19 @ 6:30 PM No Registration Required LOCATED @ ISLINGTON BRANCH

**DIY Bird Feeder:** For ages 3-8 and parent/caregiver. Join us as we upcycle and create and decorate bird feeders for our feathered friends who will visit our yards this spring.

Thursday, April 20th @ 2:00 PM

**Registration Required** 

**Family Yoga:** Children ages 3 -6 and parent/caregiver. Families with young children are welcome to participate in an easy and fun yoga session together.

Thursday, April 20 @ 9:30-10:30 AM Registration Required LOCATED @ ISLINGTON BRANCH

#### **FAMILY PROGRAMS**

**Spring Sing-Along:** All ages. Families are welcome to join us for a special sing along program where we will sing and tell stories that celebrate all things spring and more! Get those voices ready for favorite children's songs!

Tuesday, April 25 @ 10:30 AM

#### **MAIN LIBRARY TEEN EVENTS**

**Just for Fun Teen Book Club:** For kids in grades 5-8. Take a break from the stresses of class and read a book just for fun! We will do some fun activities, chat about the book, and have some yummy snacks! More information about book selections will be available online, at the Children's ASK Desk, or in the Teen Room.

1st Early-Release Wednesday @1:30 PM April 12, May 10, June 7

**Teen Advisory Board:** For tweens/teens in grades 6-12 Join a group of teens who take an active part in the running of the teen department. It is also a social gathering where members meet and make friends. Snacks provided. *New Members Welcome!*Come sign up at the Reference Desk or email wwdtab@minlib.net
Wednesday, April 12, May 10 & June 7 @ 2:30 PM

Casual Fridays! For tweens/teens in grades 6-12 Come hang out with your friends in a relaxed informal setting. Play video or board games, listen to music and catch up on new movies and books. We need you there to make sure something interesting is always happening! Snacks Provided.

Fridays @ 3:00 PM

continued in next column

Continued from previous column

Character Building: For tweens/teens in grades 6-12 Join Joe Lawlor, 6th grade TMS teacher and author of Bully.com, as he discusses the process of creating the characters in his novel. Mr. Lawlor will also lead participants through several writing actives designed to create unforgettable characters. Supplies and snacks provided.

Wednesday, March 22 @ 3:15 PM

**Bullet Journaling:** Teens will create and design a journal. Each month the group will listen writing/art prompts. Supplies and snacks provided.

Wednesday, March 29, April 26, & May 24 @ 7:00 PM

**Teen Knitting:** 6th grade and up. Join us Monday nights for knitting in the Teen room. We are going to knit hats and blankets for preemies, which will be donated to Children's Hospital and Boston Medical. Supplies and some basic instruction will be provided.

Mondays @ 7 PM

### Adult Department Programming

An Evening with Janet Applefield: Please join us to hear the incredible story and journey of Janet Singer Applefield. Janet will share her perspective on what it means to be a Holocaust survivor and the wonderful blessings and heavy burdens that accompany this legacy. Janet was only four years old when World War II began, with the German invasion of Poland. When her parents realized that escape was impossible; they sent her away with a cousin's nursemaid. Soon after Janet left, her mother was sent to Plaszow, the concentration camp outside Krakow, Poland, chronicled in Steven Spielberg's 1993 film "Schindler's List." Janet's father was sent to the Krakow Ghetto. At the end of the war a Polish family took Janet to the Jewish orphanage, where she became one of "Lena's Children." All are welcome to attend this extraordinary event.

Tuesday, March 21 @ 7:00 PM

#### General Genealogy and Family History with Michael Brophy:

This lecture covers the basics of starting out in the search of one's ancestry. Basic methodology will be explained along with the first steps to beginning research. A few tips towards organizing a large genealogical project will be given. Record sources such as vital records will be explored along with census, passenger lists, naturalization, and cemeteries. Recent advances in the field such as DNA and the internet with popular websites will be discussed. No registration necessary.

Wednesday, March 22 @ 7:00 PM

JFK & His Legacy with Gary Hylander: Professor Gary Hylander will present a series of historical lectures about John F. Kennedy. A professor of history at Framingham State University, Hylander earned his Ph.D. from Boston College and specializes as a Presidential Historian. He is a frequent presenter at library forums, OSHER Lifelong Learning Institute at UMass Boston, and is often featured as a commentator on local cable news and radio. No registration is required and all are welcome! This program is generously sponsored by the Friends of the Westwood Public Library.

Wednesday, April 5 @ 7:00 PM

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#### **Library Programs**

**Fresh Books Picks:** Molly and Helen are back for another round of book picks! Come prepared to get a list of books, new and old, to read while you wait for your garden to bloom. No registration is required, and all are welcome!

Friday, April 7 @ 10:30 AM

Poetry Reading: Lynne Viti & Heather Bryant: Celebrate
National Poetry Month by listening to local poets Lynne Viti and
Heather Bryant read from their recent publications. Viti's first
collection of poems, "Baltimore Girls" was recently released by
Finishing Line Press. She is a senior lecturer in the Writing
Program at Wellesley College. Heather Bryant is also a lecturer in
the Writing Program at Wellesley College. "My Wedding Dress" is
Bryant's new poetry collection.

Sunday, April 2 @ 3:00 PM

**Open Mic Night @ Westwood Library:** Come prepared to read either an original work, or one of your favorite poems. All ages are invited to participate in this low-key open mic night. Registration is required- please call 781-320-1045 to sign-up!

Wednesday, April 19 @ 7:00 PM

Great Decisions with Tina McCusker: Become a global citizen by joining the conversation! Great Decisions is America's largest discussion program on world affairs. The program model involves reading an article about a particular global issue, watching the DVD and meeting in a Discussion Group to discuss the most critical global issues facing America today. Copies of each article are also at the Main Library Information Desk & the Islington Branch Library, and all are welcome to each discussion. Please call 781-320-1045 for more information. This program is generously sponsored by the Friends of the Westwood Public Library.

April 6: Topic–Conflict in the South China Sea May 4: Topic–Saudi Arabia in Transition

\*Weekly Computer Help Sessions: For all levels beginners to advanced. Get help with: the internet, e-mail, Macbooks, iPods, iPads and iPhones. 40 minute one on one sessions.

Ongoing; please call 781-320-1045 to sign-up.

\*Registration Required

**Friday Morning Book Group:** Join our book discussion group on Friday mornings! No sign-up necessary—read the book, join the conversation! We are looking for members, please join us! Books will be available at Main Library at the Circulation Desk.

April 28 @ 10:30 AM–*When breath becomes air* by Paul Kalanithi

Also: Being Mortal: medicine and what matters in the end by Atul Gawand

May 19 @ 10:30 AM-*The paying guests* by Sarah Waters June 30 @ 10:30 AM-*Olive Kitteridge* by Elizabeth Strout

Monday Mysteries: Join our book discussion group on Monday mornings at 10:30 AM! No sign-up necessary—read the book, join the conversation! We are looking for members, please join us! Books will be available at the Main Library Circulation Desk. Please note the new time!

April 3 @ 10:30 AM–Inspector of the Dead by David Morrell May 8 @ 10:30 AM–Death Comes to Pemberly by PD James June 5 @ 10:30 AM–The Silent Wife by Asa Harrison

**Technology Help Drop-ins:** Do you have a new laptop, tablet or ereader, and are looking for a little help getting started? Have you heard about getting free e-books, audio books, tv shows & movies from the library, and want to learn more? Or do you want to learn a new language at home & at no cost? Grab your device & come to our Technology Help Drop-In! No registration is required, but be sure to bring your device, your library card, and any passwords or other information that might help get you hooked up!

If none of the drop-ins work with your email, email mriportella@minlib.net or call 781-320-1045 to set up an appointment!

Main Library: Mondays, 6:00–8:00 PM Islington Branch: Thursdays, 2:00–3:30 PM

**Westwood Library Quilters:** Bring your hand or machine quilting projects to work on in the friendly company of other local quilters. An iron, ironing pad, cutting mat and cutting tools will be available. All are welcome!

Monday, March 27 @ 6:30 PM Monday, April 24 @ 6:30 PM Monday, May 22 @ 6:30 PM Monday, June 26 @ 6:30 PM

### More Library Special News

An evening with Janet Singer Applefield at the Westwood Public Library

Tuesday, March 21, 2017 at 7 pm

Janet Singer Applefield was born Gustawa Singer on June 4, 1935 in Krakow, Poland, to Amaja Nabel and Alojzy Singer. She was 4 years old when World War II broke out. When her parents realized that escape was impossible;



they sent her away with a cousin's nursemaid. Soon after she left, her mother was sent to Plaszow, the concentration camp outside Krakow, Poland, chronicled in Steven Spielberg's 1993 movie "Schindler's List" and her father was sent to the Krakow Ghetto. At the end of the war a Polish family took Janet to the Jewish orphanage, where she became one of "Lena's Children" until she was miraculously reunited with her father.

Program is sponsored by the Friends of the Westwood Public Library

Minuteman Library Network Mobile App is now available on the App Store, Google Play Store and Amazon.

Users on the go can use the app to search the catalog and place holds, keep tabs on their library account, renew or freeze their items and manage holds. Your digital library card can be added to your phone, so you'll never leave home without it! To find the app, search for "Minuteman Library Network".

The app also provides access to thousands of eBooks, streaming movies, digital magazines, and premium subscription resources for lifelong learning including Overdrive, Hoopla and "Zinio For Libraries"

If you have questions or would like to know more about library apps, just stop in to the Westwood Public Library and our staff will be happy to assist you!

## ISLINGTON BRANCH LIBRARY

All Library Programs are Free. Registration begins one month prior to program start date.

To register for Islington Branch programs, please call 781-326-5914.

# Children's Department Programs @THE ISLINGTON BRANCH

**Branch Storytime:** For kids ages 2 & up. Children will participate in stories, songs, films, & crafts.

Thursdays, 9:30 – 10:15 AM March 9 – April 13 May 4 – May 25

**PJ Storytime:** For kids ages 3 & up. Children can come dressed in their pajamas with a special stuffed animal and a blanket to hear stories and songs.

3rd Wednesday of the Month, 6:30 – 7:15 PM March 15, April 19, May 17

\*LEGO-mania: For kids in grade kindergarten & up. Come and build with library LEGOs.

Tuesdays, 3:45 – 4:30 PM March 28 – May25

For additional programs and further information, please call the Main Library Children's Department at 781-320-1042, the Main Library Adult Services Department at 781-320-1045, or the Islington Branch at 781-326-5914 or visit the web site at www.westwoodlibrary.org

#### **Adult Programs**

**Islington Branch BookShare:** Bring a book you have read to share with the group as you enjoy a cup of coffee with fellow readers!

Tuesday, March 21 @ 10:30 AM DROP IN PROGRAM Tuesday, May 16 @ 10:30 AM

**Islington Branch Book Group:** Join us at the Branch to discuss some great reads!

Wednesday, April 12 @ 6:30 PM: Dark Tide / Stephen Puleo Wednesday, May 10 @ 6:30 PM: The Island of Worthy Boys / Connie Hertzberg Mayo DROP IN PROGRAM

**Color Me Happy: Adult Coloring:** Coloring is said to decrease stress while enhancing creativity. Join us at the library, where relaxing music and new friends await! Supplies will be provided, but feel free to bring your own. We meet the 1st Wednesday of the month! No registration required!

Wednesday, April 5 @ 6:30 PM Wednesday, May 3 @ 6:30 PM

**Sit and Knit:** Join us for a morning of knitting, crocheting, needlepointing, cross stitching or hand quilting. Bring your own projects and supplies with you. Sit and knit while enjoying the comfort of the Branch and check out a new craft book or knitting mystery...

Thursdays, 10:30 AM–12:00 PM DROP IN PROGRAM



Westwood Public Library

## Residents Can Now Use Ancestry.com for Free at Library

Ancestry Library Edition, from Ancestry.com, is now available to Westwood Public Library cardholders.

This new database includes a treasure-trove of centuries of data from the United States, including census records; birth, marriage and death records; immigration records; military records; family and local history records; and court land and probate records.

Ancestry Library Edition also features extensive international data from Canada, the United Kingdom, Australia, France, Germany, and other European countries.

Beginners can use tools and resources in the database's "Learning Center" to begin creating timelines; connect with other researchers; discover hard-to-find historical documents; and get answers to tough research questions.

This database can only be accessed in the library. You may access the database on library computers or bring in your own

laptop or device to use over our Wi-Fi. Remote access is not permitted. For more helpful tips and tricks, or to begin your genealogical research, visit the Westwood Public Library, or call 781-320-1045.

#### Also of note to budding genealogists:

The Friends of the Westwood Public Library, will be hosting Michael Brophy of Brophy Professional Genealogy & Heir Tracing on Wednesday, March 22 at 7:00 PM. His lecture, *General Genealogy and Family History*, will cover the basics of starting out in the search of one's ancestry. Basic methodology will be explained along with the first steps to beginning research. Tips on organizing a large genealogical project will also be identified. Record sources such as vital records will be explored along with census, passenger lists, naturalization, and cemeteries. Recent advances in the field such as DNA and the internet with popular websites will be discussed. No registration necessary, and all are welcome.

#### **News Items Wanted!**



# **WESTWOOD PUBLIC SCHOOLS**

Honoring Tradition • Inspiring Excellence • Shaping the Future • Creating Opportunity



Dear Westwood Residents,

March 2017

SUPERINTENDENT

We are more than halfway through the 2016-2017 school year, and I could not be prouder about the efforts and accomplishments of our students, faculty, and staff. The Westwood Public Schools continues to thrive, thanks in large part to the high level of support we receive from our residents. With that in mind, we work very hard to develop

and administer responsible and justifiable budgets, ones that meet the needs of our students yet don't overly burden

you, the taxpayers. My recommended FY'18 budget, which I presented to the School

Committee in January, fits that bill. If you are interested in learning more about it, please visit the district website at www.westwood.k12.ma.us (click District > School Committee > Budget). I recommend you read the Executive Summary, which is a "big-picture" overview, but one that also provides detailed explanations of our budget requests. It is written with the goal that any Westwood resident can read it and fully understand the school budget. I hope you find it clear, concise, and easy-to-read, as one of my primary goals is to provide a high level of transparency during the budget process. Thank you.

## **Computer Science at Thurston**

by Allison Borchers, Thurston Middle School Principal

According to a 2016 Gallup research study, 90% of parents want their kids to study computer science, but only 40% of schools teach computer programming.

This fall, Thurston Middle School joined the growing collection of schools that are helping kids learn to code. Students in each grade at Thurston take a trimester of Computer Science and Engineering, a combined course in which half of their time is devoted to completing engineering projects and the other half to sharpening their computer programming skills.

On computer programming days, students have learned about binary numbers—the foundation of programming—and created their own simple computer games using Scratch. The course instructor, **Paula Moore**, plans to incorporate additional units into the curriculum, including some robotics and

app design.
Together
with the
engineering
teacher
David Lamb,
she is also
introducing
students to
3D printing
technology.

Who knows where our students might take their



Eighth Graders **Hunter Lee** and **Parsa Masomi** share the maze game programs they created in Scratch

developing skills, but it is likely that they'll be more employable down the road thanks to classes like these. Currently, there are around half a million computing jobs available, and economists project nothing but growth in this area.



# **WESTWOOD PUBLIC SCHOOLS**

Honoring Tradition • Inspiring Excellence • Shaping the Future • Creating Opportunity

### Preschool and High School Collaborate

by **Corey Rocha**, Westwood High School Teacher, and **Aprile Albertelli**, Westwood Integrated Preschool Director

Westwood High School students and preschool students have countless opportunities to collaborate as both schools reside in the same building. Recently, students from Corey Rocha's Child Development class completed a book project. Small groups of high school students worked together to create an eight-page children's story in which the main conflict connects to one of the theories of Jean

Piaget, Erik Erikson, or Lawrence Kohlberg. The high school students then had the opportunity to read their stories to the children of the Westwood Integrated Preschool. There is



nothing more exciting to see the younger students interacting and looking up to the "big kids" and the pride and enthusiasm that the high school students exuded when reading and discussing their books.

No need to wait! Act now to complete your

# ONLINE BUS REGISTRATION

Registration for the 2017-2018 year will run from March 1-June 30, 2017

# To register:

Visit the Westwood Public Schools' website at www.westwood.k12.ma.us

Click on **Online Payment** and then **Bus Transportation Registration & Payment** 

Read the **FAQ's** and then **register and pay online** for transportation.

Note: Parents will need their child's Student ID # (except for Kindergarten) which can be found on elementary school lunch invoices, middle school lunch cards, report cards or high school ID cards. Please make sure to enter the grade your child will be entering next September.

To guarantee a seat on the bus, registration and payment must be received by the June 30th deadline

Questions? Email us at busregistration@westwood.k12.ma.us or call the Business Office at 781-326-7500 x1343

Transportation rates will not increase for the 2017-2018 school year. The annual bus fee will be \$180 per student, with a family cap of \$450 for all students in Grades K-12.

Bus stickers will not be issued to middle and high school students. At the end of August, parents should check the Aspen Portal to see what bus # their child(ren) have been assigned. Bus routes will be posted on the district website and in the local newspaper.



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# Coaching involves more than winning

Each year the Massachusetts Basketball Coaches Association (MBCA) Presidential Service Award is given to a deserving person that has given a great deal to the game of basketball. Ken Foscaldo has been a supporter of youth basketball for over 40 years. Tom Cavanaugh, President of the MBCA was first introduced to Ken in the summer of 1974 when he played for Ken's Boston Neighborhood Basketball (BNBL) team, the Ballhawks at Fallon Field in Roslindale.

"Ken was and remains a calming and moderating influence on the young people he oversees. He was coaching in what was then the best way high school players could get a high level of competition in the summer. BNBL predated AAU so every kid in the city was on a team and many from the suburbs as well.

"Ken always preached and expected that we observe that we behave as gentlemen and sportsmen. The winning would take care of itself if we did what was expected. He had one of the best players to ever play in Massachusetts in Ronnie Perry. With that foundation he had some pretty good players he molded into a team. Ken always kept the idea of competition and class foremost among what he taught. These lessons were important in his life as a professional, coach, administrator and referee and are the reasons he was chosen to receive this award. Over the years Ken has been involved in basketball at the high school and youth levels and still is," said Tom Cavanaugh.

Ken's list of accomplishments includes being a coach in the Boston Neighborhood Basketball League, CYO Coach at St. Theresa of Avila Parish (West Roxbury), St. Margaret Mary Parish

(Westwood), founding member of the Westwood Youth Basketball Association, Westwood Recreation Commissioner and Director of the Westwood Summer Basketball League.

Ken currently serves as the Athletic Director for the Archdiocese of Boston CYO Parishes and Catholic Grammar schools. He also serves as the Parish Athletic Director of St. Margaret Mary Parish and the Area Coordinator of the Norfolk County CYO Basketball League which has over 75 teams participating from throughout Norfolk County. He has been a member of the International



Tom Cavanaugh (left), President of the Massachusetts Basketball Coaches Association presents award to Ken Foscaldo, Westwood resident. The ceremony took place at the College of the Holy Cross, Worcester, MA

Association of Approved Basketball Officials since 1972 rounding out his complete immersion in the game of basketball at every level. In 1993 Ken was inducted into the CYO Sports Hall of Fame.

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