



WESTWOOD

A COMMUNITY NEWSLETTER

Dedham-Westwood Water District Winner of 2015 Public Water Systems Award

The Massachusetts Department of Environmental Protection announced the winners of the annual Public Water Systems Awards, given each year to celebrate National Drinking Water Week (May 3-9). Dedham-Westwood Water District was among nine medium to large size Public Water Supply systems to receive the award. Ken Bragg, Chair of the Water District Board, accepted the award during a ceremony held on May 6. Officials from the Office of Environmental Affairs and the MassDEP spoke of the important, consistent and mostly unsung role drinking water operators play in our quality of life and health.

“The Commonwealth is fortunate to have 1,735 public water systems that work every day to provide a safe and consistent water supply source that we should never take for granted,” said MassDEP Commissioner Martin Suuberg. “Given the many worthy drinking water systems in the Commonwealth, we try to find each year those whose consistency and foresight in planning for the future are deserving of special recognition and commendation.”

“The Commonwealth is fortunate to have 1,735 public water systems that work every day to provide a safe and consistent water supply source that we should never take for granted.”

*MassDEP Commissioner
Martin Suuberg*

Since 1991, MassDEP has given these awards to acknowledge the many dedicated professionals whose accomplishments in maintaining consistent and safe delivery of potable water to the residents of the Commonwealth are worthy of special recognition. Dedham-Westwood Water District has been the recipient of the award five times previously. Some other systems to be recognized along with DWWD this year include Concord, Hingham, Harwich and MWRA.



(L to R) Beth Card, Deputy Commissioner Executive Office Environmental Affairs; Tabitha Maccalous, DWWD Water Quality Supervisor; Eileen Commane, DWWD Executive Director; Ken Bragg, DWWD Board Chairman; Bob Alexander, DWWD Production Superintendent; Tom Mahin, MADEP Regional Director

All of the state’s public water systems were nominated simply by serving as a public water system.

*Contributed by Eileen Commane, Executive Director
Dedham-Westwood Water District*

Town Meeting Adopts New Stormwater Bylaw

On May 4, 2015 the residents of Westwood voted unanimously to approve a new Stormwater Bylaw which will regulate discharges to the Municipal Separate Storm Sewer System (MS4). This new bylaw is intended to protect the Town’s water bodies and groundwater, to safeguard the public health, safety, welfare, and environment, and to bring Westwood into compliance with mandated federal standards. In addition, the implementation of appropriate stormwater management measures at the site development level will protect taxpayers from the rising costs of managing increased development-related discharges into the MS4, as well as the potential costs associated with restoring waterways degraded by illicit discharges.

From this point on, any development or redevelopment project which includes a land disturbance of more than 5,000 SF but less than ½ acre will require an Administrative Land Disturbance Permit. This will involve the submission of an application and plans for review and approval by the Conservation Agent prior to the issuance of a Building Permit. Where appropriate, the Conservation Agent may grant approval with conditions, including favorable grade changes and other measures designed to prevent erosion and to increase recharge of runoff from impervious surfaces.

Any development or redevelopment project which includes a land disturbance of greater than ½ acre will require a Land

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Did You Know...

Westwood Board of Health

Bed bug info

Did You Know... that bed bugs have made resurgence in the United States? The Westwood Board of Health offers the following information to prevent bed bugs from becoming an unwelcome guest.

Bed bugs are tiny, brown, flat, oval-shaped insects that feed on the blood of humans and may live for weeks without a feeding. They are called bed bugs because they most often live in your bed, but can also be found in upholstered furniture, behind wallpaper and in cracks and crevices.

To avoid bed bugs when traveling:

- Treat the exterior of your luggage with an appropriately labeled insect repellent, before you leave home.
- Place your luggage on a luggage stand, away from beds and upholstered furniture and keep your clothing in your suitcase on the stand
- Avoid bringing personal items, such as pillows and blankets
- Check the mattress and box spring at the corners and edges for spotting, which is a sign of bed bugs

To prevent bringing bedbugs home with you after traveling:

- Avoid placing luggage on your bed
- Wash and dry clothing before storing

Most people do not have a reaction to bites. If you develop a rash see your physician. "Sleep Tight; Don't Let the Bed Bugs Bite!"

Westwood Public Library

Morningstar Research Center Database

Did You Know...the Westwood Public Library provides electronic databases, including *Morningstar Investment Research Center – Business and Finance?*

The Library is spotlighting one of its electronic databases: *Morningstar Investment Research Center*. The hope is that you might be interested in trying it out – and possibly tempted to explore the other databases as well. This particular database is available for use by all library patrons on-site at the Main Library. Remote access is limited to Westwood residents with a valid library card.

Find it online at: www.westwoodlibrary.org under the column headed Library Resources. Select Electronic Databases and scroll down the alphabetical list to *Morningstar Investment Research Center*. Imagine, investment research at your fingertips – 24/7.

Morningstar Investment Research Center database can be used to investigate different stock and fund investments. The database is updated daily and provides complete reports for approximately *2,000 funds and 1,000 stocks. Quicktake Reports, which include portfolio, risk, performance, and management information, are available for approximately 13,000 funds and 8,000 stocks.* Snapshot information is available for thousands of other funds and stocks. Overall, information for over 100,000 investment offerings is available.

Morningstar, Inc. issues reports twice a month on a five-month schedule. Each fund is rated once every five months. All pricing is current information, and ratings and risk information are updated daily.

Effective July 1, 2015, access to *Morningstar Investment Research Center* will be available for 2 users at any one time. Please select the END SESSION option when you leave your session to allow other users an opportunity to log into the database.

Westwood Public Library

New passes available

Did You Know...the Westwood Public Library has added several new passes this year? These additional passes are brought to you through the efforts of the Friends of the Westwood Public Library and the generous support of several local groups and businesses.

New to the library this spring are passes to the PawSox, Boston Harbor Islands, the Peabody Essex Museum (Salem, MA), and the Institute for Contemporary Art (Boston, MA)!

The PawSox Pass is sponsored by AAA Southern New England. Pawtucket has served as Boston's Triple-A affiliate since 1973. The Library pass provides a great opportunity to cheer on the Pawtucket Red Sox in a game at McCoy Field, which opened in 1942 and is the oldest ballpark in the International League.

The Library has also added the Boston Harbor Islands Pass, sponsored by the Boston Harbor Island Alliance. This pass became available May 9th. It provides a 2-for-1 discount for ticket purchases (with a *maximum* of 2 free tickets) to the Boston Harbor Islands (Georges Island and Spectacle Island). **This pass is valid for weekdays only!**



- Buy 1 – Get 1 free! Buy 2 – Get 2 free!
Maximum 2 free tickets per visit.
- Reserve the Westwood Library Pass – and then make your ferry reservation by calling Boston Harbor Cruises at 617-227-4321.
- You must present the Library Museum Pass coupon at the Boston Harbor Cruises Ferry Center located on Long Wharf North on the Boston waterfront.

Passes may be reserved online at the Library's website: www.westwoodlibrary.org or you can contact the Circulation Desk staff directly at 781-320-1048 for additional information. Museum passes are available to Westwood residents and town employees. You must have a valid Minuteman library card in order to borrow passes.

Keep in touch with us! We're always working on new offerings.

Cemetery Expansion

Did You Know...Cemetery expansion funding was approved at Annual Town Meeting? The town is anticipating construction to begin in late summer or early fall. In conjunction with BSC Group and CHS Consulting, the Cemetery Commission is preparing plans and design. The project will provide space for ground burials, as well as alternatives for cremation burials.

When finished, the expansion will provide the town with the following:

Space for 1,900 interments:

- 850 Casket Burials
- 258 Cremation Niches in Wall
- 228 Cremation Niches
- 60 Cremation* lots
- Committal/Assembly Area
- Revised Driveway
- Storm Drainage Improvements
- Fountain in Pond
- New Landscaping

* Cremation rate will exceed 50% in next 10 years

Westwood Cultural Council

The Westwood Cultural Council is seeking applications for grants to fund local community cultural programs and PASS, a ticket subsidy program for school-age children. Application forms are available at the Westwood Town Hall and both branches of the Westwood Library. Forms can also be obtained at www.massculturalcouncil.org.

All applications must be completed and postmarked by October 15th, 2015. Please send applications to the Westwood Cultural Council, Westwood Town Hall, 580 High Street, Westwood, MA, 02090.

Individuals and organizations can apply for projects such as workshops, lectures, exhibitions, festivals, science education and performing arts projects, as well as the PASS funding to take school and youth groups to attend cultural performances outside school.

Grants are awarded after consideration of benefit to the community, the qualifications of the individuals and organizations, the planning process, community interest, and the population segment served.

For more information, e-mail: Westwoodculturalcouncil@gmail.com.

Welcome New Town Planner Abigail McCabe



PHOTO CREDIT: TOWN HALL

On April 8, 2015, Wellesley resident Abigail McCabe took office as Westwood's new Town Planner. She replaces Nora Loughnane who was recently appointed Director of Community and Economic Development.

Abby came to Westwood from Weymouth where she had held the position of Principal Planner in the Department of Planning & Community Development since 2013. Prior to that, Abby served as

Chief Planner for the City of Worcester Division of Planning & Regulatory Services and as a Staff Planner for the Town of Reading. She was highly recommended by all references and received rave reviews from Westwood's recent Interim Economic Development Officer Peter Hechenbleikner, who formerly served as Reading's Town Manager.

Abby brings a wealth of experience, energy and enthusiasm to her new position. She hit the ground running at her first Planning Board meeting on April 14th, and is now working closely with board members, staff and applicants on several development proposals.

As Westwood's Town Planner, Abby will provide advice and guidance on planning and zoning matters, answer questions from residents and property owners about potential developments, and manage all aspects of applications for Planning Board review. She will also play a principal part in the production of Zoning Bylaw amendments, the update of Westwood's Comprehensive Master Plan, and the development of plans for the next phase of development at University Station.

Please join us in welcoming Abby to Westwood.

Contributed by Town Hall

News From the DPW

The Department of Public Works has a long list of projects and improvements to keep Westwood spiffy. Director Todd Korchin wants residents to be informed of the work they will be noticing over the summer. The highlights include:

- FY 2016 Summer Paving Projects:
 - Grove Street
 - Downey Street
 - Smith Drive
 - East Street
 - Blue Hill Drive
 - East Street
 - Martingale (Micro-surfacing)
 - Bridal Path (Micro-surfacing)
 - Pond Street (Micro-surfacing)
- Town wide LED Street Light replacement plan was approved and will be installed this Summer
- Deerfield School Field reconstruction will take place in late summer/early fall. This project will consist of creating two new softball fields as well as re-grading of the entire complex and creating a walking track along the entire perimeter of the field.
- Cemetery Department
 - Design of the new phase of the Cemetery is underway (Hired BSC to begin design and establish construction cost estimate). Construction slated for late summer/early fall
- Sewer Department
 - Pump Station facility infrastructural replacement program to begin this summer

Another noteworthy item

- Spring Recycling Day served over 150 vehicles...a very successful event and *thank you to WEAC*

Jeffrey Jarvis Memorial Blood Drive

A Westwood Community Event

The *Jeffrey Jarvis Memorial Blood Drive*—will be held at the Masonic Building, 655 High Street, on Saturday, July 11, from 9 am to 3 pm. Donations will be made on the spectacular new Dana-Farber/Brigham & Women's Hospital mobile unit.

Blood is collected for the exclusive use of the two hospitals. It can be donated every eight weeks, by donors 17 years of age or older who weigh at least 110 pounds and are in good health.

Patients undergoing treatment for cancer—as well as accident victims, transplant recipients, and many other patients—depend on transfusions to control their bleeding. *Volunteer donors are the only source of blood products for these patients.*

A breakfast of waffles and pancakes, with lots of extras, will be served to donors and their family members.

Donors can reserve a most convenient time by calling 888-LETS-GIV (538-7448) or 617-632-3206.

Contributed by Charles Liftman

Give the gift of life on July 11th

The new Blood Mobile mobile unit will be visiting Westwood. Make an appointment today!





Westwood Youth
&
Family Services

Friends Network

Aaron Burke
Abby Diehl
Becky Persons
Billy Wallace
Chris Keeler
Colin Burke
Georgia Lucas
Greg Scannell
Hannah Smith
Jonny Phan
Lizzie Casavant
Marissa Mealey
Marissa Walsh
Mary Kate Brown
Nancy Aleid
Rachel Hoang

Body Safety Theater

Abi Gowda
Abigail
Drokhlyansky
Bridget O'Sullivan
Cameron Wise
Colin Burke
Daniel O'Brien
Dante Giugliano
Dominic Giugliano
Gioia Cianciarulo
Halley Husted
Hattie Rowe
Julia Serrecchia
Kevin Deeb
Kristen Cuccoli
Libby James
Liz Collins
Mackenzie Draper
Max Cope-Flanagan
Melissa Ligure
Nastia Kukunova
Nick Draper
Patrick Sennott
Rahmeh Fares
Richard Li
Sarah Danforth
Stephanie Homsy
Tim Kearns
Will Gettings

Westwood Youth & Family Services would like to thank all of the high school students who volunteered with our Mentor Program this year, providing **over 1,700 community service hours** to the Town of Westwood. We would also like to thank our school and community partners who helped make this year a success!

Bully Prevention Theater

Abigail
Drokhlyansky
Bridget O'Sullivan
Caroline Loiacono
Caroline Stebbins
Colin Burke
Dante Giugliano
Dominic Giugliano
Gioia Cianciarulo
Grace Burke
Halley Husted
Hattie Rowe
Kate McMurray
Kevin Deeb
Libby James
Liz Collins
Lucie Duffy
Mary Beth Hogan
MaryKate Murphy
Max Cope-Flanagan
Melissa Ligure
Rahmeh Fares
Richard Li
Shaye Firmin
Stephanie Homsy
Tim Kearns
Will Gettings

Thurston Thursday Club

Amy Cox
Amanda Papauasilia
Austin Russell
Bridget O'Sullivan
Carl D'Angio
Casey Nanna
Chris Keeler
Dante Federico
Dominic Giugliano
Joe Reissfelder
Justin Tso
Kelly Drew
Kevin Coppola
Kevin Deeb
Kevin Tso
Kristin Shipp
Liz Collins
Marissa Walsh
Mark D'Angio
Noah Rau
Rachel Fergus
Rahmeh Fares
Stephanie Homsy
Yousef Boumjahed

Teen Center

Abigail
Drokhlyansky
Abigail Walsh
Allie Damren
Brigitte Farah
Chris Keeler
Colleen
McDonough
Dominic Giugliano
Elena Austras
Eric Bamford
Gabriella Taghian
Greg Scannell
Kayla Doherty
Kevin Deeb
Kyle Schroeder
Haley Fedorowicz
Jamie Burke
Jenna Burke
Michael Riley
Rahmeh Fares
Ryan Fedorowicz
Stephanie Homsy
Shane Kelly

Westwood Youth & Family Services

Westwood Youth & Family Services is pleased to announce that registration is now open for the following programs:



Westwood Youth
&
Family Services

Single Parent Support Group – A popular summer program that consists of weekly evening meetings starting at the beginning of July and running through August that offers single parents in Westwood the opportunity to get together and discuss such topics as raising children, time management, finding time for self-care and personal interests, parenting strategies and stress management. Group membership and childcare are provided free of charge, along with pizza and snacks for both kids and parents, thanks in part to sponsorship from the Westwood Early Childhood Council and other local organizations. This group meets on Wednesday evenings from 6:00 – 7:15 pm at the Islington Community Center.

Structured Play Groups – These 8-week groups for kindergarten – 5th graders are designed to emphasize the continued development of adaptive social and conflict-resolution skills as well as self-esteem and social confidence. Organized play and drawing activities are used to reinforce weekly topics such as initiating & developing friendships, working cooperatively as a team, appropriate communication, decision-making, as well as appreciating one's own strengths and the differences of others, etc. Groups run throughout the school year and meet from 4:00 – 5:00 pm, one afternoon per week, at either the Islington Community Center or the Martha Jones or Hanlon Extended Day programs.

Girls Only! Groups – These 12-week groups for 4th–6th grade girls focus on navigating friendships and cliques, avoiding peer pressure, managing bullying situations, and improving body image, confidence and self-esteem. We utilize art projects, videos and games to help reinforce these important topics in fun and creative ways! These groups meet one afternoon per week from 4:00 – 5:00 pm in the fall and winter at the Islington Community Center.

Friends Network – The Friends Network program matches 3rd, 4th and 5th grade students in Westwood with high school aged residents in 1:1 same-gender pairs that meet weekly to engage in games and activities in a relaxed setting. This is a great way for children to engage with a positive role model while forming a special friendship and having fun! This program runs from November through April and meets on Wednesday evenings from 6:30 – 7:30 pm at the Senior Center.

To register, please visit the Westwood Youth & Family Services website at www.townhall.westwood.ma.us/yfs. For more information about any of our programs, please call (781) 320-1006.



R.A.Y. (Recognize-A-Youth) Program

Recipients Honored at Rotary Luncheon



Westwood Youth &
Family Services

The Westwood Rotary and Westwood Youth & Family Services proudly announce the recipients of the 2015 R.A.Y. Award. These young people were honored at a Rotary Club Luncheon in early June for their initiative and commitment to community service. The recipients, through their actions, have demonstrated an ethic of caring for others that is essential for the health of our community. Along with the chance to celebrate their accomplishments with their families and those that nominated them at the luncheon, the honorees received a certificate of appreciation and a gift courtesy of the Westwood Rotary.

Congratulations to this year's honorees:

Colin Burke • Tommy Wade • Kate Burkart

Stormwater Bylaw – Continued from page 1

Disturbance Permit issued by the Westwood Conservation Commission. This will require the submission of an application and supporting documentation for review by the Conservation Commission in the course of a public meeting. The Conservation Commission may require Low Impact Development features and implementation of Best Management Practices (BMPs) to achieve favorable stormwater management conditions.

While many smaller developments and redevelopments in Westwood will be unaffected by the new bylaw, others will now require one extra step before a Building Permit can be issued, and property owners will be encouraged to consider BMPs at the project design phase.

The construction of a modest single family home, as described in Table 1, will not require any permit:

Table 1:

30' x50' House	=	1,500± SF
12' x40' Driveway	=	500± SF
30' x 20' Front Yard	=	600± SF
30' x50' Rear Yard	=	1,500± SF
30' x10' Side Yards (2)	=	600± SF
Total Disturbed Area	=	4700± SF
<5,000 SF =	=	No Permit Required

The construction of a larger single family home with over 5,000 SF of land disturbance will require an Administrative Permit:

Table 2:

40' x50' House	=	2,000± SF
12' x60' Driveway	=	700± SF
50' x30' Front Yard	=	1,500± SF
60' x100' Rear Yard	=	6,000± SF
40' x25' Side Yards (2)	=	2,000± SF
Total Disturbed Area	=	12,200± SF
>5,000 SF but <21,780 SF =	=	Administrative Permit Required

Only those projects involving land disturbance exceeding ½ acre of land, and certain development projects with special circumstances (such as projects involving hazardous materials) will require review by the Conservation Commission.

For more information on the new Stormwater Bylaw, or to discuss a proposed development project and gauge whether or not it will fall within the parameters for Administrative Land Disturbance Permit Review or Land Disturbance Permit Review, please contact Conservation Specialist Karon Skinner Catrone by email at: kcatrone@townhall.westwood.ma.us.

Contributed by Nora Loughnane

Hale Reservation

Fun in the Westwood Sun

After Massachusetts' worst winter on record, everyone is eager to be outside and enjoy the warm weather. While mapping out your summer plans this year, do not forget about Hale's Membership Beach as a convenient and unique alternative to pricey family getaways. At Membership Beach, every day is like family vacation! Membership Beach is a private, members-only beach on picturesque Noanet Pond open seven days a week, from Memorial Day weekend to Labor Day. For one all-inclusive fee, members receive eight weeks of swim lessons, boating lessons and many other program activities. If you are already familiar with Membership, as either a guest or member, there are some new things going on that are making us even more excited for summer!



A first this year, will be *session bundles* as an option for membership, allowing more flexibility and the opportunity to check out the program without committing to an entire summer. Session bundles begin on June 28th for two week time periods through August 22nd. Access and programming is valid from Sunday through the following Saturday and also includes pre- and post-season access to the Beach!

After massive popularity in previous years, three additional stand-up paddleboards have been added to Hale's boating fleet, which already consists of canoes, kayaks and sailboats. Members are allowed to take paddleboards out on a first come, first served basis with unlimited time slots. Why not complete an amazing full-body workout (that hardly feels like exercise) while enjoying the serenity of Hale's scenic vistas?

The fun does not stop when the sun goes down. Many evening activities have been added to the Beach's calendar of events in recent years. Sit on the beach and enjoy movie nights with family-friendly flicks projected overlooking the waterfront. Family board game night with giant versions of classics such as Twister, Checkers and Jenga are sure to entertain all ages. For those nights when you are looking for some adults-only fun, members can enjoy BYOB beach-side soirees complete with music and a campfire.

With all that the Beach has to offer and the new two week membership options, why not see if this hidden gem is a good fit for your family? To learn more about Membership Beach and Hale Reservation in general, visit www.halereservation.org today. Hope to see you on the Beach this summer!

Contributed by Hale Reservation Staff

Hale Reservation

Think you have what it takes?



HALE'S OBSTACLE CHALLENGE
Saturday, June 13 – 10 am

If you think you have the mental toughness and physical endurance necessary, join us on picturesque North Beach for challenges such as the Canoe Hurdle, Dodgeball Alley, Commando Crawl and Log Carry!

Log on: halereservation.org/programs/race-hale/ to register and to learn about our other upcoming race events, all which help support camper financial aid!

#RUNLIKEHALE

The Foundation for Westwood Education

Investing in Education and Cultural Enrichment in Our Community



On Wednesday, May 13, the Board of Directors of the Foundation for Westwood Education voted to approve fourteen grant applications submitted this spring, totaling over \$30,000. The Foundation relies on, and is grateful for, the generosity of community members and business owners who have made possible these and other grant awards. For more information about the Foundation or to donate online please visit our website at foundationforwestwoodeducation.org.

The following information summarizes this spring's funded programs:

Grant Name	Purpose
Bridges Together	To pilot an inter-generational program for Thurston Middle School students and Westwood senior citizens
Ninth Grade Success Academy	To pilot a transition program for rising ninth graders designed to ensure that all are prepared for the demands of high school
The Science of Growing Up	To fund professional development and a speaker series on current research about what makes adolescents tick
Self-defense for Women	To teach female high school seniors how to defend themselves
D.W. Goes to Kindergarten	To provide live interactive performances for incoming kindergarten students to help ease their transition to school
The French Are Coming! Westwood and Rochefort School Partnership and Exchange Program	To provide seed money for an immersive cultural exchange program between Westwood High School the Lycée Merleau Ponty in Rochefort, France
Behavioral and Educational Best Practices for Students with Mental Health Disabilities	To engage a special educator to speak to middle and high school faculty about strategies they can implement to better support students
Seating Options	To acquire a variety of seating options for students at Hanlon Elementary School in order to determine which best support students' abilities to pay attention and learn
Creation Stations in the Library	To develop science, technology, engineering, art, and math activities in the Westwood Public and elementary school libraries
Outdoor PE Games and Activities at Thurston Middle School	To purchase an activity unit designed to enable middle school students from all backgrounds to learn games that level the playing field between non-athletic students and their more athletically inclined counterparts
Class Set of Noise-canceling Headphones	To purchase a set of noise-canceling headphones at Hanlon Elementary School
Learning with LightAide for FOCUS program	To purchase a device that helps students at Deerfield Elementary School to visually concentrate, focus, and access the general curriculum
Coding and Tinkering	To pilot a new computer science and engineering curriculum at Thurston Middle School
Listening Center for MMO Nursery School	To enhance MMO Nursery School's pre-literacy program

Westwood Public Library – Main Branch

Keepsake Garden Stepping Stones

On Saturday, June 20th, from 9:30 to 1:00, Westwood residents of all ages are invited to join us for a new event: **KEEPSAKE GARDEN STEPPING STONES**.

All materials and supplies will be provided; you only need to bring your own special artistic spirit. If you would like to personalize your stepping stone, you may want to bring along special items from home – popular choices include stones, seashells, bits of glass or other items to create your own personalized mosaic pattern. For the youngest artists, handprints and footprints are always a memorable addition to your stepping stones.

This is sure to be a very popular event, and while we will have plenty of supplies and materials, it is helpful for us if we can schedule some of the participants for specific time slots. You can pre-register for a time slot by calling the Children's Department at

the Library at 781-320-1042, or you can sign up for a time slot on your next visit to the Westwood Public Library.

Children, Teens and Adults are all welcome to participate! It makes a great "Father's Day" gift and looks fabulous in any garden! This is a drop-by and drop-in activity. No need to pre-register.

Stepping Stones must be left overnight to set up, so you'll need to return to the library walkway anytime on Sunday or Monday to retrieve your stepping stones.





OCTOBER 3, 2015

A community event for all ages!

Westwood High School

Rain or Shine



KICK OFF: FRIDAY, OCTOBER 2

- **Football Game 7:00 PM**
Westwood Wolverines host Holliston Panthers at Flahive Field
- **Fireworks 9:00 PM**
Display will follow the football game approximately 9:00 PM at WHS

WESTWOOD DAY, OCTOBER 3

- 5K 9:00 and Fun Run 10:00
- Activities 10:00-3:00
- Entertainment 10:00-3:00
- Vendor Village 10:00-3:00
- Food Court 10:00-3:00



CONTACTS

- **ACTIVITIES:** Taryn Crocker tcrocker@townhall.westwood.ma.us
- **ENTERTAINMENT:** Kristin Scoble kscoble@townhall.westwood.ma.us
- **FOOD COURT VENDORS:** Sue Perry sperry@townhall.westwood.ma.us
- **VENDOR VILLAGE:** Julie Harrington jharrington@townhall.westwood.ma.us
- **SPONSORSHIPS:** Nicole Banks nbanks@townhall.westwood.ma.us
- **VOLUNTEERS:** Jan Parr jparr@townhall.westwood.ma.us



Information: www.WestwoodDay.com



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Follow Us: @WestwoodDay

Westwood Early Childhood Council

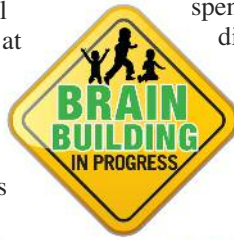
Westwood Community Thanked for Participation in Brain Building In Progress Campaign



Westwood Early Childhood Council celebrated “Kids At Play...Brains at Work” as part of the Brain Building In Progress Campaign for the second year in a row. Westwood once again

joined the MA Department of Early Education and Care, United Way, and communities across Massachusetts in this statewide initiative. The initiative aims to provide awareness around meaningful interaction between parents/caregivers and children.

The weeklong celebration took place April 11-18th and included participation from Westwood families, early educators, community partners and businesses. Special Guest Dr. Hannah Gardner of “A Greenslate” provided a parent workshop entitled Healthy Families/Healthy Homes on how to make your living environment healthier, safer and greener. Hundreds turned out for the family events which included “Make Sense of Nature,” “Parachute Play,” “Fire Station Fun,” “Let’s Dance,” and “Reading Makes Cents.” Parents and children explored nature through their 5 senses at the Make Sense of Nature hike which was lead by a naturalist and took place at Hale Reservation. Lizzy McGovern, Children’s Librarian provided parachute games, songs, and playful activities for children ages 2-5. Gerry Smith, Westwood Firefighter provided tours of the Fire Station and a presentation on fire safety. Children and parents enjoyed a first hand look at the fire trucks and equipment. Leslie Warner Maloney lead children and parents in an afternoon of fun, interactive dances and movement at “Let’s Dance”. Early Childhood partnered with Dedham Savings, Westwood Library and Westwood Youth and Family Services to provide a Financial Literacy program for parents and children ages 4-7. Using children’s literature and hands on activities, children and parents learned about



spending, and saving. The event ended with a parent discussion on establishing practical strategies as a family.

Westwood Early Education & Care Programs collaborated on a town-wide project called “Books Build Brains” Each program chose a favorite children’s author to celebrate. They read stories, discussed authors, and created works of art that are on display at the Westwood Library. Participating Early Education and Care programs included Barnyard Child Care Center, Clapboard Tree Nursery School, Kindercare, Knowledge Beginnings, MMO, St. John’s Nursery School, Tobin School, Westwood Children’s School, Westwood Integrated, Westwood Montessori, and Westwood Nursery.

Many local business’ agreed to help participate and promote Brain Building In Progress. “Brain Building” Tote bags filled with enriching children’s activities were provided to Westwood business’ by the Early Childhood Council. The business’ will provide the totebags to families to use while they visit.

Participating business’ include:

Dunkin Donuts	Dedham Savings
Panera	Islington Barber
Café Diva	Comella’s
Westwood Pizza	Islington Pizza
Keller Williams	Vello’s
Bibi’s Café	Westwood Animal Clinic
Caldwell Banker	Bank of America
Starbuck’s	Westwood Veterinary Care
Blue Orchid	Old Colonial Barber Shop

For more information on the Westwood Early Childhood Office and Council go to www.westwood.k12.ma.us/index.cfm?pid=14678. For more information on the Brain Building campaign go to www.brainbuildinginprogress.org/

Contributed by Janet Lucey



NEW at Westwood Recreation

Westwood Recreation is pleased to announce facility improvements and upgrades!

- During the month of April, the pool locker rooms were outfitted with new lockers, which not only brighten up the space, but are also rust proof.
- New tiling on the pool deck includes depth markers in both the imperial and metric systems and “no diving” markers.
- The Recreation entrance hallway and pool lobby were carpeted and the walls freshly painted.

Based on the oohs and aahs of patrons, these projects are a big hit. We invite you to stop by and see these upgrades for yourself. And, almost forgot, *we’ve got lots of new pool noodles!*



Westwood Young Women's Club

Musical Mondays are back!

The Westwood Young Women's Club's Summer Concert Series returns this summer with a jam-packed lineup of kids' entertainment!

The free concerts are held on the front lawn of the Westwood Senior Center and are wonderful events for adults and children of all ages.

Comella's pizza and icy treats from the Snowy Bus will be available for purchase. Bring a blanket or chair and make it an evening out!

Mark your calendars now!

July 6	6:30 pm	The Bubbleman
July 13	6:30 pm	Jeannie Mack Children's Band
July 20	6:30 pm	Stacey Peasley Children's Band
July 27	6:30 pm	Rick Goldin

The Summer Concert Series is organized and sponsored by the Westwood Young Women's Club with special sponsorship from Life Time Athletic and the generous support of the Westwood Recreation Department.

Contributed by Jamy Pombo

Westwood's American Legion Post 320

Westwood's American Legion Post 320 would like to welcome home all returning service members and extend a sincere thank you to all those who have served, and those still serving, especially those serving in harm's way.

The Westwood American Legion invites all veterans to join us as a member and attend. Monthly meetings are held the first Monday of the month from September through June at our post, located at 90 Deerfield Avenue. The meetings include dinner preceded by a social hour. *Annual membership dues are \$25.00.* Membership is open to all those who have served honorably for the following dates, as set by the US Congress:

Eligibility Requirements

- Dec. 7, 1941 to Dec. 31, 1946 (World War II)
- June 25, 1950 to Jan. 31, 1955 (Korean War)
- Feb. 28, 1961 to May 7, 1975 (Vietnam War)
- Aug. 24, 1982 to July 31, 1984 (Lebanon / Grenada)
- Dec. 20, 1989 to Jan. 31, 1990 (Panama)
- Aug. 2, 1990 to today (Gulf War / War On Terrorism)

We invite all members of the Westwood Community to learn about and take advantage of the America Legion's community programs. These programs are open to boys and girls who either live in Westwood or attend school in Westwood (Westwood HS or Xaverian Brothers) which include:

- Boys' and Girls' State held each June at Stonehill College
- American Legion Baseball: boys under 19
- Student Trooper
- National Oratorical

To find out more about membership, our monthly meetings or any of the American Legion's community programs check out our web site at: www.Westwoodalpost320.com

Contributed by Ken Foscaldo, Executive Board, Westwood Post 320

Westwood Council on Aging

Scams, Frauds, and Identity Theft – Power Tips to Protect Yourself

Cindy Matloff of Consumers Empowered, Inc., a nonprofit committed to promoting consumer literacy, will present a program on current scams, frauds and identity theft at the Westwood Senior Center on July 21st at 9:30 am.

Discussion will evolve around how to protect yourself from identity theft, data breaches, telephone scams, fraudulent debt collectors and other deceptive business schemes. Understand how to avoid scams and protect your identity as well as recognize the ins and outs on how the crooks operate. Tips will be given on handling fraudulent telemarketers, robo calls, sweepstakes offers and other deals too good to be true. Handouts and light refreshments will be available. Space is limited, so please call the Senior Center at 781-329-8799. This program is being presented in partnership with Needham Bank.

Founded in 2010, Consumers Empowered, Inc. is a 501(c)(3) tax exempt organization whose mission is to provide Massachusetts residents with the tools and resources to make informed decisions when purchasing goods and services and to provide education on Internet security and privacy issues. Check out www.ConsumersEmpowered.org or www.consumergals.com.

Contributed by Lina Arena-DeRosa

White Oak Cottages at Fox Hill Village

Memory Café: A Social Gathering Offered for Those With Memory Loss in Westwood

WHAT: The café provides a stress-free and positive social gathering of caregivers and care receivers whose illness tends to isolate them. Staff members of White Oak Cottage will host the café, offering light snacks, refreshments, conversation, connection and activities.

WHEN: **Tuesday, June 30, 2015; 2-3:30pm**
Featuring "Art with Celeste" - Art Therapy
Tuesday, July 28th, 2015; 2-3:30pm
Featuring "Chair Dancing & Movement" with Arthur

WHERE: **Westwood Public Library, 660 High Street**

WHO: Hosted by White Oak Cottages at Fox Hill Village
6 Longwood Drive, Westwood MA 02090

COST: **Free of charge.** For guests requiring personal care assistance, a caregiver must be in attendance.

CONTACT: If you would like more information on the Memory Café, please contact Janis Taylor via email at jtaylor@whiteoakcottages.com.

News Items Wanted!

The *next* quarterly newsletter is due to be delivered to homes on or about September 15, 2015. Please send any submissions, suggestions, observations, or feedback of any kind 6 weeks prior to: Diane Thornton, *Editor*, Westwood Community Newsletter, 580 High Street, Westwood, MA 02090 or *email:* newsletter@townhall.westwood.ma.us

WESTWOOD PUBLIC LIBRARY

MAIN LIBRARY Summer 2015

Call 781-320-1048 for further information

Summer Programs for Pre-school Aged Children

STORYTIMES:

Registration for summer storytimes will began on June 2nd

Drop-In Storytime: Children ages 2–5. In this drop-in (no registration necessary) children will hear stories and rhymes, dance, and sing songs.

Drop-in program, no registration required.

Mondays, 11:30am-Noon

Summer Session: July 6th-August 10th

***Little Listeners:** Children ages 3–5. Children will hear stories, songs, rhymes, watch short films, and make a craft.

Tuesdays, 10:30-11:15 am

Summer Session: July 7th-August 11th **Registration Required*

***Terrific Twos:** Children ages 24–36 months. Children will hear stories, songs, rhymes, and make a simple craft.

Wednesdays, 10:30-11:15 am

**Registration Required*

Summer Session: July 8th-August 12th

Babies & Books: Babies ages 0–24 months & their caregivers will hear short stories and participate in rhymes & songs. After storytime there is the opportunity for children and their parents to play and make new friends.

Fridays, 10:30-10:50 am

No registration required.

Summer Session: July 10th-August 14th

***Sensory Storytime:** A storytime designed for children ages 2–5 with Autism Spectrum Disorders, sensory integration challenges, or other developmental delays & their parent/caregiver. Children will listen to short stories, rhymes & fingerplays, and participate in other activities. A social story about visiting the library is available for each family upon request. This program is funded through a grant from the Foundation for Westwood Education.

Select Mondays, 4-4:30 pm

**Registration Required*

July 6th and August 3rd

***Shake, Rattle, & Roll:** For children ages 3-5. This movement program will feature music & dancing, rhythm instruments and organized movement activities.

Fridays, 11:30 am

**Registration Required*

July 17th, 24th & 31st

***Elijah T. Grasshopper Music Show:** Children ages birth to age 6 and family. Come move and groove at the Elijah T. Grasshopper Music Show featuring Glinda Gardenia! Come and enjoy some family fun with this great show! This program has been made possible through funding by the Friends of the Westwood Public Library.

Saturday, July 18th @ 10:30 am

**Registration Required*

***Superhero Training Camp:** For children ages 3-5. Superheroes in training are welcomed to come test their superpowers and agility at this fun movement program.

Wednesday, July 22nd @ 2 pm

**Registration Required*

Search & Rescue Scavenger Hunt: For children birth-preK & family. Come anytime during the first full weeks of July & August to participate in our family-style scavenger hunts. A great do-it-at-your-own-pace activity for young families – find it all in one visit or come work on it throughout the week! Each week will have a separate community heroes themed scavenger hunt.

Drop-in program, no registration necessary.

Monday, July 6–Saturday, July 11 (all day)

Monday, August 3–Saturday, August 8 (all day)

***Sensory Play Hour:** An hour of sensory bins, toys & activities for children ages 2-6 with Autism Spectrum Disorders, sensory integration challenges, or other developmental delays & their parent/caregiver. We welcome you to come and play for five minutes or for the whole hour. This is a perfect time to explore the Children's Department, meet Hannah & Lizzy, the children's librarians, hear about library services & Sensory Storytime, and just have a fun time exploring different sensory activities in our Children's Programming Room. We are happy to answer any questions you may have– just call the Children's Department or email Hannah at hgavalis@minlib.net.

Tuesday, August 11th @ 2-3 pm

**Registration Required*

Summer Programs for School Aged Children

Maker Mondays: For school aged children & a parent/caregiver. Come tinker away at the day's maker station! Create gadgets, engineer structures, problem solve and more in order to meet the day's challenge or solve the day's problem.

Drop-in program, no registration required, while supplies last.

Mondays, July 6, 13, 20 & 27 @ 1-3 pm

***ART Incubator—Friendship Bracelets:** For children entering grade 4 – entering grade 6. A low-key, hands-on, how-to program featuring this classic, summertime favorite. We will provide all the materials & some basic instruction.

Wednesday, July 8th @ 2-3:30 pm

**Registration Required*

***Creative Kids:** Children entering grades K-1 will love this fun new program where they will participate in creative dramatics as well as arts & craft activities.

Thursdays, 4-4:45 pm

**Registration Required*

Summer Session: July 9th-August 13th

***Swords Through the Ages:** For children entering 3rd grade & up. Come to an amazing sword demonstration by sword experts Jeff Goodhind & Jeff Lord. They will demonstrate the use of swords through the ages! Learn sword-play techniques and about the different types of swords. This is a fun (and funny), interactive program. If you dare, try your hand at (blunt) sword combat! This program was made possible through funding from the Friends of the Westwood Public Library.

Wednesday, July 15th @ 2 pm

**Registration Required*

WESTWOOD PUBLIC LIBRARY

MAIN LIBRARY Summer 2015

Call 781-320-1048 for further information

Summer Programs for School Aged Children continued

***Mother/Daughter Book:** For children entering grade 3–entering grade 4 and female adult. This summertime book group for girls and their favorite female adult will feature the book *The Penderwicks* by Jeanne Birdsall. Books will be available at the Children’s ASK! Desk starting at the end of the school year with an evening discussion program to follow at the end of July. Share your enthusiasm for reading with other book lovers and join us for a lively discussion!

Wednesday, July 22nd @ 6:30 pm ***Registration Required**

***Heroes vs. Villains:** For children entering grade 3–entering grade 6. What do you think makes a cool hero? Laser eyes? An Awesome costume? Ninja skills? What do you think makes a dastardly villain? Robot hands? A swooshing cape? An evil pet? What’s the difference between how heroes and villains act? Join us as we talk about graphic novels and participate in a comic jam activity where together we will design awesome superheroes and villains and create short comic strips about them.

Wednesday, July 29 @ 2 pm ***Registration Required**

LEGO Challenge: For children entering K–entering grade 6. Come test your LEGO skills with our you-build-it challenges! We will provide the blocks and challenges in this self-directed building program. Families are encourage to come solve & build together.

Drop in program, no registration required.
Mondays, August 3, 10, & 17 @ Noon–3 pm

***Create Your Own Book Workshop:** For children in grades 3-4. This is a fun and creatively driven opportunity for young aspiring authors who would love to learn how to make their own storybook! Participants will be able to utilize their talents within this two part program both within writing and illustrating while learning a bit more about the publication process. The suggested theme is “your favorite place to visit during the summertime” but topics can be based on wherever the imagination takes you!

Tuesdays, July 14 and 21st @ 2–3:00 pm ***Registration Required**

*Islington Branch Programs
are listed on next page.*

All Library Programs are Free.

**Registration begins one month prior to
program start date.**

**To register for Main Library Programs,
please call 781-320-1042.**

**To register for Islington Branch programs,
please call 781-326-5914**

Special Summer Programs for Children at Main Library

Keepsake Garden Stepping Stones: Children of all ages and families are invited to join us for this new annual event! Come and create your very own stepping stone, personalize with stones to create mosaic patterns, or better yet handprints and footprints create a memorable addition to your stepping stones. All materials provided, just bring your artistic spirit. This is a drop in/drop by program but for planning purposes please email or call the Children’s Department to let us know what time slot you will be coming by at.

Drop in program, no registration required.
Saturday, June 20th @ 9:30-1:00 pm
(Pick up stones on Sunday June 21st)

Summer Reading Kick-Off Fair: All ages (birth-entering grade 6). Children who sign up for our Summer Reading Program during our special kick-off fair will receive a special summer reading starter kit (as supplies last)! We will be featuring extra copies of our summer reading list books (grab ‘em while they are here!). In honor of the library’s second birthday we will be having fun, drop in activities to enjoy as usher in summer. Music will be in the air as we enjoy opening up the doors to the Reading Garden (weather permitting). Not to leave our favorite grown-ups out of the fun — the Kick-Off Fair will also have some summer sizzlers and beach reads on hand for parents/caregivers to check-out.

Wednesday, July 1 @ 1-4 pm
Drop-in program, no registration necessary.

End of Summer Dancing & Craft Party: For children birth–pre-K. Our youngest Summer Reading Program participants are welcomed to come and celebrate all the great reading they did with some dancing, movement activities and a fun craft.

Wednesday, August 19 @ 2-3 pm
Drop in program, no registration required.

Summer Send-Offs: For children entering kindergarten – entering 6th grade. Summer Reading Participants are welcomed to come celebrate their reading accomplishments with trivia, games & music. This laidback send off to summer will also feature a small recognition of our “Reading Champion Challenge” lawn signs winners.

Drop in program, no registration required.
Thursday, August 20 @ 2-3 pm

Adult Department Programming

Pageturners: A book review program for adult readers. Circulation Supervisor Nancy Hogan will review a combination of fiction, mystery, non-fiction, and biography books. Informal and informative, Pageturners is an entertaining look at what’s new in the library. Bring a friend! No sign ups necessary.

Friday, June 12th and Friday, September 11th @ 3:00 pm
Drop in program.

Continued on next page

WESTWOOD PUBLIC LIBRARY

Summer 2015 (continued from page 11)

Main Library Teen Events

TAB (Teen Advisory Board): The TAB is a group of teens (grades 7-12) who want to take an active part in the running of the teen department. It is also a social gathering where members meet friends, talk about books, chat and enjoy time spent at the library. To join TAB email: wwdtab@minlib.net, or call 781-320-1045. Monthly Meeting: June 10th

Teen Movies! Call the Library 781-320-1045 for movie titles and details. *Drop in program*
Wednesdays: July 8th @ 4 pm, August 12th @ 4 pm, and Tuesday, September 8th @ 3:00 pm

***Bracelet Making with Claire!** Come make a trendy leather cord and bead wrap bracelet. Sign up at the Reference Desk upstairs or call 781-320-1045
Wednesday, June 17th @ 3 pm **Registration Required*

Teen Summer Reading Kick Off: For those entering grades 6-12. Come sign up for the Teen Summer Reading Program, chit chat with friends and make some bookmarks to get in the spirit of things!
Wednesday July 1st, 4:00-6:00 pm *Drop-in program*

***PLAY REVOLUTION:** For kids entering grades 6-12. Join Blake Demers for a fun session of Minecraft and Terraria with fellow gamers on oversized screen. You will also get to try out lots of great board games. Sign up at the Reference Desk upstairs or call 781-320-1045.
Wednesdays: July 22nd and August 19th, 3:30-5:00 pm
**Registration Required*

Summer Reading Finale! For those entering grades 6-12. Try your hand at some informal OPEN MIC: sing, dance, tell a story or read a poem, while we warm up for A RAFFLE of many great prizes. Four \$25.00 Barnes and Noble Gift Cards, a *Hunger Games* book set, the *Beautiful Creatures* boxed book set, a \$10.00 iTunes gift card and lots of popular YA books.
Wednesday, August 26th 4:00 pm-6:00 pm. *Drop-in program*

ISLINGTON BRANCH PROGRAMS

Islington Children's Programs

Storytime: For children ages 2 & up. Children will hear stories, and participate in songs, films and crafts.
Thursdays @ 9:30-10:15 am
July 9th–August 13th *Drop in program, no registration required.*

Pajama-Rama Storytime: Ages 2 & up. Children can come in their jammies and bring a special stuffed animal and blanket to hear stories and songs.
3rd Wednesday of the month @ 6:30 – 7:15 pm
June 17, July 15th, August 19th
Drop in program, no registration required.

***SUPER Cool Crafts:** For Children entering grades 1-5. Come to branch and get creative with these fun projects! Call the branch for more info. **Registration Required*
Tuesdays in July @ 3:00 – 4:00 pm
July 7th Beady Buddies
July 14th Key Chains
July 21st Dream Catchers
July 28th Fun with Gimp

***Superhero Capers:** For children ages 3-5. Make a super cool super cape and participate in a super hero challenge.
Tuesday, July 14th @ 2:00-2:45 pm. **Registration Required*
Bring your completed cape to the Superhero Training Camp held at the main library on July 22nd.

Islington Adult Programs

Islington Branch BookShare: Bring a book you have read to share with the group as you enjoy a cup of coffee with fellow readers!
Tuesday, July 21st @ 10:30 am *Drop-in program*

Islington Branch Book Group: Join us at the Branch to discuss some great reads!
Select Wednesdays @ 6:30 pm *Drop-in program*
June 10th *Eleanor and Park* by Rainbow Rowell
July 8th *Language of Flowers* by Vanessa Diffenbaugh
August 19th *Killing Lincoln* by Bill O'Reilly

Sit and Knit: Join us for a morning of knitting, crocheting, needlepointing, cross stitching or hand quilting.... Bring your own projects and supplies with you. Sit and knit while enjoying the comfort of the Branch and check out a new craft book or knitting mystery....
Thursdays, 10:30 am-12:00 pm

All Library Programs are Free.

Registration begins one month prior to program start date.

To register for Main Library Programs, please call 781-320-1042.

To register for Islington Branch programs, please call 781-326-5914

Westwood Environmental Action Committee

The Implication of Local Gas Pipelines Projects

Spectra Energy, a Texas company, proposes to build a high pressure gas pipeline, known as the Algonquin West Roxbury Lateral through Westwood, Dedham and West Roxbury. Natural gas (methane) would be pushed at high pressure (750 pounds per square inch) through a pipe 18-24 inches in diameter, buried beneath wetlands, thoroughfares and neighborhoods. Another pipeline is proposed just to our south.

It is important that all of us understand the gas extraction and distribution system and the ramifications of investing in additional infrastructure. The Westwood Environmental Action Committee (WEAC) has been studying this and other pipeline proposals in the area. Among the concerns that our investigation has raised are:

- Methane is an explosive gas. Safety and long term maintenance of gas pipelines decline over time, as evidenced by the rupture of the NSTAR gas main near University Station in Nov. 2013. The gas could not be shut off for six hours, the area had to be evacuated, and three fire departments responded.
- Since 2005, gas related accidents in Massachusetts caused 20 injuries including 3 fatalities and cost the general public (not industry) \$8.2 million.
- The industry reports 11,000 leaks per year in Massachusetts and deems 4,000 of them hazardous enough to repair.

- Methane is a potent greenhouse gas and a significant contributor to climate change. Even Spectra Energy admits that it is 25 times as powerful as carbon dioxide. Of the methane extracted, 3-7% is released unburned at drilling and fracking wells, compressor stations, and throughout the aging delivery system.
- In addition to methane, significant quantities of toxic chemicals, including formaldehyde and other VOCs, are pushed into the ground and the air at fracking sites and compressor stations.
- Investing in new gas infrastructure will prolong our dependence on this carbon intense fuel and divert resources from developing renewable, non-carbon-based power sources such as wind and solar.
- Since the proposed pipeline is intended to convert oil heat systems in Boston through its old, leaky distribution system, and not feed the electric grid, it will not reduce our electric bills. Rather, the multibillion dollar cost of these projects will likely be recovered by raising our electric bills.

If you would like to learn more about this and other nearby gas pipeline proposals, please come to the Gas Pipeline Forum, hosted by WEAC and the Westwood-Walpole League of Women Voters on Wednesday, June 24th at the Westwood Public Library from 7-9 pm. A panel of experts from all sides of the issue, including representatives of Spectra Energy, have been invited.

(Reference material: N.G. Phillips, R. Ackley E.R. Crosson, A. Downd, L.R. Hutyra, M. Brondfield, J.D. Karr, K. Zhao, R.B. Jackson, "Mapping urban pipeline leaks: Methane leaks across Boston," *Environmental Pollution* 173 (2013) 1-4.)

Contributed by WEAC

Westwood Council on Aging

Westwood's Adult Walking Club

Do you enjoy walking? Would you like to walk with other adults 55 and older? Then come join Steph and her group on Wednesdays and Fridays at 10:10 at the high school track. The group begins with stretching and toning, then, at your own pace, walking for ½ hour, finishing with breathing and relaxing. This is a great way to start your day and get the exercise you need while enjoying the beautiful summer weather.

Stephanie Giroux is a certified group fitness instructor and has been teaching aerobics at the Senior Center for over 4 years.

Contributed by Lina Arena-DeRosa

Westwood Council on Aging

YOGA at the Westwood Council on Aging

Boost your energy and health this summer by dropping in for YOGA Tuesday and Thursdays from 9:30-10:30. With a regular practice, many students are delighted to discover improvements in balance and stability, breath capacity, flexibility and strength, range of motion, ability to sleep through the night and much more! Anyone 55 or older, at any level, are welcome; we work both in a chair and on the floor. \$3 donation is suggested.

Teacher Bonnie Keller has her 200 hour Yoga Teacher Certification and has a degree from Duke Integrative Medicine in Therapeutic Yoga for Seniors. Bonnie teaches power yoga at Open Doors in addition to the Senior Center. First class is always free.

Contributed by Lina Arena-DeRosa

Scarlet Poppies: Pastel Paint Like Georgia O'Keeffe "A Hands-On Workshop For Adults"

Georgia O'Keeffe's famous poppy paintings (single and double) will be the focus of *Scarlet Poppies: Pastel Paint Like Georgia O'Keeffe* on Tuesday, July 28th at 1:00 pm in the Community Room at the Westwood Public Library.

Greg Maichack will provide an easy entry into the world of pastel painting. All necessary strokes needed to pastel paint any image will be demonstrated and all materials will be provided.

Participants will receive an engaging hands-on experience of basic pastel painting, as well as advanced techniques. All will



Maichack's single poppy

Tuesday, July 28th, 2015
1:00 pm – 3:00 pm
Westwood Public Library
Community Room

use professional grade materials to understand how to easily start and complete a pastel painting. Maichack will bring 100s of pigment-rich pastels and individually demonstrate and guide attendees through the essentials of painting with pastels. Participants will take home their paintings after the workshop.

This program is free, but registration is required as space is limited to 30 adult participants. To register please contact the Westwood Public Library Reference Staff at 781-320-1045.

This program is partially funded by the Westwood Cultural Council, a local agency, which is supported by the Massachusetts Cultural Council, a state agency.



WESTWOOD PUBLIC SCHOOLS

June
2015

Dear Westwood Residents,

As we come to the close of another school year, I want to thank residents for their unwavering support of the Westwood Public Schools. Our faculty and staff do not take that support for granted, and we continue to find new and creative ways to ensure our students receive a first-class educational experience. After ten years of serving as Superintendent, I can say with confidence and certainty that we are preparing our children exceptionally well for the challenges of college and career. That said, although we are proud of our accomplishments, we remain firmly committed to continuous growth and improvement, and will work tirelessly to keep our district moving forward. Thank you, and enjoy the summer!



YA Advance Program Provides Summer Enrichment


by Kyle Grady, Thurston Middle School Assistant Principal



New this summer, Westwood's Summer Enrichment has a YA Advance Program that offers a variety of courses designed to intrigue and challenge middle school students to explore new interests, deepen existing passions, grow self-confidence, and hone their skills as creative thinkers.

Westwood's Summer Enrichment Program has a long history of offering excellent creative, academic and physical activities for our elementary-age students. The YA Advance Program will build on that success with a focus on classes offered specifically for this age group. Activities have been designed using feedback from both parents and middle school students, the population we aim to serve. Among some of the courses offered are Survivor TMS, an engineering challenge class and a robotics class, Up Town Funk, Sports casting, Beginning Parkour, film and photo classes, as well as a course in fashion design and

another that will create and install a mural on the walls of TMS.

Our young people deserve the opportunity to investigate and play in ways that develop new interests and aptitudes and make summer a vibrant opportunity to explore new facets of who they are and what they love. 

BUS REGISTRATION DEADLINE APPROACHING!

A reminder that bus registration and payment must be received by **June 30th** to guarantee your child a seat on the bus for next year.



To register and pay, visit www.westwood.k12.ma.us and click on "Bus Transportation"

Questions?

Email us at

busregistration@westwood.k12.ma.us
or call the Business Office at
781-326-7500 x1343



WESTWOOD PUBLIC SCHOOLS

June
2015

Preschool Benefits from Science & Cultural Grants


by *Aprile Albertelli*, Westwood Integrated Preschool Director



The Westwood Integrated Preschool was extremely fortunate to have been awarded two grants this school year! The Foundation for Westwood Education funded a grant for the Bugworks program. Bugworks is an educational company that specializes in exciting science enrichment programs featuring live insects and other arthropods. The students were so engaged and excited with this hands-on and interactive program. Additionally, The Westwood Cultural Council funded a visit by storyteller Kemp Harris.

Kemp has performed as a storyteller and musician at festivals, schools and libraries across the country. He enjoys keeping the oral tradition of "telling" alive. Stories range from traditional tales to African folk tales to original stories. Thank you to both of these wonderful organizations and to the Westwood Integrated Preschool PTO board members for writing and submitting these grant proposals.



Westwood High Students have been an integral part of the preschool again this year. Students from Corey Rocha's Child Development class wrote an 8-page book creating a story with the main conflict that connects to a concept from one of the theories of Jean Piaget, Erik Erikson, or Lawrence Kohlberg. In the fall, the high school students read their very developmentally appropriate books to small groups of children and then donated the books to the school. It was an amazing collaboration! 



The Westwood Public Schools Food and Nutrition Services is dedicated to advancing children's health and physical well-being by providing nutritious meals, promoting education and encouraging physical fitness, striving to encourage a lifetime of healthy nutritional choices and habits.

Did you know...?

- We make every effort to help students with allergies have the chance to experience the lunches in our cafeterias
- We have gluten-free options available upon request
- We utilize a prepayment program where you can pay online (at MySchoolBucks.com) or send a check (either by mail or by placing in the green drop box in front of the High School)



Westwood Teachers Present at National Conference

Left: Thurston Middle School teachers **Marcie Abramson**, **Kate Marin**, and **Michelle McHugh** presented at the National Council of Teachers of Mathematics Annual Meeting and Exposition which was held in Boston in April. The title of the presentation was **STAT(S)!: Critical Thinking Activities with Statistics**. This highly participatory workshop engaged middle school teachers from across the United States in discussing and solving real-world statistical tasks aligned to the Common Core State Standards to build their confidence. Emphasis was placed upon the development of concepts over the grade band 6-8. Participants solved problems and examined student work.

This Summer in Westwood
580 High Street
Westwood, MA 02090

PRSR STD
ECRWSS
U.S. POSTAGE
PAID
EDDM RETAIL

Local
Postal Customer



FIREMAN'S FOAM

IT'S WET, WILD & SUDSY!

WEDNESDAY, JULY 8

2:00-3:00 PM

SHEEHAN SCHOOL FIELD

FREE



It's the summer event you do not want to miss!
Come play in piles of sudz! All ages love it!
Footwear is recommended.

 Like Us: www.facebook.com/westwoodrecreation

 Follow Us: @WW_Rec



Saturday, October 3, 2015

More info on page 7.

More news from Westwood Recreation
Department on page 8.

SUMMER PROGRAMS ARE SIZZLING! THERE'S SOMETHING FOR EVERYONE!

Swim Lessons	Tennis
Swim Team	Dog Trainin
Water Polo	Volleyball
Aqua Fitness	Fencing
Swim Clinic	Archery
Hip Hop	Karate
Top Secret Science	Field Hockey
Safety Town	Lacrosse
Drivers Ed	Soccer
Golf	Jr Wolverines
Flag Football	Rookie Rugby
Kidzfit	Teenfit

HAVE YOU REGISTERED YET?
PROGRAM DETAILS AND REGISTRATION
www.WestwoodRec.com

ADULT BASKETBALL LEAGUE

Ages 18 & Up

Morrison Park Outdoor Basketball Court
Jun 15-Aug 4, Mon, Tue, Wed, 7:30-9:30 pm
\$875.00 (Team)
\$125.00 (Individual)

Looking to play ball in an organized league? Recruit your friends and make a team or register individually to be placed on a team. It will be a 10 team league with a 9 game schedule and playoffs. The top 8 teams in the final standings will move onto the playoffs. Any games that are canceled due to rain will be added to the end of the schedule.

**Library programs are listed
on pages 10-12**